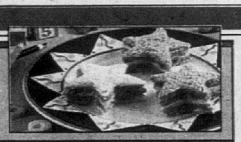
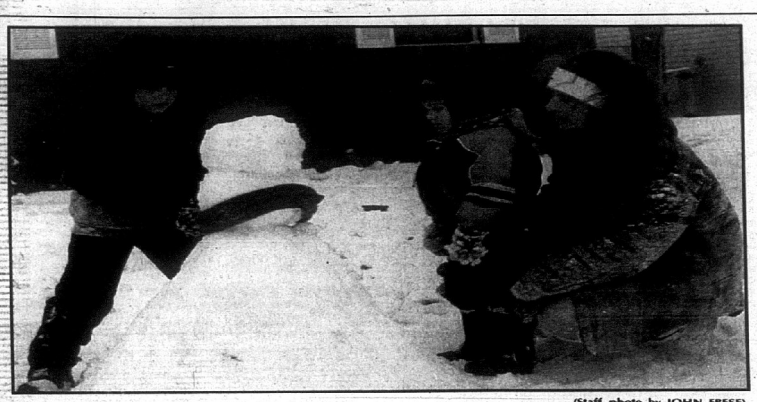
'Lite' foods brighten table set with healthy attitude.
Food, Page 1C



Granite City Journal
SUBURBAN JOURNALS - #1 IN WEEKDAY READERSHIP WITH OVER 1.4 MILLION READERS
BROOKLYN • GRANITE CITY • MADISON • MITCHELL • PONTOON BEACH • VENICE
VOLUME 21, NUMBER 5 WEDNESDAY, JANUARY 15, 1997 FIFTY CENTS



(Staff photo by JOHN FRESE)

Snow sculpture — Andrew Flemming, 6, left, wraps his scarf around the neck of the snowman he and his brother, Matthew, 3, and mother, Tammie, right, made in the front yard of their home on Mockingbird Lane.

Ballot will be full of choices

Two full slates in Madison

By Bob Slate
Staff writer

As expected, the April 1 election ballot in Granite City will be full of choices.

And two political parties will each field a full slate of candidates in Madison.

A total of 20 candidates for office — including three mayoral candidates — were present at Granite City Clerk Judy Whitaker's office at 9 a.m. Monday morning, the opening of the filing period.

Three more candidates filed petitions before the end of the day.

Names are placed on the ballot in the order of filing. But all candidates who were present at the opening of filing are considered to have filed simultaneously. Their names will be included in a lottery drawing after the filing period closes Jan. 21 to determine ballot placement.

A mayor, clerk, treasurer and eight aldermen are to be elected in Granite City. A supervisor and assessor are to be elected in Granite City Township.

Incumbent Mayor Ron Selph, of the 3200 block of Westchester Drive, will face a challenge from former police commissioner and former school board member Dewey Melton, of the 2500 block of Westmoreland Drive, and from former alderman and former school board member Paul Ray Bowler, of the 2700 block of Center Street. All three candidates filed simultaneously on Monday.

Whitaker, of the 3200 block of

(See BALLOT, Page 2A)

Achievement nominations being sought

Nominations are being sought for the 1997 Women of Achievement Awards.

The Women of Achievement Awards are co-sponsored by the Suburban Journals and radio station KMOX-AM (1120).

Ten women have been selected for the award each year since 1955. Women of Achievement is the oldest ongoing program in the area whose sole purpose is to recognize the commitment and dedication of women.

A committee of community leaders and former Women of Achievement will select the 1997 honorees.

To obtain a nomination form, send a stamped, self-addressed envelope to: Women of Achievement, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo., 63131.

The nomination form includes all the necessary information. Please do not send attachments, photographs or publications. Completed forms must be returned to the same address by 5 p.m. Jan. 31.

Some businesses prosper

Deep freeze lets up

Anyone who enjoys bitter cold had a real treat last weekend, but warmer weather could be on the way.

Meteorologist Gary Schmocker of the National Weather Services in St. Louis said temperatures were rising slowly Monday, with a likelihood of snow or rain Tuesday, depending on temperatures.

He said it might be Thursday before temperatures rise above the freezing point.

Although most residents will be happy to see frigid temperatures moving elsewhere, the cold weather has been a bonanza for some businesses.

Steve Thomas, owner of Thomas Bros. Automotive, 936 St. Louis Road, Collinsville, said his business is on call 24 hours a day and it has boomed since temperatures dipped, pulling cars from ditches, repairing tires or jump-starting batteries.

"Business has been excellent," he said. "It started off with people getting stuck (in the snow), but now we're doing a lot of towing and jump-starts.

"We're getting calls all hours of the day and night."

Thomas said most of the problems with automobiles stem from lack of proper maintenance. Frigid weather can wreak havoc on a car that has not been serviced, he said.

"It's basically just your normal maintainence — engine tuneups and making sure your charging system is working properly," he said.

'Business has been excellent. It started off with people getting stuck (in the snow), but now we're doing a lot of towing and jump-starts.'

— Steve Thomas
Auto shop owner

The normal high temperature for mid-January is 37 degrees; the average low is 21 degrees, Schmocker said. But the nasty temperatures are not likely to set any records, which are around 15 below.

"It's January. It has to get pretty cold to break a record," he said.

Schmocker said the area is being hit directly by the second of two arctic cold fronts from Canada — and possibly farther north. The first front brought last Wednesday's snow; the second front is bringing the cold, pushed in by northwesterly winds behind it.

The lingering cold gave area residents an excuse to stay indoors, drink cocoa or heat soup. Schmocker said unprotected skin can start to freeze in as little as five minutes.

(See FREEZE, Page 4A)

Town question will not be on ballot

By Bob Slate
Staff writer

The township form of government will be continued in Granite City for at least another year.

Monday was the last day to file petitions to place referendums on the April 1 ballot.

Mayoral candidate David Partney had said he would file petitions to place a township referendum on the ballot in Granite City.

He failed to do so.

Partney could not be reached for comment Monday.

Monday was the last day to file petitions to place referendums on the April 1 ballot.

But City Clerk Judy Whitaker said Partney had called her to say Madison County State's Attorney Bill Haine had ruled such a referendum must be placed on the November — rather than April — ballot.

Partney has said that township government is inefficient and duplicative in Granite City, where the city and township are coterminous.

He tried to place a referendum on the ballot last November seeking to eliminate township government in Granite City. But residents never had a chance to vote on the issue because Partney's petitions contained too few valid signatures, the township's electoral board ruled.

Partney, who had said he would run for mayor this year, also did not file mayoral petitions Monday.

Candidates for office have until Jan. 21 to file petitions to have their name placed on the ballot.

In the Journal

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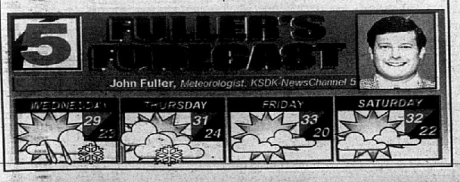

Flu floods emergency room

A record number of flu cases have flooded the emergency room at St. Elizabeth Medical Center in Granite City, hospital officials say.

Kathleen Gauen, director of emergency services, said that patients with flu-like symptoms have been treated in record numbers over the past two to three weeks.

"Patients come with fever, body aches, a persistent cough and sometimes chest pain," Gauen said.

While there are no drugs to treat the symptoms directly, she said, it is important that flu sufferers — especially the elderly — not ignore the illness.

"We simply prescribe lots of fluid and rest. The elderly and those individuals with chronic illness require increased attention to prevent them from developing pneumonia," Gauen said.

Maxine Johnson, assistant vice president of nursing administration, said that this year's flu strain includes respiratory problems.

"Flu sufferers are taken by surprise, the symptoms come on so quickly," Johnson said. She suggested calling a physician immediately when symptoms are noticed.

Patients who delay treatment for early flu symptoms may need hospitalization

(See FLU, Page 4A)

Ballot

(Continued from Page 1A)

Kilarney Drive, filed petitions to seek re-election. No other candidate filed petitions Monday to seek the office.

No candidates had filed petitions to run for city treasurer or for 2nd Ward alderman by Monday afternoon.

Incumbent Granite City aldermen seeking re-election include Casmer Skubish of the 2700 block of Lincoln Avenue (1st Ward), Nick Petrillo of the 2200 block of Cleveland Boulevard (3rd Ward), Foster Frederick of the 2400 block of Logan Avenue (4th Ward), Eddie Asadorian of the 1600 block of Poplar Street (5th Ward), Alan Crider of the 3100 block of Aubrey Avenue (6th Ward), Walter Milton Sr. of the 3200 block of Wabash Avenue (6th Ward), and Kim Affolter of the 1600 block of Garfield Avenue (7th Ward).

Petrillo will face a challenge from John Kabbendjian of the 2300 block of Benton Street and from Marilyn Matsko of the 2200 block of Lee Avenue. All three candidates filed simultaneously.

In the 4th Ward, Frederick faces former alderman Emerald Dawes of the 1600 block of Moro, and Timothy Vaughn of the 3000 block of Century Drive.

Larry Blackwell of the 2700 block of Roosevelt Avenue, James Bailey Sr. of the 1700 block of Olive Street and Jerry Jackson of the 2100 block of State Street will all be included in a lottery to determine ballot placement for 5th Ward aldermanic candidates. Asadorian's name will appear fourth.

Two aldermen are to be elected in the 6th Ward — one to a four-year term and one for two years.

Crider's name will appear above that of John Petish Jr. as candidates for the four-year term in the 6th Ward.

Milton, Sandy Shaw of the 1500 block of Rodger Avenue, and Dick Mizell of Watertown Circle are all seeking the two-year term in the 6th Ward and all filed simultaneously.

Only Affolter filed Monday for the 7th Ward aldermanic seat.

Granite City Township Assessor Darlene Laub, of the 1500 block of Cottage Avenue, filed petitions Monday morning to seek re-election. No other candidates for that post filed Monday.

Ward 3 Alderman Bob Shipley, of the 2400 block of Hodges Avenue, filed petitions to run for township supervisor.

In Madison, where a mayor, clerk and four aldermen are to be elected, two political parties each filed a full slate of candidates. Both parties filed simultaneously.

Current Madison Clerk William W. Weidner, of the 1600 block of Third Street, heads the New Progressive Party as its mayoral candidate.

He will be opposed by Positive Leadership Party mayoral candidate and current 3rd Ward Alderman John Hamm III, a resident of the 1700 block of Fourth Street.

The New Progressive Party slate includes former Alderman Richard R. George, of the 1600 block of Sixth Street, as a candidate for clerk; Thomas E. Voloski, of the 1600 block of Sixth Street, candidate for 1st Ward alderman; Norma L. Bellcoff, of the 1000 block of Grand Avenue, daughter of current Mayor John Bellcoff, Ward 2 aldermanic candidate; school teacher Irene Hackett Orr, of the 1600 block of Fourth Street, candidate for 3rd Ward alderman; and Beulah Williams, of the 800 block of Franklin Street, as a candidate for 4th Ward alderman.

Positive Leadership Party candidates include former school board member Sharon Cass, of the 1200 block of Alton Avenue, for clerk; incumbent 1st Ward Alderman Eleanor Armor, of the 1500 block of Third Street; incumbent 2nd Ward Alderman Ron Grzywacz, of the 1100 block of Greenwood Street; incumbent 3rd Ward Alderman Mike Vrabec, of the 1900 block of Harris Avenue; and Kelvin Gardner, of the 1500 block of Second Street, candidate for 4th Ward alderman.

Three trustees are to be elected in Pontoon Beach. A slate of candidates that includes incumbent trustees Bob Abel and Bob Vincent as well as former trustee and current Village Comptroller Lou Whitsell filed Monday morning under the People for Village Progress Party banner.

(Staff photo by BOB SLATE)

Mayor Ron Selph, second from left, was the first candidate to file nominating petitions with Granite City Clerk Judy Whitaker, right, Monday morning, the first day candidates could file petitions to have their names placed on the April 1 ballot. Ward 5 aldermanic candidate Jerry Jackson is standing behind Selph, awaiting his turn to file petitions. At center is Janet Vaughn, Selph's administrative assistant.

Police adopt new tact in prostitution fight

By Bob Slate
Staff writer

Granite City police are taking a new angle in their attack on the apparently growing prostitution trade.

"We're tired of dealing with these same ladies. This is a change in our game plan to make life more miserable for these prostitutes," Police Chief Dave Ruebhausen said.

Six women were each charged Thursday by Madison County State's Attorney Bill Haine's office with a special misdemeanor count of prostitution.

Charged were Cynthia M. Selph, 34; Tracey L. Hutchinson, 33; Sami L. White, 28; Shirley A. Ables, 41; Deborah A. Rios, 33; and Vicki Sue Broyles, 23; all of Granite City.

Bond on each warrant — except for Broyles' — was set at $5,000.

Broyles was also charged with possessing less than 15 grams of cocaine. Her bond was set at $15,000.

Ruebhausen said all of the women propositioned undercover police officers in the downtown area.

Selph, Hutchinson, White, and Ables allegedly offered to perform oral sex for $20.

Rios allegedly offered to perform oral sex and intercourse for $50.

Broyles allegedly offered oral sex for $25.

Ruebhausen said the special misdemeanor charge requires the women to post a higher bond, obtain legal representation and appear in court on the charge.

He said a felony prostitution charge can only be filed after two previous convictions when the defendant was represented by a lawyer.

"In the past, prostitutes have pleaded guilty without representation, paid a minimum fine or served a small jail sentence, and then gone back to work," Ruebhausen said. "We've decided to get tougher on them by charging them with a special misdemeanor."

None of the women was in custody Thursday. Anyone with information about the women should call detectives at 876-9027.

Rios Broyles Ables
White Hutchinson Selph

(Staff photos by JOHN FRESE)

Snow fun — Before the weather turned bitter cold last week, the year's first snowfall provided a chance for some outdoor fun. At right, Josh Fowler, 11, tows his sister, Shannon, 5, down the sidewalk in front of their home on Cleveland Avenue on a big-wheel with the rear wheels removed to make a sort of snowmobile. Above, Michelle Rudgig and Kayla Benham shovel driveways along Cleveland.

Police log

The following are among incidents reported recently to area police departments.

Burglary

- Two Granite City-area teens were arrested at 3 p.m. Tuesday and each charged with four counts of burglary.

Jason D. Womack, 17, of the 1500 block of Kennedy Drive in Madison; and George D. "Danny" Stevenson, 17, of the 3600 block of Kirkpatrick Homes in Granite City; were charged in felony warrants issued Thursday.

Bond for each man was set at $40,000.

The two are alleged to have recently broken into four cars in various locations in the city.

- Donald F. Moseley, 35, of the 2500 block of Iowa Street in Granite City; and Stacy A. Filter, 32, of Wilson Park Lane; were both arrested at 11:32 p.m. Jan. 2 on felony burglary warrants.

The two are alleged to have broken into an apartment in the 2700 block of Kirkpatrick Homes with the intent to commit a theft.

Bond on each man was set at $40,000.

Drug crimes

- Roy Lee Eldridge, 18, of Marble Hill, Mo., was arrested at the intersection of 21st Street and Cleveland Boulevard in Granite City at 3:25 a.m. Jan. 4 and charged with unlawful possession of cannabis.

Eldridge allegedly possessed a hand-rolled cigarette; believed to contain marijuana, according to a police report.

- Christopher Scott Ireland, 23, of the 2400 block of Grand Avenue in Granite City, was arrested at 9:30 p.m. Jan. 3 and charged with unlawful possession of cannabis and unlawful use of a weapon.

Antonio M. Avila, 27, of the 2500 block of Parkview Drive in Granite City, was arrested at the same time and charged with unlawful possession of cannabis.

Police discovered a switchblade knife in Ireland's pocket and a bag containing about 20 grams of cannabis in the pocket of a shirt sitting in the back seat of a car containing Ireland and Avila during a traffic stop near the intersection of 19th Street and Niedringhaus Avenue, according to a police report.

Both men were charged because neither man admitted ownership of the shirt, the report states.

Officials to meet over mental health center

Two prominent law enforcement officials said last week they had no idea criminally insane patients had been held at the Alton Mental Health Center since 1986.

Because of the confusion, officials from Alton, Bethalto, East Alton and Wood River police departments and the Sheriff's Department will attend a meeting at the center at 1:30 p.m. Wednesday to discuss security concerns.

The issue arose when Sheriff Bob Churchich, on a local radio talk show Thursday, discussed the new $15 million forensics building that is almost complete at the center at 4500 College Ave.

The building, which will house the criminally insane, will have enhanced security and will replace older buildings that have been used by the health center for decades.

Churchich said on the air that he was concerned about security at the new building because it would house dangerous patients. In a local newspaper article, he was joined by Alton police Maj. David Hayes in voicing concern about the presence of dangerous criminals.

Churchich said Friday that he had been under the impression that only "people with mental problems" were housed at the center.

But center director Karl Kruckeberg said Friday he was mystified by the concerns because he believed most people were aware that criminally insane patients had been held at the center for more than a decade.

"The new facility will be a medium-security facility, just like we have been since before I came here in 1988. The maximum security patients will still be sent to the (Menard) facility in Chester."

Kruckeberg said that the center has for years housed defendants who have been judged unfit to stand trial or have been deemed not guilty by reason of insanity. Some of the patients are held for heinous crimes such as murder and sex offenses, he said.

"The only difference is we will be serving them in a modern facility," he said.

Churchich said that if the center had been housing dangerous, insane criminals since 1986, he was not made aware of it. "Who did they tell when they started moving them in?"

He said his concern was to assure nearby residents and people using Gordon Moore Park that law enforcement officers are ready to handle any possible escapes.

Kruckeberg denied that the new building's fences are equipped with "razor-wire," as Churchich said he believes, or even barbed wire. Kruckeberg said the fence around the new building is a curved, chain-link fence know as a "juvenile fence" to make it difficult or impossible to climb.

Kruckeberg said he held a meeting before construction began on the building with representatives from Alton and the Sheriff's Department, but Churchich said he could not recall such a meeting.

Kruckeberg also said he invited Churchich and Alton police to an open house Sept. 20 but neither agency sent representatives. "The sheriff ought to know what kind of patients are here; his men transfer them here," he said.

Churchich acknowledged Friday that the issue had gotten blown out of proportion. "I feel we're fortunate to have such a facility here."

Hayes said Friday he was aware of walk-away cases at the center in previous years but not recently. He said he would train each officer on his force to handle possible emergencies at the center.

State's Attorney Bill Haine said he was well aware that criminally insane people have been held at the center because his office petitions the court for civil involuntary commitments to the facility. "I'm confident the Department of Health will ensure security at the new facility."

— From The Telegraph

Park district offering photo IDs

Granite City Park District residents may have photo identification cards made at the Wilson Park office each Monday and Thursday from 2 to 4 p.m.

The cost of a card — valid for three years — is $5. Proof of residency is required.

Park district officials said that 2,400 park ID cards were issued in 1994 that will expire this summer. Most were issued in the summer, prior to opening of the new pool.

Vital statistics for November

Following is the monthly report of vital statistics in Madison County issued through the office of County Clerk Debbie Saltich:

NOVEMBER	1996	1995
Births —		
Males	127	131
Females	122	122
Total	249	253
Twins (sets)	2	3
Deaths	194	177
Marriages	151	155

MLK activities get under way

Programs scheduled to honor slain civil rights leader

ALTON — A week of activities to celebrate the birth of the Rev. Dr. Martin Luther King Jr. began Monday with a prayer breakfast.

The civil rights leader and founder of the Southern Christian Leadership Conference was born Jan. 15, 1929, and was gunned down by Alton native James Earl Ray in Memphis, Tenn., in 1968.

The prayer breakfast, sponsored by the Lovejoy School Reunion Alumni Association Scholarship Committee, was held at the Holiday Inn at 2800 E. Homer Adams Parkway.

Guest speaker was Cleveland Hammonds, superintendent of St. Louis Public Schools and a graduate of Lovejoy School, which used to stand on Union Street.

Proceeds will help finance a $500 college scholarship that the group awards annually.

"We're very excited to be having this," association member June McLemore said. "We want to encourage our youth, so our theme is 'Youth Crossing the Bridge to the 21st Century.' "

Other celebrations to honor King follow:

James Gray, president of the Alton branch of the National Association for the Advancement of Colored People, will be one of several speakers at a program called Save Our Children to be held at 3 p.m. Sunday, Jan. 19, at the Greater St. James Baptist Church, 2016 Belle St.

The free program will feature music, spiritual songs and a speech by James Buford, president of the Greater St. Louis Metropolitan Urban League since 1985.

Gray said he chose to focus on children in the program because drug abuse, gang violence and teen-age pregnancy are issues King would probably be working on today if he were alive.

"Martin Luther King Jr. would probably be turning a lot of his attention to these problems, since that is what we are so worried about now," he said. "If people keep going on that track, we'll have a lost genera tion, and we have to turn that around."

A series of one-hour programs Jan. 20-23 at Hayner Public Library will recreate King's life and explore the African-American experience in the United States.

The four-day free film festival will be held in the Metzger Conference Room at the Hayner Memorial Building, 401 State St. Videos will be shown at 3 p.m. and 7 p.m.

For more information, phone 462-0652.

Television and radio commentator Tony Brown, who once coordinated a Detroit march with King, will be the keynote speaker at a luncheon at 11:30 a.m. Wednesday in Meridian Hall at the University Center at Southern Illinois University at Edwardsville.

Brown wrote "Black Lies, White Lies: The Truth."

Tickets are $8 for students and $10 for the general public. For reservations, call 692-2660.

"Let Freedom Ring" is the anthem for this year's musical celebration at 7 p.m. Saturday, Jan. 18, at the Open Door Fellowship at 929 Milnor Ave.

— From The Telegraph

Girls' basketball coach seeks leave

By Bob Slate
Staff writer

For the second time in a month, Granite City High School varsity girls basketball coach Chuck Kraus is under fire.

Kraus was suspended by the board of education for three games last month after a shouting incident during a Dec. 13 game. Kraus later admitted using profanity during the tirade.

Assistant coach John Moad replaced Kraus during the suspension.

Last Tuesday, when Kraus met with the team behind closed doors to apologize for the incident, more turmoil erupted.

After Kraus' apology, one team member remarked that the team had played better under Moad, witnesses said.

Witnesses do not agree on exactly what occurred next.

Some girls on the team said Kraus "tossed" a ball, underhanded, toward the girl and said, "If you want coach Moad, you can have coach Moad. I'll quit."

But others said Kraus threw the ball at the player — similar to a two-hand chest pass — too hard to be called a "toss".

All witnesses agree the ball struck the player on the arm.

The Granite City School Board was to take some action regarding the incident at its regular meeting last night, Tuesday.

Kraus, who is also a teacher and assistant football coach, has requested a temporary leave of absence from his basketball coaching responsibilities, according to the meeting's agenda.

School Superintendent Steve Balen said Monday he expected the request would be granted.

Board President Jeff Parker declined to comment on Monday.

Both Parker and GCHS Athletic Director Jerry McKechan had previously characterized the first incident as "isolated" — motivated by the heat of competition — and assured parents and others that it would not be repeated.

Parker said that Kraus bought uniforms for the girls with money from his own pocket, set up camps and organized barbecue fund raisers for the team.

Looking for a good gardening-related activity? Lots of us are, but until the weather starts to cooperate, we don't have much to offer. But we never run out of ideas, at least we try not to. And here's one that's worth considering.

Gather up your garden tools. All of them, rakes, shovels, trowel, hoe, the whole works. Take 'em inside, into the workshop if you have one, since it's a little warmer. And give each one a good examination. In January? Why not?

This is a great time of year to do this for several reasons. First, you're not going to be using the tools for a while anyway, so if you find one that's in need of refurbishing, there's no panic to do a hurry-up job. Second, here's the gardening-related activity you've been looking for. Third, you'll have all your tools in tip-top condition when they're finally pressed into service and you won't be dealt any surprises. Fourth . . . well, three isn't bad.

If you find a tool that just won't get through another year, make note of it. We'll let you know when the tools start arriving at Frank's. And by shopping when they first arrive, you'll have the pick of the crop.

What sort of thing needs checking on garden tools? Looseness, for one. Make sure all your shovels and rakes don't have any loose or broken parts that could cause you problems. Tighten each one if possible. And they probably all could stand some cleaning.

Check the condition of the wooden handles, and correct any problems. All this will pay off in a big way come spring.

How about the lawn mower? Was it acting a little balky, sluggish or misbehaving in some other way? Find a good lawn mower shop and take it in for an overhaul. And you certainly won't need to tell the guy to hurry.

Vary Your Route

You've probably heard that it's best to avoid walking across your lawn in winter. Trouble is, we can't always adhere to that advice. It's sort of like telling someone to avoid driving in the rain. So, if you absolutely must walk across the lawn, try not to use the same path time after time, since it will have a tendency to wear it down. Alter your route each time and you shouldn't have a problem.

Rock salt is an excellent ice- and snow-melter, but if lawns and shrubs are nearby, you may want to try a product that's safe for vegetation. Rock salt can harm plants.

Crafts Galore

Craft hobbies are excellent winter pastimes, and Frank's stores won't leave you disappointed. From dollhouse building to painting to creating dozens of fun and fascinating projects, you'll find the perfect way to spend the winter months.

Frank's has a brand new lineup of exciting creative craft projects for 1997, and the instruction sheets are all in the stores. They're written by our staff of craft experts, are easy to follow and contain full-color photographs of the finished projects. We're sure you're going to like them.

We'll go through the stack and pick out a few to print in some upcoming columns, so stay tuned.

•Freeze

(Continued from Page 1A)

In Edwardsville, a brief power outage in parts of the city Friday had residents scrambling for blankets and fearing for the worst.

Illinois Power officials quickly pinned the outage to a burned switch at the company's Schwarz Street substation. Electricity was knocked out in four areas for about 50 minutes beginning at 1 p.m.

"We don't really know if it was related to the weather, but the cold is hard on the equipment," said Jim Brown, Illinois Power regional manager. "The same thing could have happened on a warm day. We're just happy that we located the problem and corrected it quickly."

Brown said an estimated 580 customers were without heat during the outage.

Customers along Hillsboro Avenue, Schwarz Street, Gerber Road and Illinois 143 were hit by the outage.

A police dispatcher said he received a few calls after the power went out, but no injuries were reported as a result.

Heat or no heat, Illinois-American Water Co. officials continued to warn residents to take steps to prevent pipes from freezing.

•Flu

(Continued from Page 1A)

for treatment of pneumonia, she said.

Brenda Johnson, director of health information services, said the hospital has realized a nearly 40 percent increase in the patient census.

Children are notorious carriers of the flu virus because they are more susceptible and because they are often exposed to carriers at school.

The virus is spread through the air by coughing, sneezing, laughing and even normal conversation.

Take precautions in deep freeze, expert says

People should take precautions to avoid frostbite and hypothermia when the wind chill falls to dangerous levels, an area doctor advises.

"People should wear adequate clothing, gloves and headgear to cover the face, nose and ears to prevent frostbite," said Dr. Donald J. Mielcarek, medical director of emergency services at St. Anthony's Hospital in Alton.

Wear layers of clothing for protection against the bitter cold, Mielcarek advised.

"Layered clothing provides good insulation," he said. "You should wear a hat because most of the body's heat is lost through the head."

He and his emergency room staff are ready to treat frostbite, hypothermia and people who suffer from falls on slippery sidewalks and streets.

"Elderly people who have medical problems should avoid severe cold and should wear proper clothing when they go outside," he said.

Alcohol consumption, cigarette smoking and body fatigue lower resistance to cold weather. "Cigarette smoking speeds up the lowering of the body temperature by restricting the blood vessels."

Mielcarek has some sensible advice for people who shovel snow. "Do some stretching exercises to loosen up the muscles. Stretching will help you avoid injury."

Bend from your knees and legs rather than from the back when picking up a shovel full, he said.

"Keep the shovel of snow close to your body. Then take a step and turn when throwing the shovel of snow. Don't twist your body and you'll avoid a back injury."

— From The Telegraph

Senior menus

Donations for noon meals are $2. Call day ahead for reservation, 877-4373.

Wednesday, Jan. 15
Boneless barbecue ribs, Delmonico potatoes, Brussels sprouts, wheat bread, pineapple tidbits..

Thursday, Jan. 16
Swiss steak, parsley potatoes, mixed vegetables, wheat bread, vanilla pudding..

Friday, Jan. 17
Polish sausage, whipped potatoes, green beans, wheat bread, peach slices.

Monday, Jan. 20
Site Closed for Martin Luther King Day.

Tuesday, Jan. 21
Jumbo frank, potato salad, sliced carrots, bun, tropical fruit..

Calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, the first Tuesday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions and deletions of information are encouraged, and new entries may be added at anytime by calling the newsroom at 876-2000.

This calendar runs in every Wednesday's Journal.

Wednesday, Jan. 15

Granite City Business and Professional Women, meeting at Jerry's Cafeteria. Dinner at 6:30 p.m., followed by a program at 7:15. Open to the public. For more information call 452-5391 or 451-6914.

Disabled American Veterans Chapter 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home, located at 1417 19th St., in Granite City. Call 876-7816 for more information.

Pontoon Beach Senior Citizens bingo, noon, 3910 Illinois 111, Pontoon Beach.

Pulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

Al-Anon, 7:15 p.m. Gateway Foundation, 600 W. Lincoln Ave., Caseyville. Call 463-2429 for more information.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

Divorced and Separated Group Ministry, 7-8:30 p.m., Eden United Church of Christ, 903 Second Street, Edwardsville, 656-9268.

Parents Anonymous Group, meets 6 to 8 p.m. For information on where meeting will be held, call Elaine Landolt, 462-2714.

Madison Community Action Group, meets at 7 p.m. For more information call Dan at 452-2336 or Diane at 876-1360.

Thursday, Jan. 16

Alzheimer's Support Group meets from 6:30 to 8 p.m. in the President's Room, inside Bonaventure's Cafeteria, on the ground floor of St. Elizabeth Medical Center, 2100 Madison Ave. The group focuses on addressing the questions and concerns of care-givers and family members of people with Alzheimer's. All meetings are open to community members. Call 798-3018 for more information.

Lions Club of Pontoon Beach meets at 6:30 p.m. at the Lions Den, 3901 Lake Drive in Pontoon Beach. Anyone interested in helping the visual or hearing impaired are welcome. Call Bob at 797-0747 for more information.

Bemis Chiropractor, 3361 Fehling Road in Granite City, is offering free electronic spinal screenings from 9 a.m. to noon. Call 876-2273 for more information.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m., Social Center, 906 Thorngate Drive, Mitchell.

Eagle Park Acre Seniors of Madison meet from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m. Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 11 a.m., 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

Take Off Pounds Sensibly Chapter 2363, 6:45 p.m. at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6351 or 877-2784.

Al-Anon, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Granite City Community Band rehearsals, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

Friday, Jan. 17

Al-Anon meets at 8 p.m. in the Milonski Room in the basement at St. Elizabeth Medical Center. Call 463-2429 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Friday Afternoon Pinochle Club for seniors 55 and over meets at 12:30 p.m. at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center. Call 798-3604 for more information.

Saturday, Jan. 18

Obsessive/Compulsive Disorder Support Group, meets at Von Gontard Conference Center at St. John's Mercy Medical Center, 615 South New Ballas Road, 10 a.m. Meeting is free and open to OCD patients, family and friends. For information call 1 (314) 843-3578.

Al-Anon Adult Children Providence, 2103 Iowa, 10 a.m., park in rear, no smoking, 452-8596.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon Adult Children, 10 a.m., Wellness Center, 2103 Iowa, Granite City, 463-2429.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Rescue Mission, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon. Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

Sunday, Jan. 19

The Pontoon Beach Jaycees regular meeting is held at 7:30 p.m. at Ralph and Charlie's Steak House. The meetings are open to the public is invited.

Craft Shown and Flea Market will be held from 10 a.m. to 4 p.m. at the Pontoon Beach Senior Citizens building, 3910 Highway 111. For more information, call 756-2513.

Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Narcotics Anonymous, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, 1 (800) 307-6600.

Eagles Auxiliary 1126 Bingo, 1 p.m. at the Namcoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffles.

Monday, Jan. 20

Disabled American Veterans Chapter 53, 1417 19th St., Granite City, 876-7816, 8 p.m. **Alcoholics Anonymous**, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

(See CALENDAR, Page 7A)

•Calendar

(Continued from Page 6A)

Al-Anon, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

Chemical Dependency Relapse Prevention group meets from 6:30 to 8:30 p.m. at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3888.

First Place, a Christ-centered nutrition program, meets from 6 to 7 p.m. at First Baptist Church, 2041 Delmar Ave. in Granite City.

Neglected Victims of Child Sexual Abuse, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

TOPS 2048 (Take Off Pounds Sensibly), 6 p.m., Melvin Price Support Center in Granite City; 876-2124.

TOPS IL 645, 7 p.m., Anchorage Recreation Center, 2902 Edwards St., Granite City, 452-6102. Men and women welcome.

Tuesday, Jan. 21

"Chemical Dependency: What It Is and What It Isn't" talk will be presented at 7:30 p.m. at St. Elizabeth Medical Center's Pascal Hall. Warren Neal, of the Behavioral Health System, will discuss how the words chemical dependency, alcoholism, and drug addiction inspire intimidation, defensiveness and judgmentalism; and explain how this disease becomes less overwhelming when it is more clearly understood. The talk is free and open to the public. Call 798-3888 to register, or for more information.

Knights of Columbus, 4th Degree, 4225 Old Alton Road, 7:30 p.m., 877-4250.

Lupus Erythematosus Support Group, sub-chapter of Illinois Lupus Foundation, 7:30 p.m., Memorial Hospital auditorium, Belleville, 233-7750, extension 5860.

Pontoon Beach Senior Citizens, meeting, 7 p.m., 3910 Illinois 111, Pontoon Beach.

Toastmasters International meets from 7 - 9 p.m. at Shoney's, Hwy 157 (#4 Commerce Drive), Collinsville. Come join us for better communication and leadership skills. For more information call 692-6026 or 344-2898.

Bemis Chiropractic, 3361 Fehling Road in Granite City, is offering free electronic spinal screenings from 9 a.m. to noon. Call 876-2273 for more information.

Boots & Slippers Dance Club, square dance lessons, 7 to 9 p.m., First Christian Church, across from the Cracker Barrel, Caseyville. The cost is $2.50 per person, per lesson. For more information, call 797-6528 or 344-4636.

Depressive Manic Depressive Association of Madison County will meet from 7 to 9 p.m. at St. Elizabeth Medical Center. James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call 877-7517 or (314) 776-4929.

TOPS 1699, (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center, 2902 Edwards St.; call 797-2724 for more information. Men and women are welcome to attend.

Alcoholics Anonymous, 8:30 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous (women only), 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. John United Church. 2901 Nameoki Road, Granite City, 692-8078.

Al-Anon, 8 p.m. St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

Al-Anon, 8 p.m., Niedringhaus United Methodist Church cafeteria, 20th and Delmar, Granite City, 463-2429.

Alateen and PreAlateen Program for 12 to 17 age group, and prealateen for six to 11 year age group, meets at 8 p.m. at Niedringhaus United Methodist Church, 20th and Delmar. For more information call 463-2429.

The Blood of the Lamb prayer and bible study. The public is invited to come for praise and worship, teaching from the Word and prayer for your needs from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a ride is needed, call 451-4020 or 1 (314) 868-1865.

The Circle of Hope, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. at the King's House on North 66th Street in Belleville. For more information, call 234-0291.

Granite City Kiwanis meet at Shoney's at 7:30 a.m.

Narcotics Anonymous, Path to Recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

School of Metaphysics, 7:30 to 10:30 p.m., 9459 Roslan Place, St. John, Mo. 63114. Classes in applied metaphysics. Call Melanie McManus at 429-0076.

Low income counseling set

InnerAction Ltd., a counseling agency in Edwardsville, is offering 45-minute counseling sessions to low income individuals and families without insurance for $5 per session.

Dr. Linda Cassens, director of InnerAction, Ltd., is concerned that the stress and violence in everyday life is leading to an increase in individual problems.

InnerAction would like to help those who are in need of help but are unable to seek counseling because of the cost of these services is often so prohibitive that many people cannot afford to take care of their emotional needs. The InnerAction program will provide affordable counseling for anyone who has not been able to participate in counseling.

The $5 charge will be donated to the Glen/Ed Food Pantry to help other individuals and families in need.

Contact InnerAction at 656-2402, for an appointment or for further information.

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Auff. Disc.....-1,166
Rebate.....-500
College Grad.....-400
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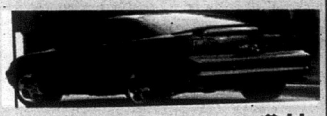

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Auff. Disc.....-316
Rebate.....-1,000
College Grad.....-400
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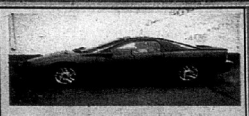

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Wednesday
Granite City Journal
Sports
January 15, 1997—Page 1B

Area tourney results
Page 2B

Journal names Team of the Week
Page 3B

Pat Heston

Non-athlete now living his sports dream

By Patrick C. Heston
Staff writer

When I am asked by someone who meets me for the first time, Did you ever play sports in high school, I have a ready reply.

"Did I ever play sports in high school?" I ask in disbelief. "I'll have you know my picture is in the trophy case of the Greenville High School gymnasium."

The statement is true.

The statement is also misleading.

The year was 1965, and the 22-4 Greenville Comets had just hijacked Highland 77-65 to win the Vandalia Regional Tournament title. Since it was the last good basketball team Greenville ever had, the photo of the team, gathered jubilantly around the regional plaque, still adorns the trophy case. There I am, just to the left of center, standing right behind the team along with the rest of the fans, cheering excitedly as ticket information for the sectionals was announced.

My basketball career was cut short my freshman year when the coaches discovered I had no talent. This same "injury" also kept me out of football and baseball.

I tried wrestling, but with the upper body strength of a Tickle Me Elmo doll, I didn't last. I did find the sport somewhat restful, however, for I spent most of the time lying flat on my back.

My true athletic prowess was in track and field. I was actually third in the mile run one afternoon; I lost the feeling in my legs as I rounded the last turn and ended up sprawled face-down on a cinder track.

I quickly deduced that the best contribution I could make to high school sports was to marry an athlete and bear children who could play sports well. At this I succeeded.

My oldest son was involved in wrestling, baseball, football, basketball, soccer and track. As slick and quick as a politician's tongue, he was on the receiving end of the longest touchdown pass (80 yards) in Bethalto Civic Memorial history.

My second son was a distance runner in track, a forward and goal-keeper in soccer, a power forward in basketball and a receiver and linebacker in football for CM. He holds the Eagles' record for most interception returns for a touchdown in a season (3) — one short of the state record.

My daughter has also been a soccer and basketball player but is currently focused on volleyball and softball. A hard-nosed player with a strong work ethic, she also has been quite successful.

They are each living out their own dreams, not mine. And that is as it should be.

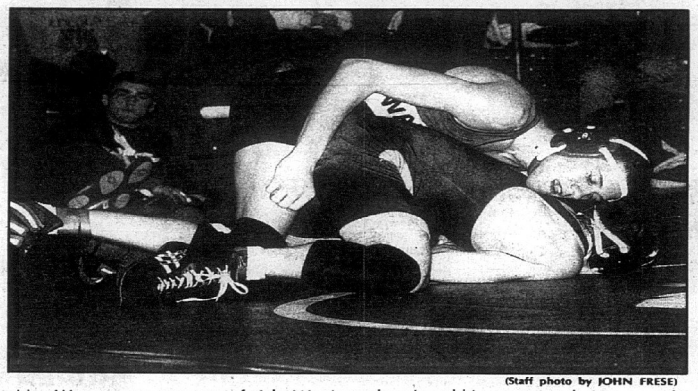
And what about dad? Well, as strange as it may sound, I'm living out my dream, too. I am now doing full time what I have done part time for nearly 30 years. I am covering high school sports in Illinois. Specifically, the Metro East. And I am loving every moment.

I have had the privilege of working closely for many years with the Illinois High School Association as statistician/historian. I have covered games and written features for newspapers from as far north as the Chicago Sun-Times to as far south as the Centralia Sentinel. And I have supplied stories and features for the Illinois Basketball Historian. My work, STATE! is the definitive word on the IHSA boys state basketball tournament.

Though my area of expertise is high school basketball, I am a lover and a student of high

(See BAT, Page 2B)

Warriors bury East, Glenwood, Quincy



(Staff photo by JOHN FRESE)

Matt Werner, top, was one of eight Warriors who pinned his opponent during a match against Belleville East.

By Patrick C. Heston
Staff writer

The wrestling Warriors completely dominated three more teams in weekend matches, running their overall record to 16-0 and 5-0 in the Southwest Conference.

On Friday, GCHS invaded Belleville (East) for a conference showdown and emerged with a convincing 55-7 victory. Eight Warriors pinned their opponents in or before the second period. Mike Glover (119), John Kelly (126), Matt Werner (130), Brooks Narvaez (140), Jonas Janek (146), David Thompson (152), George Kirgan (172), and Kevin Venne (186) all won by fall.

Justin Hale (136) and Ike Newman (161) were taken the distance, but scored impressive victories. Hale smoked Darius Simmons 12-4 while Newman grabbed a quick 8-2 first period advantage and fought even the rest of the way for an 18-11 win.

The closest contests of the evening involved lightweight Gary Oxford (104) who fell 3-0 to Nick Bingheim; Adam Dunnavant (113) who was edged by Nick Wickler 6-3; and heavyweight Nick Campbell, who bested Chis Voland 7-5.

The GCHS Junior Varsity also won their competition, outdueling East 45-31. Chad Wilson and Dennis Davis scored 15-0 and 15-1 wins respectively, while Ben LoFink and Mark Derossett won by fall less than a minute into their matches. The Freshmen fell 39-34, despite total dominance in the lower weight classes.

On Saturday, the GCHS varsity and JV traveled to Chatham to battle host Glenwood and Quincy in a potentially tough triangular meet. But, again, the Warriors had little trouble dispatching their opponents.

Quincy fell first, 48-9, as the Warriors improved to 15-0 on the season.

Mike Glover (119) pinned the Blue Devil's Roy Lithis less than a minute into period one, and George Kirgan (171) and Kevin Venne (188) both won by fall in period two. Adam Dunnavant (112) and Matt Werner (130) held their opponents without a point, while Justin Hale (135) was all over Jason Mallory 17-2. Other varsity victors were Brooks Narvaez (140), Ike Newman (160) and Gary Oxford (103).

(See BURY, Page 2B)

Federko hat trick powers Flyers past Warriors 5-2

By Patrick C. Heston
Staff writer

Jordy Federko's hat trick sparked the visiting Chaminade Flyers to a 5-2 victory over the Granite City Warriors in a penalty-plagued hockey game Monday night.

There were 14 minutes of penalties in the game's first 5 minutes and 20 minutes worth for the first period. For the game, Granite City drew seven penalties and Chaminade 12 for a combined total of 38 minutes.

Chaminade (7-9-1) started fast as Chris Peterson came in from the wing off the opening face-off to blister one past GCHS goalie Matt Freeze just 3 seconds into the contest.

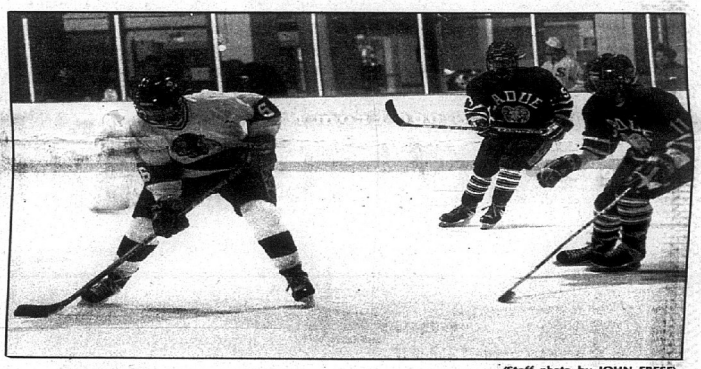
Granite City (6-9-2) quickly regrouped and soon had their offense clicking. They peppered Flyer keeper Ryan Dooley during a 2-minute power play late in the period, but could not find the net. With a minute remaining, they had outshot the visitors 9-5, but had no goal to show for their effort.

At 14:24 of the first period, and again just 18 second later, Federko connected from close range, and the Flyers were up 3-0 at the horn. Federko, son of former Blues great Bernie Federko, scored first off a Greg Albus assist and then weaved his way through several defenders on his way to a spectacular unassisted goal.

"Our problem all year has been a lack of intensity," said GCHS coach Rick Hodge. "We gain intensity as the game progresses, but we lack it at the start. Again tonight we started slow, and again, it cost us."

After giving up a power play goal at 6:17 of the second period, the Warriors' intensity picked up. Finally, at the 9:21 mark with

(See HOCKEY, Page 2B)



(Staff photo by JOHN FRESE)

Granite City's Bryan Leftus prepares to pass during a game against Ladue.

Members of Team Budweiser include, front row, from left, Ron Lindsay, Andy Millas, Paul Lanzante, Mike Hall, Mark Ambrose, Todd Blomberg; back row, Demos Argyros, Steve Wright, Fritz Holcomb, Steve Roth, Dale Fink and Jason Hesker.

Area football squads aim for nationals

By Scott Marion
Staff writer

The Budweiser Men's Flag Football League is making a name for itself.

The Belleville-based league will send two teams to the American Football Association National Championships, Saturday and Sunday in Las Vegas. This is the first time that Midwestern teams have been invited to the 100-team tourney, which is comprised mostly of teams from West and Northwest.

Team Budweiser qualified by winning the BMFFL's competitive division, while Kehrer Brothers Roofing won the recreational division.

"This is our fourth year," said league president Andy Millas, who plays for Team Budweiser. "We started the league in the fall of '92; Illinois Distributing came aboard as a sponsor the next year and has been with us ever since. We had six teams the first year and now we have 22. We've also played a spring session the last three years.

"We have 10 teams in the competitive division and 12 in the recreational division. In the competitive division, there's more to shoot for. We just got back from New Orleans, where we were 2-2 in the Nike Invitational. That put us in the top 15 out of 60 teams. It's a seven-on-sev-

(See FLG, Page 2B)

Toughman Kunkle thinks pro

Art Voellinger

If you are a cable television subscriber or a visitor of video stores, stay tuned for an opportunity to watch another southwestern Illinois athlete in action.

He's 27-year-old Chris Kunkle of Millstadt, who recently finished eighth in the National Toughman competition in Detroit where the boxing bouts were filmed for future use.

"I was lucky to rent a video of a previous competition and see one of the guys I fought in Detroit," said the 6-foot-4½", 240-pound Kunkle.

That opponent was George Gordon of Las Vegas, the winner of the 1994 Toughman and a winner over Butterbean, the nationally recognized Toughman-turned professional boxer.

In Detroit, Kunkle outpointed the 6-1, 275-pound Gordon after opening with a decision over 6-5, 275-pound Tony Mendoza of North Dakota.

On the second night of the national, Kunkle defeated 6-5, 235-pound Brad Main of Pittsburgh, but his trek in the 44-man competition ended when he dislocated his right elbow in the fourth bout.

In the first round against Sugar Ray Hammond of Dayton, Ohio, Kunkle fired a right hand that struck his 25-year-old opponent's right shoulder.

Before the bout was stopped, the ring physician pulled Kunkle's elbow back into place, but the pain prevailed, and the Belleville West High School graduate could not continue.

"I could have done better," Kunkle said. "I tried to move and dance and get some combinations going, but he swarmed me."

A former pro football player and American Gladiator, Hammond later earned $*10,000 when he finished second to Danny Shutalk, 37, of Opelika, Okla., a 6-3, 225-pounder who captured the title and $*50,000.

Even though 37 is the age limit for the Toughman and the one-minute rounds allowed the well-conditioned Kunkle to handle more than one fight per night, he has other thoughts.

"I'm considering pro boxing," Kunkle said.

A Silver Gloves champion as an amateur in 1981, when he weighed 120 pounds, Kunkle may have benefited by being away from the ring while he grew.

"He's young, fresh and strong," said Bill Kunkle Sr., a former boxer who trained Chris as well as another son, Bill Kunkle Jr., who was a golden Gloves champ.

Chris Kunkle qualified for the nationals by going 5-0 last year in competition at St. Charles, Mo., where his three knockouts included one over a 6-7, 276-pound opponent and another over a 6-8, 347-pound foe.

Kunkle had not touched boxing gloves for 13 years and trained just three days prior to entering the St. Charles competition.

Before fighting in Detroit, he sparred with his brother Bill and nationally recognized kickboxer Tommy Whitaker of Belleville.

"We got a lot of work done in my dad's garage," Chris said of his matchless training site.

Prep basketball

Chester Invitational
Monday, Jan. 13
Game 1: Trico vs. Marissa, 6 p.m.
Game 2: Red Bud vs. Perryville (Mo.), 7:30 p.m.
Tuesday, Jan. 14
Game 3: Steeleville vs. New Athens, 6 p.m.
Game 4: Chester vs. Dupo, 7:30 p.m.
Thursday, Jan. 16
Game 5: Loser Game 1 vs. Loser Game 2, 6 p.m.
Game 6: Winner Game 1 vs. Winner Game 2, 7:30 p.m.
Friday, Jan. 17
Game 7: Loser Game 3 vs. Loser Game 4, 6 p.m.
Game 8: Winner Game 3 vs. Winner Game 4, 7:30 p.m.

Saturday, Jan. 18
Consolation third place: Loser Game 5 vs. Loser Game 7, 3:30 p.m.
Consolation championship: Winner Game 5 vs. Winner Game 7, 5 p.m.
Third place: Loser Game 6 vs. Loser Game 8, 6:30 p.m.
Championship: Winner Game 6 vs. Winner Game 8, 8 p.m.

Belleville East Invitational
Tuesday, Jan. 21
Game 1: O'Fallon vs. Althoff, 7 p.m.
Game 2: Belleville East vs. **Cahokia,** 8:30 p.m.
Wednesday, Jan. 22
Game 3: Carbondale vs. Highland, 7 p.m.
Game 4: Mehlville (Mo.) vs. **Belleville** West, 8:30 p.m.
Thursday, Jan. 23
Game 5: Loser Game 1 vs. Loser Game 2, 7 p.m.
Game 6: Winner Game 1 vs. **Winner** Game 2, 8:30 p.m.
Friday, Jan. 24
Game 7: Loser Game 3 vs. Loser Game 4, 7 p.m.
Game 8: Winner Game 3 vs. Winner Game 4, 8:30 p.m.

Saturday, Jan. 25
Consolation championship: Winner Game 5 vs. Winner Game 7, 5:30 p.m.
Third place: Loser Game 6 vs. Loser Game 8, 7 p.m.
Championship: Winner Game 6 vs. Winner Game 8, 8:30 p.m.

Sparta Mid-Winter Classic
Tuesday, Jan. 21
Game 1: Triad vs. Venice, 6:30 p.m.
Game 2: Lebanon vs. Sparta, 8 p.m.
Wednesday, Jan. 22
Game 3: Sparta vs. Waterloo, 6:30 p.m.
Game 4: Venice vs. Lebanon, 8 p.m.
Thursday, Jan. 23
Game 5: Waterloo vs. Venice, 6:30 p.m.
Game 6: Lebanon vs. Triad, 8 p.m.
Friday, Jan. 24
Game 7: Triad vs. Waterloo, 6:30 p.m.
Game 8: Venice vs. Sparta, 8 p.m.
Saturday, Jan. 25
Game 9: Waterloo vs. Lebanon, 6:30 p.m.
Game 10: Sparta vs. Triad, 8 p.m.

Nashville Invitational Tournament
Tuesday, Jan. 21
Game 1: Nashville vs. Wesclin, 6:30 p.m.
Game 2: Freeburg vs. Madison, 8 p.m.
Wednesday, Jan. 22
Game 3: Mascoutah vs. Breese Mater Dei, 6:30 p.m.
Game 4: Breese Central vs. Gibault, 8 p.m.
Thursday, Jan. 23
Game 5: Loser Game 1 vs. Loser Game 2, 6:30 p.m.
Game 6: Loser Game 3 vs. Loser Game 4, 8 p.m.
Friday, Jan. 24
Game 7: Winner Game 1 vs. Winner Game 2, 6:30 p.m.
Game 8: Winner Game 3 vs. Winner Game 4, 8 p.m.
Saturday, Jan. 25
Fifth place: Loser Game 5 vs. Loser Game 6, noon
Consolation championship: Winner Game 5 vs. Winner Game 6, 1:30 p.m.
Third place: Loser Game 7 vs. Loser Game 8, 6:30 p.m.
Championship: Winner Game 7 vs. Winner Game 8, 8 p.m.

(Staff photo by JOHN FRESE)

Jon Burns, far left, scored at the 6:53 mark against Chaminade with assists from Bob Meszaros and Bob Pritchard, middle. Here, the two pursue a Ladue player.

•Hockey

(Continued from Page 1B)

GCHS on a power play, Mikal Guffey turned a sweet pass from Brian Johnson into a score, and the hosts trailed 4-1 at the second intermission.

Granite City played their best hockey in the third period, keeping the puck at their own end and keeping the pressure on Dooley. GCHS outshot the Flyers 12-5 in the last 15 minutes for a 27-20 advantage on the night.

Jon Burns scored at the 6:53 mark with assists from Bob Meszaros and Bob Pritchard, and the Warriors were suddenly within two. With dominating play in the period, GCHS began picking up momentum.

That's when Federko struck again, taking a pinpoint pass from Chris Frey in alone on a helpless Freeze. The goal upped the Flyers' margin to 5-2, ending any hope of a Warriors comeback.

•Bud

(Continued from Page 1B)

en, no-contact tournament.

"The rules are exactly the same for both divisions. It's eight-man flag football with limited contact."

The BMFFL is also affiliated with the National Touch and Flag League.

"It's the oldest league in the country and started up last year after a five-year absence," Millas said. "They had their national tournament last Thanksgiving in St. Louis, and a team from Dupo (the Untouchables) won it."

Many members of Team Budweiser may be familiar to local football fans. Millas played at Belleville West and Missouri Southern University and now coaches defensive backs at West. Teammate Ronnie Lindsay played for Mascoutah and Missouri Southern.

"Three guys — Mike Hall, Todd Blomberg and Mark Ambrose — played at Millikin (University)," Millas said. "Todd and Mark coach at Belleville East. Fritz Holcomb (Freeburg High) coaches at Belleville West.

"A couple guys played college basketball. Steve Roth was a 6-10 backup center at Illinois and Dave Mordhorst, who is 6-8, played at McKendree. Forry Wells (Belleville East) played football and baseball at Illinois and is in the Colorado Rockies minor league system.

"Some of our bigger guys on the line played high school, like Steve Wright, Jason Hesker and Paul Lanzante, who coaches for the Little Devils. Dale Fink played for Montana State when they finished second in the nation in Division 1-AA and Ken Brown played semipro ball for the St. Louis Gamblers. Our quarterback, Demos Argryos, played at Wisconsin."

Millas wants to see what his team can do on the national level in Las Vegas.

"We'll be playing in a park with 16 fields — they'll have games from 7:30 in the morning until 4:30 in the afternoon," Millas said. "We'll play two games for sure on Saturday (in a round-robin format) and play single elimination on Sunday.

"The teams out there allow professional athletes to play, and we don't. Four or five years ago, (former Oakland Raider) Kenny Stabler played quarterback for one team. But all of the quarterbacks can throw the ball 50 or 60 yards in the air and all their wide receivers can run 4.4 or 4.5 (seconds) in the 40 (-yard dash).

"We'll match up pretty well, but overall they'll have more speed. We play a hard-nosed style and run the ball sometimes, but the teams out there throw all the time. They also kick field goals and extra points, which we don't do, but John Frangolis, who plays for us at wide receiver, was a kicker for Southwest Missouri State."

The Kehrer Brothers Roofing team, meanwhile, has a distinct Clinton County flavor, as all of its players are high school graduates of either Mater Dei or Breese Central. Team members are Kevin Kehrer, Chris Kehrer, Derrick Husmann, Mike Dorries, Ron Timmerman, Brad Poettker, Jeremy Gebke, Brad Zurliene, Dave Thomas, Dale Engelmann, Gary Engelmann, Bill Engelmann, Sean Engelmann, Andy Warner, Kelley Voegel and Stan Peterson.

Kehrer Brothers placed first in the recreational division of the BMFFL with an 11-0 record and third in the major flag division at last fall's tournament in St. Louis.

For information on the BMFFL spring session, call 277-4090.

•Bury

(Continued from Page 1B)

The Warriors' JV also handled Quincy with little difficulty, breezing to a 42-18 decision. Rich Carney, Dennis Davis and Mark Derossett all pinned opponents.

Chatham (Glenwood) became GCHS victim number 16 on the season as the Red and Black prevailed 44-14.

The most grueling contest of the competition was in the 103-pound class where Gary Oxford's escape from a Tom Johnson hold early in the second period provided the margin for a slim 1-0 victory.

Other winners for the Warriors had more breathing room. Jonas Janek (145) won 9-3, Nick Campbell (275) won 10-2, John Kelly (125) won 11-2 and Matt Werner (130) won 12-2. Six GCHS wrestlers won by fall: Mike Glover (119), Justin Hale (135), Brooks Narvaez (140), Ike Newman (160), George Kirgan (171) and Kevin Venne (189); Glover's pin came at 0:35 in the the first period.

The junior varsity also won, 41-23, as Rich Carney picked up his second pin of the day.

The Warriors travel North to the Geneseo Tournament Friday and Saturday. Centralia hosts a JV tournament at 10 a.m. Saturday.

•Pat

(Continued from Page 1B)

school sports in general.

From my columns, features and stories, I want you to get the facts. But, beyond this, I want you to sense my love for high school sports. After all, it is something you love, too.

By the way, if you ever get to Greenville, stop by the gym and check out my photo.

FEELING FIT

By Mark Lymberopoulos

Skiers need adequate carbohydrates to keep up energy levels, say dietitians. Some recommend multiple small snacks instead of big meals. Drink plenty of fluids, even if you don't feel thirsty.

★ ★ ★

Inner-thigh stretch is a feel-good stretch for the adductors. Sit on the floor with the soles of the feet together, back straight, knees open. Holding your ankles for support, lean forward and gently press down your knees with your elbows.

★ ★ ★

One New York resort offers a zero-calorie lunch — a combination package of a morning workout in its sports center (even counting the calories burned), then a gourmet lunch for that number of calories.

★ ★ ★

Why warm up before exercise? It's not only good for the muscles, it improves self-assurance and concentration.

★ ★ ★

Everyone knows about bananas for potassium, but there are other top sources of the necessary mineral, too — dried fruit, leafy greens, orange juice, milk, yogurt, fish, or a baked potato with its skin.

★ ★ ★

Everyone knows you'll find top-rated equipment and knowledgeable exercise pros at

Leisure World Health Club
RT. 157/I-70 Collinsville
344-3095
Make us your fitness headquarters.

Sports shorts

Wrestlers place 6th

The Granite City Wrestling Club placed sixth in the Midwest Classic Tournament in Tinley Park (Ill.), held the first weekend of January. The team competed against 37 other squads from Illinois and Indiana. The sixth-place finish came despite four forfeitures due to weight classes not being filled.

Granite City produced five medalists at the Classic — Troy Howell (55 pounds), Austin Wagoner (58 pounds), Jake Trtanj (84 pounds), Justin York (156 pounds) and David Crouch (275 pounds). Trtanj and York both placed fourth, while heavyweight David Crouch placed second.

"The Midwest Classic is a prelude for the state tournament," said coach Tom Nance. "We are very excited about our finish, and know that we will do even better once we get wrestlers in each weight class."

K of C contest

The Knights of Columbus will sponsor a free-throw contest beginning at 12:30 p.m. Sunday, Jan. 19, at the K of C Hall, located at 4225 Old Alton Road in Granite City.

Registration begins at 11:30 a.m. Boys and girls ages 10-14 years are eligible, and proof of age is required. Winners will advance to the next level.

For more information, call Bob Palus at 451-8988.

Park league sign-ups

The Granite City Park District is now taking registration for boys and girls wanting to play youth baseball, tee-ball or ponytail softball this summer.

The sign-ups are for boys and girls who would like to play in the 1997 summer park leagues but are not currently on a park district team or have never played in the park district leagues.

Boys and girls who will be ages 6-16 may have their name placed on the list. Every effort will be made to place them on a team.

Boys and girls tee-ball is for ages 6-7, youth baseball is for ages 8-16 and ponytail softball is for ages 8-16.

Anyone interested in coaching or managing a youth baseball, T-ball or ponytail softball team may visit the Wilson Park office or call recreation supervisor Ray Hoffman at 877-3059.

Soccer registration

Open registration for the Granite City Soccer Club will be held every Tuesday and Thursday in January from 6 to 8 p.m. at the soccer complex concessions building, located at Illinois 3 and North Street. Registration is for boys and girls born 1983 through 1992.

Children born in 1993 may register for the instructional fun soccer camp. If interested, call 876-9000.

Cougars tourney

The Florissant Cougars annual soccer tournament will be held Feb. 17-March 2 at the Jamestown Sports Complex. The competition is for boys and girls K1 through U-18.

For entry information, call Jim Pool at (314) 831-2640 or Jeff Schilly at (314) 831-2836. The deadline for registration is Feb. 1.

AABC tryouts

An area AABC team is currently forming and seeking area youths born after Aug. 1, 1980, (15 and 16-year-old age groups) for baseball team tryouts.

The team plays at an advanced competition level, so players should be experienced and disciplined. Free conditioning workouts will be held 5:30-7:30 p.m. every Monday at Madison Middle School beginning Jan. 27.

For those who make the 14-man roster, registration fees will be due in April. For more information, call Joe at 876-5735 or attend one of the conditioning workouts.

Cardinals Team of the Week

Sponsored by Alliance BlueCross BlueShield

The Rockets soccer team went undefeated and won the championship of the Granite City Soccer Club's Junior Pee Wee Division. Team members include (front row from left) Andrew Briner, Kevin Staples, Garret Allen, Gary Woll, Nicholas Lane, Ryan Roberts, Shawn Boyer and (second row) Justin Hesse, Matt Bulva, Christine Braccamontes, Kassandra Stoops, Eric Heath, Matt Schooley and Daniel Fowler. Pictured with the team is coach Vic Bulva. Not pictured: Derek Brown. The Rockets are sponsored by Schooley Law Firm.

Volunteer directory out

Responding to the growing need for volunteers on America's public lands, the American Hiking Society released, "Helping Out in the Outdoors 1997," a directory of more than 2,500 internships and volunteer jobs available through federal land management agencies. The national nonprofit group hopes the directory will help energetic volunteers find projects that match their interests and schedules.

For more than 20 years, "Helping Out in the Outdoors" has enabled hundreds of thousands of volunteers make a difference on behalf of America's public lands.

Jobs vary from weekend posts to seasonal positions to long-term placement and are available for a may age and skills levels.

"Helping Out in the Outdoors" provides thousands of opportunities to give something back to the lands we enjoy, and have fun doing it," said American Hiking Society President David Lillard. "It is also an opportunity to meet people with shared interests, and, it's a great way for college students to fulfill internship requirements and gain valuable hands-on experience."

Although the bulk of "Helping Out in the Outdoors" are outdoor opportunities, some administrative positions are also available. Volunteers might present interpretive programs to visitors at Montana: Little Bighorn Battlefield National Monument or help with an archeological dig through the USDA Forest Service's "Passport in Time."

Other opportunities include the Bureau of Land Management's Arizona Strip District, which is currently seeking fire lookouts for the 1997 summer season and the Florida Everglades, which annually employs more than 200 volunteers as hydrologists, fishery managers and wildlife biologists.

Listings are grouped by state and by region making it easy to find work close to home — or in a vacation spot.

To help volunteers find positions that fit their interests, each entry includes a description of the position and the skills needed. Although American Hiking is responsible for coordinating and publishing the updated directory each year, volunteers work directly with the individual agency coordinators. Addresses and telephone numbers are also listed.

To receive the "1997 Helping Out in the Outdoors," call the American Hiking Society at (301) 565-6704, or send $7 to AHS Helping Out, 1422 Fenwick Lane, Silver Spring, Md. 20910.

For 1st class delivery, add $3. Make checks payable to American Hiking Society. Visa and Master cards are also accepted.

The American Hiking Society is a nonprofit organization.

Births

Niles

Daniel and Rhonda Niles of Granite City have announced the birth of their first child, a son.

Dylan Richard was born Sept. 17, 1996, at St. Elizabeth's Medical Center at 4:41 p.m. He weighed 8 pounds, 4 ounces.

Maternal grandparents are Sharon Hogan and Jack Orwig Sr. of Granite City.

Paternal grandparents are Douglas and Patricia Niles of Granite City.

Krieshok

Peter and Mary Krieshok of Granite City have announced the birth of their third child, a son.

Peter George Krieshok III was born Sept. 18, 1996, at St. Elizabeth Medical Center, at 11:40 a.m. He weighed 7 pounds, 1 ounce, and joins Amy, 13, and Kathryn, 19 months.

Maternal grandparents are Peter and Ruth Krieshok of Granite City.

Paternal grandmother is Elaine Ambrose of Gurnee, Ill.

Vinson

Jeff and Becky Vinson of Granite City have announced the birth of their second child, a son.

Noah Jeffrey was born Sept. 18, 1996, at St. Elizabeth Medical Center, at 6:48 p.m. He weighed 9 pounds, 14 ounces, and joins a brother, Zachary, 6.

Maternal grandparents are Jim and Daisy Edwards of Granite City.

Paternal grandparents are Jim and Sue Vinson of Granite City.

Zimbelmann

Chrystal and Keith Zimbelmann of Granite City have announced the birth of their second child, a son.

Travis Jay was born Sept. 18, 1996, at St. Elizabeth Hospital, at 3:14 p.m. He weighed 5 pounds, 13 ounces, and joins a brother, Keith Zimbelmann II, 18 months.

Maternal grandparents are Elmer and Alice Hull of Granite City.

Paternal grandparents are Etta Solomon of Granite City and Harry Zimbelmann of Cottage Hills.

BAC holding seminars

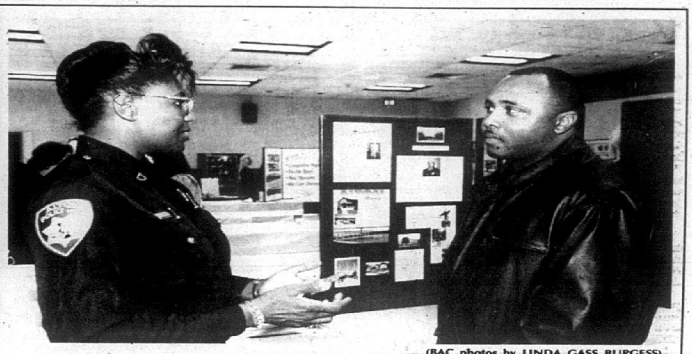
The Belleville Area College Department of Counseling and Human Development is sponsoring three seminars beginning in late January.

Two seminars are free but there is a fee for the third workshop. All seminars will be held at BAC's Belleville Campus, 2500 Carlyle Ave.

The seminars are:

- Adults in Transition, 6-8 p.m., Jan. 25-March 31, no fee. Enrollment is limited to 20.
- Academic Success Series, 2-4 p.m., Jan. 30-Feb. 1, no fee.
- Rational Self-Counseling, 6-8 p.m., Jan. 22-March 18, fee $32.

CAREER FAIR — Laura Decker, Maryville, left, discusses job opportunities with Office Mates-Westport representatives Sue Adams, St. Charles, center, and Debbie Maul, Chesterfield at Belleville Area College's Job Fair '96.



(BAC photos by LINDA GASS BURGESS)

Alton policewoman Jonniece Young discusses law enforcement opportunities with Michael Proctor, Alton, during the BAC Job Fair held at the college's Granite City campus.

SIUE offers business classes

The Small Business Development Center at Southern Illinois University at Edwardsville and at Lewis and Clark Community College will offer several short management courses during January.

Each workshop at SIUE will meet at University Park in Room 1132.

Workshops, dates and fees include:

✓ How To Start A Business — the newly released book, "Steps to Small Business Start-Up," is included: 6:30 to 9:30 p.m., Jan. 22, 29 and Feb. 5, at Lewis and Clark Community College; fee $60.

✓ How To Develop A Business Plan — the newly released book "Anatomy of a Business Plan" is included; 6:30 to 9:30 p.m., Jan. 16, 23 and 30, at SIUE; fee $50.

✓ Pricing Your Products and Services Profitably — designed for start-ups and existing businesses; 6:30 to 9:30 p.m., Jan. 27, at SIUE; fee $50.

✓ Accounting and Records for Small Business — taught by a certified accountant; 6:30 to 9:30 p.m., Jan. 28, at SIUE; fee $60.

For information call Jane Bagent at 692-2929.

Craft show coming

Looking for a new collectible, decorating item or gift? You will not want to miss St. Louis' first Country Treasures Folk Art and Craft Show.

On Jan. 18 and 19, the Holiday Inn Southwest Viking Conference Center in St. Louis will feature oak and pine furniture, dolls, bears, baskets, wearable art, jewelry, floral arrangements and wreaths and more.

Hourly Country Treasures Gift Certificates will be given away all weekend.

Show hours are 10 a.m. to 5 p.m. Saturday and 10 a.m. to 4 p.m. Sunday.

Horse Salve Eases Arthritis Pain

LOUISVILLE, KY -- An ingredient derived from hot peppers that decreases inflammation in racehorse's legs, has now been approved by government researchers for human use. The ingredient has been formulated into a product called ARTH-Rx®. ARTH-Rx comes in a strength designed for humans. Researchers are excited and say the formula can relieve arthritis pain for millions.

Developed by the Phillips Gulf Corporation, ARTH-Rx is a breakthrough in the treatment of painful disorders ranging from minor aches and pains to more serious conditions such as arthritis, bursitis, rheumatism, tendonitis, backache and more.

Although the mechanism by which ARTH-Rx works to relieve pain is not totally clear, scientists suggest that pain is relieved because ARTH-Rx intercepts the messenger substance that sends pain signals to the brain.

ARTH-Rx is available in a convenient roll-on applicator without a prescription. According to a spokesperson for the company, due to the overwhelming demand for ARTH-Rx, supplies are sometimes limited. ARTH-Rx can also be ordered by calling 1-800-729-8446. ©1995 PGC

Arth-Rx is available in Granite City at:
THE MEDICINE SHOPPE
3675 Nameoki Rd. 451-4200

Ice or heat: Which is best for pain, swelling, back?

It's 5:30 in the evening and your son walks in the door complaining of ankle pain following a neighborhood football game. As Doctor Mom, you take a look at the ankle and notice it has started to swell. Do you reach for the ice or heat?

You have just finished your gardening for the day, when as you stand up with difficulty, you notice stiffness and soreness of your back and legs. Do you reach for the ice or heat?

Over the years considerable research has been done to try to answer questions like these. The matter becomes more complex when you wonder: How long? How often? How soon?

These issues become important because research has shown that with certain acute conditions recovery time can be almost doubled if the proper therapy is delayed and recovery prolonged two and half times if the wrong therapy is chosen.

For acutely swollen conditions, ice is usually indicated immediately after the injury. This phase is often characterized by swelling, pain, redness and heat. Ice is normally used from 10 to 20 minutes depending on the body part size. The smaller areas such as an ankle, hand or neck would benefit from 10 minutes of ice. Larger areas such as low back or thigh would require closer to 20 minutes. Shoulders and knees would be around 15 minutes.

The length of time is important because using ice too long can be detrimental to recovery and dangerous. During the use of ice you will often notice the following sensations in this order: coldness, burning, analgesia then numbness.

"How often" will vary on the condition, but it normally ranges from a minimum of two to three times a day to as much as hourly.

"How soon" is easily answered with as soon as possible. As mentioned earlier, in some research it has been found that it can take twice as long for recovery if the ice is started 48 hours after the injury.

Once ice is started it is beneficial to continue its use usually for 24 to 72 hours. After the initial swelling, pain, redness and heat has improved, moist heat to the area can normally be started. Heat should not be used if it increases the heat, pain, redness or swelling of the area.

Ice can be used in the form of an ice pack or an ice massage. Ice massages are done by freezing a three-quarters filled Dixie cup of water and then peeling the paper down to expose half an inch of ice.

Place the ice in direct contact with the swollen area and move in a circular pattern at a speed that is comfortable. The ice massage has the advantage of cooling the area faster and more effectively than an ice pack. The massage action can also help remove the built up fluid from the area.

Ice can also be used for pain control. Under these circumstances the length of time would be four to five minutes, usually about every 30 minutes. The swelling of certain areas will further benefit from compression and elevation.

To go back to the original questions, ice is suggested in the first case and heat in the second case. It is important to remember that not everyone responds to ice and heat the same. In the second case, ice is preferred by some patients but heat is the best beat. If the pain had been severe in the second case or an injury would have happened during the activity, then again ice would be recommended.

Moist heat, such as a moist heating pad, hot shower or whirlpool is preferred over dry heat. Moist heat is often best for chronic injuries or conditions, muscular soreness, tightness and restricted motion. But remember that moist heat should not increase the pain, redness, heat or swelling of the area following its use.

Ice and heat use is only part of a treatment program. Some injuries and conditions also require a specifically designed stretching and/or strengthening program, therapy and adjustments.

Appropriate medical advise should always be sought for more severe injuries or when a condition is not improving. Anyone with a history of a significant medical problem, difficulty exercising or starting a new exercise program should seek appropriate medical advise.

This article was written by Dr. Spahn, a chiropractor and a certified chiropractic sports physician. He holds his certification from the American Chiropractic Association. His practice is at ChiroMed Chiropractic Center in St. Charles. He can be reached at 946-2244.

Sport outfits are now designed for cross-training

What fitness fanatic hasn't longed for one set of clothing and one pair of shoes that would take him with ease from the tennis court to the weight room and onto an aerobic class?

Everyone wishes for a complete outfit that is technically durable and versatile, yet looks good no matter what the activity. Now that wish is granted — cross-training is here.

Cross-training is a relatively new sports category that was created to satisfy the burgeoning number of people who have decided that variety is definitely the spice of life.

People aren't just spending their time jogging but want to get themselves in the best possible shape by mixing it up in several different sports. Specialization isn't the buzz word anymore; diversification is.

To make life easier for sports enthusiasts, a special line of apparel and footwear has been created to meet requirements.

One of the top collections is made by Nike, which led the way by inventing cross-training. Their clothes and shoes are sure to satisfy the most serious athlete as well as the dedicated weekend warrior.

Nike has used innovative fabric combinations like Coolmax and Lycra to provide the coolest, most comfortable workouts possible.

The shorts, tights, tanks and T-shirts flatter but allow for any kind of movement. Stretch fleece pullovers can be matched up with training pants when nature's ultimate gym, the great outdoors, beckons.

Chiropractic future linked to research

It is clear that if the chiropractic profession is to find its rightful place in the rapidly developing managed health delivery system, such a place will be based on research; specifically, on appropriateness of chiropractic care in any given health care condition, outcomes measures (success of treatment), the efficacy of chiropractic (controlled clinical trials) and cost effectiveness.

There is both good news and bad news associated with the current effort(s) in these regards: the good news is that our profession's leading research arm, the Foundation for Chiropractic Education and Research (FCER), is and has been exactly on target. It remains the most vital force on the scene in the promotion of valid research undertakings directed toward the required ends.

The bad news is that sufficient support for research efforts still eludes the profession. Those who encourage such efforts are virtual pioneers. Those who sacrifice for them are too few in number, keeping the funds available for such research activities at a sorely inadequate level.

The cries from some in the profession for "parity," for "primary provider status," for avoiding the "back pain doctor" title or, even for maintaining some older, more familiar role as the family doctor, are now being answered with the cry, "We want evidence." The medical profession is scrambling to prove its ministrations "work." So too are virtually all elements of the health care system.

Fortunately for chiropractic, it has certain studies relating to managed health care issues. Dating from the early 1970s and on up until the present time, an increasing number of chiropractors and medical practitioners have braved the seeming disinterest in research by many in the profession, and the studies have been, by and large, favorable.

And also, fortunately, the FCER has been there to encourage, and often fund such activities. Standing behind the FCER has been the ACA with its member dues contributions to it. The FCER has either directly funded much of the research or has professionally managed funds provided it by other leading organizations in the profession, such as the ACA and the National Chiropractic Mutual Insurance Company (NCMIC).

Some of our chiropractic colleges have taken the very difficult step into the research arena—difficult because of the high costs of paying faculty to teach, only to then have to release them from teaching assignments to conduct research.

In 1975, the National Institute of Neurological Diseases and Stroke (NINDS) of the National Institute of Health held a workshop on the State of the Art of Spinal Manipulative Therapy. The most favorable finding: there was evidence neither to deny nor support the efficacy of manipulative therapy.

Jerome McAndrews, who wrote this article a member of the American Chiropractic Association

Obituaries

Anthony Zolner

Anthony "Tony" E. Zolner, 75, of Granite City died at 11:55 p.m. Saturday, Jan. 11, 1997, at St. Elizabeth Medical Center in Granite City. He was born July 21, 1921, in Madison.

Mr. Zolner, who retired July 1, 1985, from Ed Ray Foods as a truck driver, was presently employed by the Madison County Health Department as a maintenance worker. He was a member of Teamsters Local 525, the American Legion, Wood River Moose Lodge, Chouteau Township Senior Citizens Club and Park Board, and a Coast Guard veteran.

ASA Commissioner of women's fast pitch softball, he was inducted into the Hall of Fame in Oklahoma in 1984 for serving as manager and coach of the Wood River Royals for over 30 years. He was also a veteran umpire of women's high school and college softball.

Survivors include his wife, Norma (Sullivan) LaRose, whom he married Feb. 20, 1985.

He was preceded in death by his parents, Steve and Cecilia (Klein) Zolner; one brother and three sisters.

Services were held Tuesday, Jan. 14, at Irwin Chapel, 3960 Maryville Road, Granite City, with the Rev. Jim Keefner officiating. Burial was in Calvary Cemetery.

Memorials are suggested to St. Mary's Catholic Church, 1621 10th St., Madison.

Mae Bridges

Mae Ruth Bridges, 79, of Granite City died Thursday, Dec. 31, 1996, at her residence. She was born July 13, 1917, in Greene County.

Mrs. Bridges was a retired nurse for Barnes Hospital in St. Louis and a member of Griffin Memorial Methodist Church.

She was preceded in death by her husband, Therman Joseph Bridges, in 1991; and her parents, Elvis and Lois (Rogers) Gilbert.

Survivors include two sons, Larry and Perry Bridges, both of Granite City; two daughters, Betty Smoot of Paragould, Ark., and Mary Jo Mothershed of Granite City; two sisters, Anna Faye Perdue and Wava Diggs, both of Paragould, Ark.; 10 grandchildren and 16 great-grandchildren.

Services were held Saturday, Jan. 4, 1997, at Heath Funeral Home in Paragould, Ark., with the Rev. Doug Criss officiating. Burial was in Browns Chapel Cemetery.

Memorials are suggested to Griffin Memorial Methodist Church, Paragould, Ark.

Information was provided by Irwin Chapel, 3960 Maryville, Granite City.

Paul Halbert

Paul G. Halbert, 56, a lifelong resident of Granite City, died at 11:20 p.m. Saturday, Jan. 11, 1997, at his daughter's residence in Collinsville. He was born Nov. 16, 1940, in Granite City and had been ill since April 1996.

Mr. Halbert was employed by Pulitzer Publishing as vice president of Operations Gateway Consumer Service from 1987-1997; worked for the *Granite City Press-Record* from 1958-1985, serving as general manager from 1970-1985; was general manager of the *Collinsville Herald* from 1977-1985; and was vice president of operations for the former *St. Louis Globe-Democrat* from 1965-1968. He was an Air Force Reserve veteran and of the Lutheran faith.

Survivors include two daughters, Lori A. Bicanic of Collinsville and Christy L. Taylor of Granite City; two sisters, Laverne Henrich and Daphne Colomb, both of St. Louis; and one granddaughter.

He was preceded in death by his parents, Clifton E. and Alma R. (Knecht) Halbert; and two sisters, Imogene Biggs and Dema Williamson.

Services are scheduled for 1 p.m. today, Wednesday, Jan. 15, at Holy Cross Lutheran Church, 304 South St., Collinsville, with the Rev. William Engfehr III officiating. Burial will be in Sunset Hills Memorial Estates in Glen Carbon.

Memorials are suggested to the American Cancer Society.

Arrangements were handled by Irwin Chapel, 3960 Maryville, Granite City.

Charles Vincent

Charles R. Vincent, 70, of Granite City died at 3:15 p.m. Friday, Jan. 10, 1997, at St. Elizabeth Medical Center, following a sudden illness. He was born Feb. 21, 1926, in Granite City.

Mr. Vincent, a U.S. Navy veteran, retired from the Army Depot in Granite City after 32 years as a heavy equipment operator. He was a member of AMVETS 204 and VFW Post 1300.

Survivors include his wife, Kathleen (Beaver) Vincent; four daughters, Karen Emanuel of Des Peres, Mo., Christi and Sally Vincent, both of Maryville, and Pamela Fisher of Granite City; one brother, Howard Vincent of New Orleans; one sister, Vera Clodfelter of Lenexa, Kan.; six grandchildren and two great-grandchildren.

He was preceded in death by his parents, Elmer and Amanda (Pruett) Vincent; and one son, Michael Vincent, who died in 1994.

Services were held Tuesday, Jan. 14, at Werner Chapel, 3939 Lake Drive, Pontoon Beach, with the Rev. Richard Scott officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to the American Red Cross.

John Brown

John F. Brown, 47, of Granite City died at 9:13 a.m. Thursday, Jan. 9, 1997, due to a fire at his residence. He was born July 19, 1949, in Granite City.

Mr. Brown, a U.S. Army Vietnam veteran, was a member of Knights of Columbus Council 1098 of Granite City and a former member of Sacred Heart Catholic Church in Granite City.

Survivors include one brother, Daniel L. Brown of Glen Carbon; and one sister, Barbara A. Wallace of Spring, Texas.

He was preceded in death by his parents, Charles F. and Elizabeth M. (Zimmer) Brown.

A memorial Mass is scheduled for 1 p.m. Saturday, Jan. 25, at St. Mary's Church, 1802 Madison, Edwardsville, with the Rev. Gerald Bunse officiating.

A coroner inquest is pending.

Arrangements are being handled by Mateer Funeral Home, 210 N. Kansas, Edwardsville.

Edna Hogan

Edna J. (Thomas) Hogan, 77, of Granite City died at 12:40 a.m. Sunday, Jan. 12, 1997, at St. Elizabeth Hospital in Belleville. She was born Dec. 25, 1919, in Kentucky.

Mrs. Hogan retired in 1965 from the former W.T. Grant Department Store of Granite City after six years as a salesperson. She was a member of United Presbyterian Church in Granite City.

Survivors include one son, Bobbie Hogan of Granite City; one brother, Carl Thomas of Maryville; and one sister, Ruby Graham of New Albany, Ind.

She was preceded in death by her husband, Clayton Hogan, who died in 1967; and her parents, Boone and Lucy (Brown) Thomas.

Visitation will be from 4 to 8 p.m. today, Wednesday, at Thomas Mortuary, 2205 Pontoon Road, Granite City. Services are scheduled for 10 a.m. Thursday, Jan. 16, at United Presbyterian Church, 1700 Pontoon Road, Granite City, with the Rev. Dr. Ralph Trotter officiating. There will be visitation from 9 to 10 a.m. Thursday at the church before services begin. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to United Presbyterian Church in Granite City.

Delmar Goetter

Delmar D. Goetter, 67, of Collinsville died at 9:20 a.m. Saturday, Jan. 11, 1997, at his residence. He was born May 26, 1929, in Lebanon.

Mr. Goetter, a World War II Army veteran, retired from Hunter Packing Co. after 33 years of service. He was also employed by Madison Metal Co. in Madison.

Survivors include four sons, Lonnie and Michael Goetter, both of Collinsville, Gary Goetter of Trenton, and James Goetter of Maryville; one daughter, Cindy Haller of Collinsville; one brother, William Goetter of Belleville; 10 grandchildren and three great-grandchildren.

He was preceded in death by his wife, Jacquelyn (Vandergriff) Goetter, whom he married Jan. 20, 1949, in Lebanon, and who died Feb. 19, 1990; his parents, Norman and Alice (Campbell) Goetter; one son, Allen Goetter; and one daughter, Tina Marie Smith.

Services were held Tuesday, Jan. 14, at Herbert A. Kassly Funeral Home Ltd., 515 Vandalia, Collinsville, with the Rev. Harry Courtney officiating. Burial was in St. John's Cemetery in Collinsville.

Memorials are suggested as donor's choice.

Ethel Martin

Ethel M. (Norwine) Martin, 98, of Spring Hill, Fla., formerly of Granite City, died Monday, Jan. 13, 1997, at her residence. She was born Sept. 12, 1898, in Lawrence, Kan., and resided in Granite City for 85 years prior to moving to Spring Hill, Fla., three years ago.

Mrs. Martin was a homemaker, a member of First Presbyterian Church of Granite City, and active in several bridge clubs in Granite City.

Survivors include a daughter, Shirley Butkewicz, Spring Hill, Fla.; four sisters, Gladys Woods of Wilmette, Florence Bushhold and Connie Wognum both of Crown Point, Ind., and Ruth Beatty of Escondido, Calif; four grandchildren; eight great-grandchildren and one great-great-grandchild.

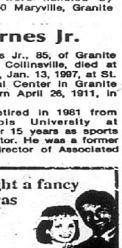
She was preceded in death by her husband, Robert C. Martin, who died in 1991; her parents, Eldon and Belle (Stafford) Norwine; two brothers, Paul and Buss Norwine; and two sisters, Frances Kortum and Louise Bergner.

Private services will be held today, Wednesday, Jan. 15, at Davis Funeral Home, 21st & Cleveland, Granite City, with the Rev. Dr. Lewis E. Trotter officiating. Burial will be in Sunset Hill Memorial Estates, Glen Carbon.

Memorials are suggested to Alzheimers Association or First Presbyterian Church, 2160 Delmar, Granite City.

Jacquelyn Kittel

Jacquelyn L. (Purdes) Kittel, 64, of Granite City died at 8:20 a.m. Friday, Jan. 10, 1997, at her residence. She was born Aug. 23, 1932, in St. Louis.



Mrs. Kittel, a freelance court reporter, owned and operated Kittel Reporting Company. She was a member of Holy Family Catholic Church and National Shorthand Reporters Association.

Survivors include her mother, Angeline (Mozier) Purdes of Madison; two daughters, Brigitte Kittel and Camille Arakaki, both of Granite City; one son, Jeffrey Kittel of Granite City; three sisters, Shirley Vaughn of Granite City, Dr. Alice Purdes of Madison, and Judy Holmes of Jerseyville; and two grandchildren.

She was preceded in death by her husband, Carl J. Kittel; and her father, Joseph Purdes.

Services were held Monday, Jan. 13, at Holy Family Catholic Church, 26th & Washington, Granite City, with the Rev. Bill Fisherkeller officiating. Burial was in Calvary Cemetery.

Memorials are suggested to Hospice of Madison County.

Arrangements were handled by Irwin Chapel, 3960 Maryville, Granite City.

Alvin Barnes Jr.

Alvin T. Barnes Jr., 85, of Granite City, formerly of Collinsville, died at 1:45 a.m. Monday, Jan. 13, 1997, at St. Elizabeth Medical Center in Granite City. He was born April 26, 1911, in Metropolis.

Mr. Barnes retired in 1961 from Southern Illinois University at Edwardsville after 15 years as sports information director. He was a former journalist and director of Associated Retailers; and a member of Central Christian Church, Elks Lodge #1063, and Odd Fellows Six Mile Lodge No. 87 all of Granite City.

Survivors include his wife, Joyce Barnes; three sons, Alvin R. III and Michael P. Barnes both of Granite City, and Foster H. Barnes of St. Louis; two daughter, Patricia J. Early of Edwardsville and Anne T. Schallert of Granite City; 11 grandchildren and 15 great-grandchildren.

He was preceded in death by his parents, Alvin T. and Hattie (Beard) Barnes; and two brothers, Foster and Roger Barnes.

Services are scheduled for 10 a.m. today, Wednesday, Jan. 15, at Davis Funeral Home, 21st and Cleveland, Granite City, with the Rev. Carrie Cullem officiating. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to Granite City Sports Hall of Fame or Central Christian Church, Granite City.

Harriet Bull

Harriet F. (McMillan) Bull, 73, of Granite City died at 8:28 p.m. Tuesday, Jan. 7, 1997, at Anderson Hospital in Maryville. She was born Nov. 1, 1923, in Granite City.

Mrs. Bull was a cook for many years at the Den in Granite City. She was a member of the Salvation Army Home League, Anchorage Senior Citizens and T.O.P.S. Illinois Chapter 1609.

Survivors include two daughters, Frances Misukonis of Edwardsville and Janet Moore of Granite City; two sons, John Bull Jr. of Vicksburg, Miss., and Major Thomas Bull of Nashville, Tenn.; two brothers, James McMillan of Granite City and Harry McMillan of Lafe, Ark.; three sisters, Lois Evans of Granite City, June Lipscomb of Effingham, and Betty Lyons of Keysport; 15 grandchildren and 14 great-grandchildren.

She was preceded in death by her husband, John Bull Sr., whom she married Feb. 14, 1943, and who died Sept. 6, 1960; her parents, Harry Sr. and Georgia (Milstadt) McMillan; and two brothers, Kenneth and John McMillan.

A memorial service was held Thursday, Jan. 9, at St. John's Lutheran Church, Granite City, with the Rev. Bobby Samuel officiating. Burial was in St. John's Cemetery.

Memorials are suggested to St. John's Lutheran Church, Granite City.

Arrangements were handled by Werner Funeral Home, 3939 Lake Drive, Granite City.

Richard Kostoff

Richard "Dick" C. Kostoff, 65, of Granite City died at 8:55 p.m. Saturday, Jan. 11, 1997, at Elmwood Care Center in Maryville. He was born Dec. 27, 1931, in Granite City.

Mr. Kostoff was a self-employed real estate developer, a Naval Air Corp Reserves veteran, and member of Hope Lutheran Church.

Survivors include two sons, Richard A. Kostoff of Granite City and Chris Ryan Kostoff of Tampa, Fla.; two grandsons and one granddaughter.

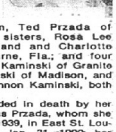
He was preceded in death by his parents, Christ and Elizabeth (Bauer) Kostoff; and one brother, Harold Alan Kostoff.

Services were held Tuesday, Jan. 14, at Irwin Chapel, 3960 Maryville Road, Granite City, with the Rev. David Fielding officiating. Burial was in Sunset Hill Memorial Estates, Glen Carbon.

Memorials are suggested to the American Diabetes Association.

A. Przada

Antoinette M. (Kaminski) Przada, 81, of Granite City, formerly of East St. Louis, died at 4:55 p.m. Saturday, Jan. 11, 1997, at Colonnades Nursing Home in Granite City. She was born Aug. 29, 1915, in East St. Louis.



Mrs. Przada was a self-employed beautician at Tony's Beauty Shop in Granite City for 15 years, retiring in 1970. She was a member of St. Elizabeth Catholic Church and the Polish National Alliance.

Survivors include one son, Ted Przada of Springfield; two sisters, Rosa Lee English of Highland and Charlotte Gotsa of Melbourne, Fla.; and four brothers, Thomas Kaminski of Granite City, David Kaminski of Madison, and Benedict and Glennon Kaminski, both of Highland.

She was preceded in death by her husband, Thaddeus Przada, whom she married June 17, 1939, in East St. Louis and who died Jan. 31, 1990; her parents, Walter and Elizabeth (Perotka) Kaminski; three brothers, Daniel, Walter, and John Kaminski; and one sister, Elizabeth Amey.

Services were held Tuesday, Jan. 14, at St. Elizabeth Catholic Church, 2300 Pontoon Road, Granite City, with the Rev. Tom Liebler officiating. Burial was in Jefferson Barracks National Cemetery, St. Louis.

Memorials are suggested to the National Arthritis Foundation.

Arrangements were handled by Thomas Mortuary, 2205 Pontoon Road, Granite City.

Horoscope

Wednesday, Jan. 15

Egos are unmistakable today and may be a little difficult to reign in.

ARIES (March 21-April 19). Break news slowly to one who will have difficulty processing the information.

TAURUS (April 20-May 20). Long-distance calls give you peace of mind. Be more demonstrative with your feelings, especially with a lover.

GEMINI (May 21-June 21). Money for a child's education comes from a distant relative.

CANCER (June 22-July 22). Projects may need more research to become truly effective.

LEO (July 23-Aug. 22). Wonderful excuses are still excuses. Try to encourage yourself to expend energy doing things instead of justifying them.

VIRGO (Aug. 23-Sept. 22). You are brilliant when you least expect it.

LIBRA (Sept. 23-Oct. 23). Best bets turn out to be quite lucrative. Try not to agonize over every little word you said to your lover.

SCORPIO (Oct. 24-Nov. 21). You are the life of the office, and others depend on you to keep spirits high.

SAGITTARIUS (Nov. 22-Dec. 21). Proceed with caution where big money is at stake.

CAPRICORN (Dec. 22-Jan. 19). You can anticipate the actions of a boss or lover, therefore reducing the negative effects.

AQUARIUS (Jan. 20-Feb. 18). Partnerships are extremely fortunate now when money comes from loose associations.

PISCES (Feb. 19-March 20). Leadership is more important to you now that you know you can handle the responsibility.

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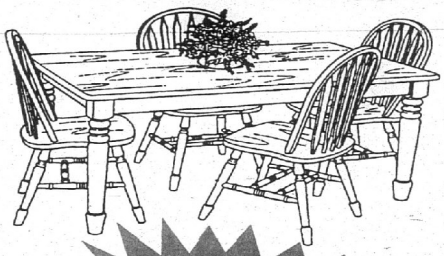

WINNERS OF OUR GIANT CHRISTMAS STOCKINGS WERE:
1st Place: **Brenda Darden** Madison
2nd Place: **Barbara Messmore** Madison
3rd Place: **Amy Fischer** Granite City
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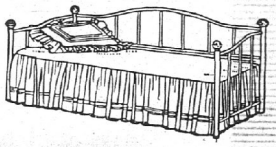
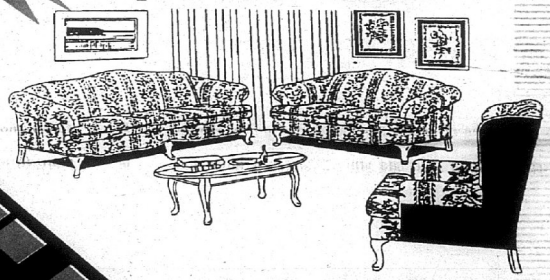


QUEEN ANN



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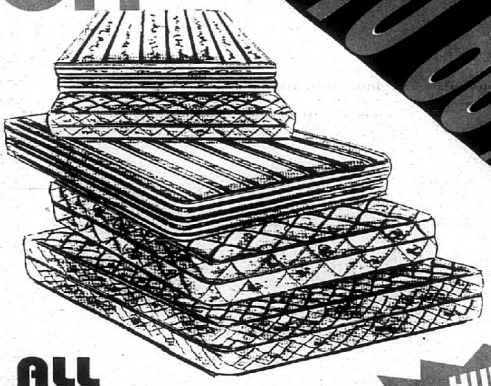

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Today's Food

Wednesday, January 15, 1997

Food & Nutrition

Wise Ways

Indulge in rich beverage comforting down to the bones.
INSIDE

Heart-y Bites

Home-grown chili sidesteps sodium and fat in flirty tango with comfort on a cold day.
INSIDE

Blue Ribbon Cook

Mexican flavors win over three generations.
INSIDE

Private Label Test Run

Tasters look at the looks, flavor and feel of Shop 'n Save non-dairy creamer.
INSIDE

Micro Raves

Rice gets international adulation as it pleases the palate of peoples around the world.
INSIDE

Lively Taste

Sometimes Thai, Indonesian and other ethnic recipes call for coconut milk. A single cup of canned coconut milk, the liquid expressed from grated coconut and water, contains as much fat -- a whopping 48 grams, mostly saturated -- as six cups whole cow milk. For more than one or two tablespoons coconut milk, try to gain a similar illusion by flavoring regular or evaporated skim milk with a few drops coconut extract.

Health & Fitness

Medicine Chest

Aspirin has been shown to be beneficial in preventing heart attacks and may help prevent colon cancer. Recently elderly people in a three-year study who took aspirin for other chronic conditions showed less decline in mental functions, too. Because taking aspirin is not without risk, a physician should be consulted before starting to take it as a preventative.

Fresh Picks

Citrus is easy to bag this time of year. The valencia orange gives orange juice full flavor. Blood oranges -- with dark scarlet pulp and a familiarly sweet flavor -- are common in the Mediterranean, but new to American markets. Navel oranges are easy to peel. They get their name from a small secondary fruit embedded in the primary fruit, giving the appearance of a belly button.

Big Fat Tip

It is possible to eat fast food without sacrificing good health. Skip combinations that provide a mass of fat in french fries and sauce-drenched sandwiches. Their pocketbook economy offers no value in good health. Instead, check out moderate-sized sandwiches with broiled meat, ask for sauce on the side and opt for low- or no-fat salad dressing. Stack a filling meal. Start with a fajita, add a vegetable or side salad, finish with a fat-free muffin or cup of low-fat ice cream. If certain eateries are routine, ask for a copy of their nutrition data periodically, as they add, subtract or change the menu.

Future Shop

Most people who work full time prefer to shop on Saturday, rather than late at night. Shopping consultants say people who grab-and-go often spend more time, as well as money, than they realize at a supermarket. Shopping savvy helps in the produce aisle. It pays to buy the level of ripeness which results in desired usage and little waste through spoilage. If there is doubt, ask the produce manager for tips on how to check fruits and vegetables for signs of ripeness or freshness.

LITE DAWNS

By Janice Denham
Staff writer

Wake up! If the "lite" in food is not shining, it probably should.

No matter what color hair or how many chins someone wears, given a choice, that person probably will not go hungry. For years the health community has worked to point out how foods affect life and the prospects for good health.

Dr. Anne C. Goldberg, director of the Lipid Research Clinic at Washington University School of Medicine in St. Louis, says exercise and healthy eating can have positive effects on cholesterol which, when it is high — particularly the LDL (bad) cholesterol — can be a major risk factor for heart disease.

While not everyone has high blood cholesterol, the effects of exercise and healthier eating may avoid a medical crisis resulting from unhealthy practices.

"We are seeking a strategy to deal with high cholesterol and heart disease," Goldberg says.

Linda Levy and Francine Grabowski teamed up to write a book called "Low-Fat Living for Real People" (Lake Isle Press, $12.95).

Levy, who writes humorous features, took up the better-eating crusade when her husband required angioplasty 10 years ago.

"I want to hold people's hands through a change in cooking and eating so they feel they can do this. I felt I was inventing the wheel then, because my husband loves good food, there weren't all the helpful products around and I didn't find anything but awful recipes," she says.

As a registered dietitian, Grabowski became the scientific authority.

"Eating and eating well really is part of having a real life," she affirms.

None of them sees situations as being insurmountable. That includes favorite desserts, eating out, facing botha television and refrigerator alone at

SEE LITE DAWNS, INSIDE *TODAY'S FOOD* **PAGE 2**

Unlikely Chicken

4 small (4 oz. each) halves chicken breast, boneless and skinless
1/3 cup nonfat plain yogurt
1/3 cup apricot or raspberry all-fruit preserves
1 tablespoon Dijon mustard

Preheat oven to 350°.

Rinse chicken in cold water; pat dry with paper towel. Place in small, shallow baking dish in single layer.

Combine yogurt, preserves and mustard. Spread over chicken. Bake, uncovered, 45 minutes.

Makes 4 servings; 219 calories, 3 g fat, 21 g carbohydrate, 27 g protein and 83 mg sodium each.

Kids' Cuisine

Super Spread Sandwich Stars

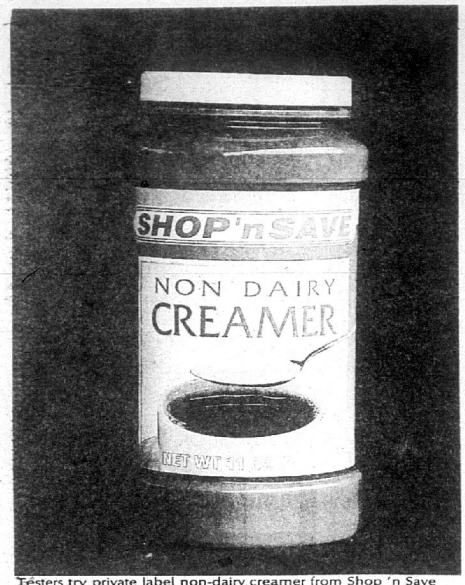
Super Spread: In food processor, chop 1 red or golden delicious apple, peeled, cored and coarsely chopped, 1 cup roasted peanuts, 1/3 cup honey, 1 tablespoon lemon juice and 1 teaspoon cinnamon until ingredients begin to blend. Scrape down ingredients. Process 1 to 2 minutes until mixture is smooth and spreadable.

Sandwich Star: Using butter knife, spread 1 tablespoon Super Spread on each of 2 slices sandwich bread. Stack together spread-side up. Top with third piece.

Place star-shaped cookie cutter on top of sandwich. Press down firmly and evenly. Leaving cookie cutter in place, remove excess trimmings with fingers or butter knife.

Remove cookie cutter. Serve trimmings later to humans or birds.

Today's Food



Testers try private label non-dairy creamer from Shop 'n Save in their morning brew.

Private Label Test Run

Thrifty creamer softens edge of high-octane coffee

For coffee lovers who like to drink it on the creamy side, but cannot negotiate a way to get or keep fresh milk or cream nearby, powdered creamer is often the answer.

Shop 'n Save offers a non-dairy creamer in an 11-ounce plastic jar that costs 99 cents. Testers who tried the creamer did not offer diluted comments. All lined up on the affirmative.

"The creamer dissolved easily and added a smooth flavor to the coffee," a coffee-loving taster said. While she does not regularly use creamer, she finds it an interesting addition now and then for diversity.

"Price definitely would make it more appealing because, since nearly all creamers are created equal to me, price is a big factor in my purchase," she added.

For another heavy coffee user who likes it light in color and flavor, it yielded as much satisfaction.

"I thought the coffee creamer had a rich, high-quality taste. And it dissolved quickly in my coffee. That's the criteria I look for in any creamer, no matter what the cost. This one met the test — and at a savings," he said.

Another regular coffee drinker called the creamer "very good."

"I find no difference between it and the name brands," he said.

A tester who loves black coffee sampled it as an after-dinner drink with chocolate flavoring.

"I always have a small jar of creamer on hand, but I'd never thought to use it with a flavoring before. It dissolved well in the super-hot liquid and gave the flavoring a creamy richness. The coffee was a little strong, so it took just a few seconds extra for the creaminess to cover it, but it lasted as long as the drink did," she said.

"I'd use it again for this."

Its nutritional outline is similar to other brands: One teaspoon powdered creamer has 0.5 grams fat and 10 calories.

Micro Raves

By BARB GRAY

Worldwide consensus: Rice is basically nice

Rice is a giving food. It flourishes where wheat hesitates to grow and yields much more per acre than wheat or corn. It is the chief food source for half the world.

Most cultivated rice, known as aquatic rice, is grown in marshy or flooded lands, terrain found throughout much of the southern Orient and southeastern United States. The southern part of Missouri puts the state fifth in production.

The Indians and Chinese probably are born knowing how to cook rice perfectly.

In this country, the fluffy white grains of cooked long-grain rice from Texas and Louisiana is appreciated most, but short-grain rice from California is fine for puddings and soups.

Around the world styles vary. There is Spanish-type rice with a short plump grain, Patna rice from India with a long narrow grain, as well as Japanese, Chinese and Italian rice, literally hundreds of rices. That does not count wild rice, called "rice," but really the seed of a tall wild aquatic grass American Indians harvested for hundreds of years in the Northwest.

Preparation differs. Parboiled rice is uncooked but treated to preserve the food values lost in polishing, while precooked rice is prepared quickly. Most white rice today is milled lightly to retain its natural qualities. In brown rice, only husks are removed.

While most rices can be cooked the same way, some require longer time than others. While rice takes the same amount of time to cook in a microwave oven as on top of a range, it saves energy and cleanup time.

Combine 1 cup rice (regular-milled long, medium or short grain), 2 cups water, 1 teaspoon salt and tablespoon butter or margarine in a deep, 3-quart microwave-safe baking dish. Cook, covered, 5 minutes on high power, then 15 minutes on medium (50 percent) power. Fluff with a fork after cooking.

Properly covered, cooked rice keeps in a refrigerator up to 7 days. To reheat it in a microwave oven, cover and cook it on high power 1 minute for each cup. Frozen rice should be cooked on high power 2 minutes for each 1 cup. Fluff with a fork before serving.

These flavorful recipes are from "Microwaving America's Favorites" from the Microwave Cooking Library.

Certified family and consumer scientist Barb Gray specializes in microwave cooking.

QUICK SWEET-AND-SOUR CHICKEN

1 can (15¼ oz.) pineapple chunks in juice
2 tbsp. cornstarch
½ cup dark corn syrup
¼ cup vinegar
2 tbsp. soy sauce
2 tbsp. ketchup
1 clove garlic, minced
2 boneless, skinless chicken breasts, cut in 1 inch pieces
½ medium green bell pepper, cut in ½ inch pieces
2 green onions, sliced ¼ inch thick
Cooked rice

Drain pineapple juice into 2-quart casserole. Blend with cornstarch. Stir in corn syrup, vinegar, soy sauce, ketchup and garlic. Stir in chicken.

Microwave, covered, on high power 9 to 13 minutes, stirring twice, until sauce is thickened and translucent and chicken is no longer pink.

Mix in pineapple, green pepper and onion. Microwave on high power, stirring once, 2 to 4 minutes until heated through.

Serve over hot cooked rice.

Makes 4 to 6 servings.

OLD-FASHIONED RICE PUDDING

1 can (12 oz.) evaporated milk
¼ cup milk
1 tbsp. butter or margarine
⅓ cup sugar
⅓ cup raisins
2 eggs, beaten
¼ tsp. salt
1 tsp. vanilla
4 cups cooked rice
Ground nutmeg

In 4-cup bowl or cup, combine evaporated milk, milk and butter. Microwave on high power 2½ minutes.

In 2-quart casserole, combine sugar, raisins, eggs, salt and vanilla. Mix well.

Slowly stir and blend hot milk mixture into egg mixture. Stir in rice. Microwave on high power 3 minutes. Stir. Reduce power to medium (50 percent). Microwave 8 to 15 minutes until mixture thickens, stirring 2 or 3 times.

Sprinkle with nutmeg. Serve warm.

Makes 6 to 8 servings.

Casserole is flexible

Jane Knowles, Trenton, Ill., is the winner of this week's recipe contest for Mama's Tortilla Casserole. Her prize is dinner certificates at the Pasta House Co.

This was an expandable treat in the home of her mother, who had nine children. The aroma during its preparation makes her look forward to its fine flavor. Ranch-style beans enhance the flavor of the corn in the tortillas.

Recipes in the Dried Bean Recipe Contest should be postmarked by Jan. 31 for consideration as winner each Wednesday in February, one of four possible prize dates.

Send in a recipe — one per household — for any kind of dish, from appetizer to main dish or dessert, that uses dried beans to: Dried Bean Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

MAMA'S TORTILLA CASSEROLE

2 lb. ground beef
1 medium chopped onion or onion salt to taste
2 cans (10¾ oz. each) cream of mushroom or cream of chicken soup (see Note)
2 cans (10 oz. each) mild or hot enchilada sauce
2 cans (15 oz. each) ranch-style beans
2 pkg. corn tortillas
Grated mild cheddar cheese

Brown meat and onion. Add soups, enchilada sauce and beans. Heat mixture until it comes to boil.

Tear tortillas in several pieces. Add to mixture. Over low heat, cook 25 minutes, stirring occasionally to keep from sticking.

Preheat oven to 350°.

Pour meat and tortilla mixture into large shallow baking dish. Cover with cheese. Bake in preheated oven until cheese just melts.

Heart-y Bites

By PAUL OTT

Chilling day brings out best chili on winter night

When the sun goes down on a slow Sunday afternoon, nothing is better than a steaming bowl of chili to warm the end of a day. Chili from a can or a restaurant, although convenient, is usually high in sodium and fat, but it is easy to make at home in a healthy way.

The biggest contributor to fat in chili is ground meat. Ground turkey can be substituted easily for higher-fat ground beef with no significant change in taste. The best choice for ground turkey is ground turkey breast from the meat department in a supermarket. This is not always kept on hand, but it is easy to request.

Registered dietitian Paul Ott is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

TURKEY CHILI

1 cup dried kidney beans
2 cups water
1 lb. ground turkey breast
1 large onion, chopped
2 carrots, shredded
1 tbsp. chili powder
2 cloves garlic, crushed
1 tsp. ground cumin
1 tsp. crushed oregano
½ tsp. pepper sauce
1 can (16 oz.) reduced-sodium tomatoes, broken in pieces

Heat water and beans to boiling. Boil 2 minutes. Remove from heat. Let stand, covered, 1 hour.

Add enough water to cover beans. Heat to boil. Reduce heat to gentle simmer. Simmer, covered, 1 to 1½ hours until tender.

Place onion and carrot in microwave-safe container with 1 to 2 teaspoons water.

Microwave, covered, in 1-minute increments, stirring occasionally, until onion is translucent and soft.

In 3-quart saucepan, brown ground turkey. Drain.

Add onion, carrot, chili powder, garlic, cumin, oregano, pepper sauce and undrained tomato. Heat to boiling.

Reduce heat. Simmer, covered, 1 hour, stirring occasionally.

Stir in beans. Heat to boiling. Reduce heat. Simmer, uncovered and stirring occasionally, about 20 minutes until desired consistency.

Makes 5 servings; 245 calories, 24 g protein, 21 g carbohydrate and 7 g fat each.

LITE DAWNS

Continued from page 1C.

midnight and unusual routines.

Grabowski adds, "The ones who really have problems are truck drivers and night shift workers who work next to a doughnut shop."

How do they solve these challenges?

When truck drivers stop to eat, they select lots of fruits, they ask for salad dressing on the side and pick the "vegetable of the day" served without cheese, cream or butter. Night workers speak up and ask the doughnut vendor to add bagels and low-fat toppings to the menu.

The authors look for ways to keep food's flavor and moistness. Yogurt and wine are two of them.

Nonfat plain yogurt can be used for flavor (See Unlikely Chicken recipe) or as a marinade. One of their recipes in the book, has 4 skinless, boneless chicken breasts in an overnight marinade of ½ cup yogurt, 1 clove garlic (finely chopped), 1 teaspoon dried mint and freshly ground pepper before broiling 7 minutes on each side.

Cooking with wine adds fat-free flavor, with most of the alcohol burned off in cooking.

They come up with many more options for cutting fat and eating in fine taste:

• Cook food, particularly fish, wrapped in aluminum foil to seal in flavor.

• Refrigerate chicken broth to congeal the fat on top. "Throw it down your sink and let it clog your sink instead of your heart," Levy says.

• Check out new fat-free products, like cream cheese and baked tortilla chips. Look for ready-made dips low in or without fat.

• Concoct a modern blue-plate special. Switch the three sections so meat has a smaller compartment.

• While not a no-no, meat should not always be a meal's focus. Think of a serving of meat as being about the size of a deck of cards or a TV remote control. Make burgers with ground skinless turkey breast. Beef sirloin and pork tenderloin are cuts to feature. Remove the skin from poultry.

• The place for a cook to feel heavenly is in the fresh produce section.

Grabowski says, "Nothing is out of season. The foods are so good for you they don't even have labels. They can be bought sliced, diced, prewashed. Almost everything is naturally low in fat and come with heart-protective qualities."

• Read, read, read — labels, that is. The dietitian calls the label system a "major breakthrough," allowing consistent information to be digested and compared. She recommends reading "serving size" first.

"If your serving size is different from the label, and most people's are, you need to consider this when deciding how much of that food you should eat."

• Beware of mindless events, cautions Levy.

"You are heme alone, the dog is asleep and you find your hand with an empty bag of whatever chip or cracker that was hanging around the kitchen moments ago."

She uses the example of cheese crackers where a single serving of five crackers has 4 grams fat. The "problem" is a sleeve of them, which fits in a single hand, has 35 crackers, which she calls "a lot of fat."

Her advice is to be sensible. Make a decision about how many should be eaten, put them in a bowl and move into another room without the bag or box.

• Grabowski says a little planning provides filling snacks. She likes to put together two- and three-part snacks, such as a glass of skim milk with a banana, or a piece of fruit with pretzels. Baby carrots and apples in a refrigerator makes snacks accessible.

• Fat-free foods are helpful, but serving sizes in everything from cookies to cheese should be considered. Buy items in individual portions, like puddings or frozen dessert on a stick, when possible. Use a moderate or small sized scoop to serve frozen yogurt.

• Know the territory. If food from a convenience store is routine, scout one with options like bottled water, pretzels, yogurt, fruit and bagels.

• Make food look good. When it pleases the eye, it pleases the palate.

• Eat lightly before going out for a big meal. Listen to feelings of fullness. Save the best for last so the last feel in the mouth is the yummiest.

• If dessert cannot be avoided, order one dessert and six forks, one for each person at the table.

"If you are eating low-fat 90 percent of the time, you are entitled to an indulgence every once in awhile," Goldberg says.

There are many sources of information concerning eating changes. They suggest a local chapter of the American Heart Association, dietitians, doctors and much discussion in newspapers and magazines.

Goldberg says a concerted effort to get cholesterol in line should yield results in three to four weeks.

The Lipid Research Clinic tracks patients over the years to see the effect eating and medicine have on cholesterol. Results are among those used nationwide for reference.

While she is a firm believer in benefits from those changes, Goldberg also tracks results of adding medication to the regimen of treatment.

"Since 1994 major studies have been published that show cholesterol-lowering drugs reduce the risk of having first heart attacks and also reduce heart attacks in those who have had them. They show mortality reductions, too, plus fewer angioplasties," she says.

Today's Food

Recipe

BEAN, HAM AND PASTA SOUP

1 cup dried pinto beans, rinsed, picked over
2 tbsp. olive oil
½ lb. smoked ham, chopped
1 medium onion, finely chopped
1 rib celery, finely chopped
2 cloves garlic, minced
2⅔ cups condensed chicken broth
3 cups water
¼ cup tomato paste
½ cup uncooked spaghetti, broken in 1 inch pieces, or bow-tie or shell pasta
¼ tsp. salt
¼ tsp. pepper

In large bowl, combine beans and water to cover beans by 2 inches. Let stand overnight. Drain well.

In large skillet, heat oil over medium-high heat. Add ham, onion and celery. Cook, stirring often, about 6 minutes until lightly browned.

Add garlic. Cook, stirring often, 1 minute.

Add chicken broth, stirring to scrape up browned bits on bottom of skillet.

Transfer mixture to 3½-quart slow-cooker. Add drained beans, water and tomato paste. Cover. Cook 7 to 8 hours on low power or 4 to 5 hours on high power until beans are tender.

Stir in pasta, salt and pepper. Turn heat to high. Cook 30 to 60 minutes until pasta is tender.

Using large spoon, crush enough beans against side of cooker to reach consistency desired.

Serve immediately.

Makes 6 to 8 servings.

Today's Food

Wise Ways

By CYNTHIA FAUSER

Latte lavishes calcium in light, yet rich, drink

Cappuccino, latte and cafe au lait feel indulgent. How wonderful such luxury also can be good for us!

A simple tip from coffee houses can boost calcium intake: Instead of coffee with cream, try a latte "skinny."

Simply simultaneously pour equal amounts strong-brewed coffee and hot skim milk into bowl-size cups. Those who like instant coffee can microwave equal parts water and skim milk, then stir in a teaspoon of coffee crystals. If the milk is frothed by an espresso steamer or a blender, it is a cappuccino. Sprinkle with a few shakes of cinnamon or sweet cocoa and enjoy the pampering.

As a regular substitute for plain ol' coffee, latte and cappuccino made with skim milk can pay calcium dividends by sneaking an extra serving or two of milk per day on those who cannot do without their coffee "fix." Three servings a day from the milk group are recommended for women. Although any kind of milk can be used, skim milk provides all the calcium of whole milk at only 80 calories per cup.

These tips and other great ways to enjoy skim milk, including today's recipe, are available in a free booklet from the St. Louis District Dairy Council. To order one, send a self-addressed, business-size envelope with 55 cents postage to: "Trim With Skim" c/o St. Louis District Dairy Council, 8710 Manchester Road, St. Louis, Mo. 63144.

Registered dietitian Cynthia Fauser is nutrition specialist with University Extension (University of Missouri system) in St. Louis County.

AT-HOME CAPPUCCINO

2 cups skim or 1 percent milk
1 tbsp. sugar
2 cups freshly-brewed strong coffee
Cinnamon or grated chocolate, if desired

Place milk in 2-cup glass measuring cup. Microwave on high power about 2 minutes 20 seconds until hot.

Place hot milk and sugar in blender container. Cover with vented lid. Blend about 1 minute until frothy.

To serve, divide coffee among 4 cups. Top each with frothy milk. Sprinkle with cinnamon.

TANGERINE GEL

1 tbsp. gelatin
½ cup cold water
½ cup boiling water
Sugar substitute equivalent to 1 tablespoon sugar
1 cup fresh orange juice
1 tsp. fresh lemon juice
2 medium tangerines

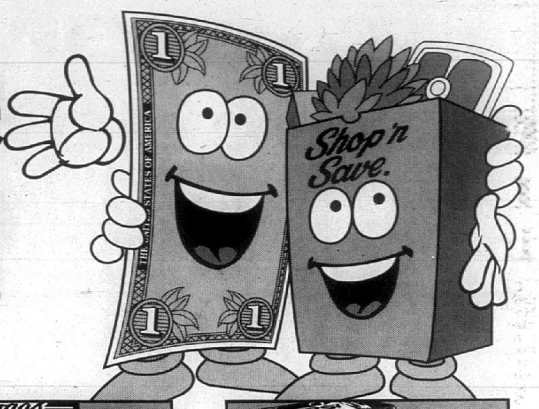
Soak gelatin in cold water. Add boiling water and sweetener. Stir until gelatin is dissolved.

Add orange and lemon juice. Mix well. Refrigerate, covered, until consistency of unbeaten egg white.

Peel and segment tangerines, removing white membrane. Cut segments in 2 or 3 pieces and measure 1 cup.

When gel is partially set, gently fold in fruit. Turn into serving bowl or five (½-cup) dessert dishes. Refrigerate, covered, 2 to 3 hours until gelatin is set.

Get More For Less!



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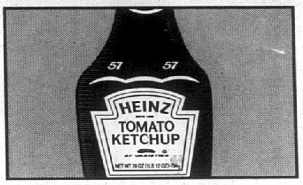

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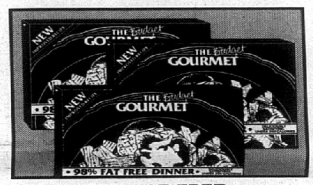

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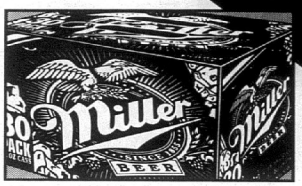

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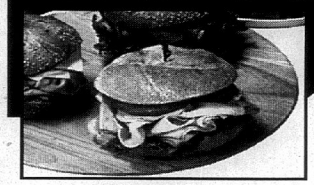

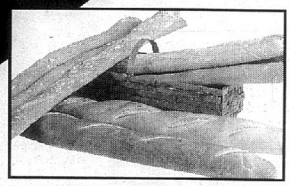

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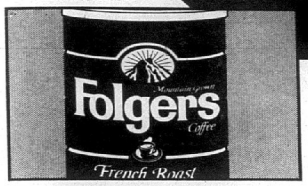

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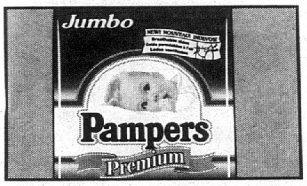

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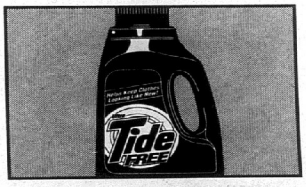

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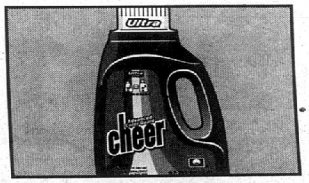

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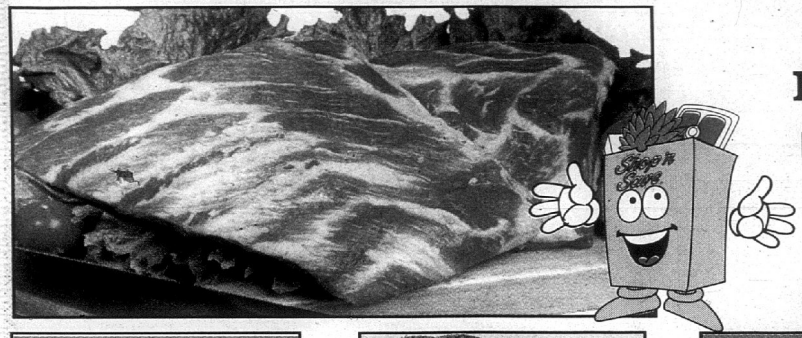

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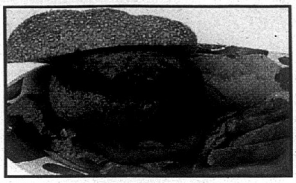

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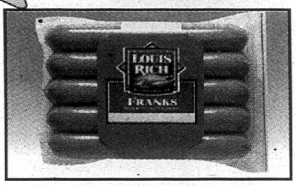

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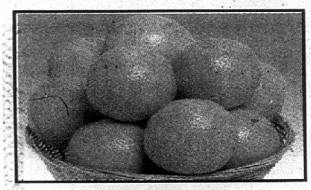

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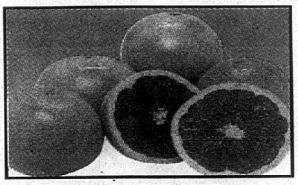

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- WE RESERVE THE RIGHT TO LIMIT • NO SALES TO DEALERS • FOR LOCATIONS CALL (314) 984-0900

DISCOVER NOVUS · MasterCard · VISA · BankMate

01154A

WE TAKE PLASTIC!

Classified

CALL 877-7700 or 876-2000

LOCAL OFFICE HOURS:
8:00 a.m. - 5:00 p.m.
Monday - Friday
Closed
Saturday & Sunday

Hours: Monday-Friday 8 am-5:00 pm • Closed Saturday & Sunday

1-800-766-FAST (3278)

For Commercial Rates Call 877-7700. Help Wanted 876-2000.

TRANSPORTATION 1 | EMPLOYMENT 210 | NOTICES 400 | SERVICES 700 | MERCHANDISE 1700 | REAL ESTATE 2100 | RENTALS 2600

HOW TO . . .

PLACE AN AD

There are four easy ways to place your ad.

BRING IT: 1815 Delmar Ave., Granite City, IL 62040.

PHONE IT: Call 877-7700 or dial 876-2000. Phone lines are open from 8 a.m.-5:00 p.m. Monday through Friday.

FAX IT: Send your ads directly to our Classified Fax Center at 618-876-4240. We'll call you back for confirmation.

MAIL IT: Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.

PAY FOR AN AD

You will be billed immediately following last run day. You may pay in person, through the mail, or over the phone or fax. We accept cash, checks and credit cards (MC/Visa/Discover). When paying over the phone, please have your credit card ready. When placing your ad, just include your credit card number. We'll call you back for confirmation. Please do not send cash through the mail. Some ads require prepayment.

WRITE AN AD

Capture the reader's attention with larger headlines, bold type, and symbols. Tell them up front what you're selling or seeking. Describe what is unique about your item- adding details such as color and condition. Avoid abreviations; they make your ad harder to read and therefore less effective. Include your phone number and the hours you are available. Always include the price; it will increase your responses.

CANCEL AN AD

Deadlines for ad cancellation are identical to deadlines for ad placement. You may cancel an ad in person or over the phone. To cancel an ad, phone 877-7700

CLASSIFIED INDEX

AD DEADLINES

Publication	Publication Day	Deadline
St. Louis City/County	Wednesday Sunday	Monday, 6 p.m. Friday, 6 p.m.
North Side Journal	Thursday	Tuesday, Noon
Jefferson Co.	Wednesday Sunday	Monday, 6 p.m. Friday, 6 p.m.
News Democrat	Friday	Wednesday, 5 p.m.
Tri-County	Wednesday	Monday, 3 p.m.
St. Charles Co.	Wednesday Friday	Monday, 6 p.m. Wednesday, 5 p.m.
	Sunday	Friday, 4 p.m.
Warrenton News	Wednesday	Monday, Noon
Illinois Combination	Wednesday	Monday, 1 p.m.

Call for Individual Paper Deadlines

PUBLICATION POLICY

To ensure the best response to your ad, please take time to be sure your ad is correct the first time it appears. If you see an error, please call us immediately to have it changed. However, the publishers are responsible for one incorrect day only, and liability shall not exceed the portion of the space occupied by the errors and is limited to the actual cost of the first insertion. Cancellations: To cancel an ad call 877-7700. Ask for your cancellation number. This number will serve as your record of cancellation. You must call before deadline to cancel an ad. The publishers reserve the right to edit or reject any advertising copy submitted for publication. Only standard abbreviations are accepted, and we reserve the right to classify and index any advertising based on the policies of these newspapers. The publishers shall not be liable for any advertisement omitted for any reason. Ad position other than within the Classified section(s) is not guaranteed. All ads are subject to credit approval. Rates are based on one consecutive insertion. For information about lower contract rates, please contact an advertising sales representative.

NOTICE TO READERS: Before responding to any advertisement requesting that money be sent or invested, you may wish to investigate the company and offering. The publishers cannot assume any responsibility for the validity of the offerings advertised within the Classified pages.

Dave Sinclair Ford

FOUNDED 1966

31st Year

WE'VE GOT THE INVENTORY!
OVER 1000
CARS/TRUCKS/VANS!
WHY DRIVE ALL OVER TOWN?
COME STRAIGHT TO
DAVE SINCLAIR!

IT'S COLD OUTSIDE, BUT OUR DEALS ARE HOTTER THAN EVER!! WE WANT TO START OUR 31ST YEAR IN BUSINESS WITH A BANG!!

OVER 80 AVAILABLE

1.9% APR FINANCING OR $2,000 REBATE
FOR UP TO 48 MONTHS
ON ALL 96 WINDSTARS

THE SAFEST MINIVAN ON THE MARKET
5★★★★★ SAFETY RATING
WED., JAN. 15, THRU MON., JAN. 20

FULL SIZE CONVERSION VANS

OSAGE CONVERSION
POWER WINDOWS/ LOCKS
CRUISE CONTROL
AM/FM CASS. AND MORE

REAR HEAT & AIR

$18,995 AFTER ALL REBATES

NEW 97 EXPEDITIONS

OVER 100 HARD TO GET EXPEDITIONS AND EXPLORERS

NOW ON SALE

97 RANGER XLT $99/MO PLUS TAX OR 97 ESCORT $99/MO PLUS TAX

LOADED XLT
PS, PB, A/C, AM/FM CASS. AND MORE
P.O.P. $10,151.98

24 MONTHS $1800 TRADE OR CASH PLUS TAX 12,000 MILE/YEAR LEASE

P.O.P. $7422.60

WED., JAN. 15 THRU MON., JAN. 20

97 TAURUS AT 96 PRICES $189/MO PLUS TAX OR 97 F-150 $189/MO PLUS TAX

FULLY LOADED
P.O.P. $12,741.18

24 MONTHS $1800 TRADE OR CASH PLUS TAX 12,000 MILE/YEAR LEASE

3RD DOOR LOADED
P.O.P. $13,999.99

WED., JAN. 15 THRU MON., JAN. 20

BRAND NEW 97 CONTOURS OR LOADED BRAND NEW THUNDERBIRDS

- AUTO
- SPORT PKG
- REAR DEFROST
- POWER LOCKS
- SPEED CONTROL
- AM/FM CASSETTE
- SE

$14,995 DELIVERED AFTER ALL REBATES

LIMITED TIME ONLY
$14,995 DELIVERED AFTER ALL REBATES

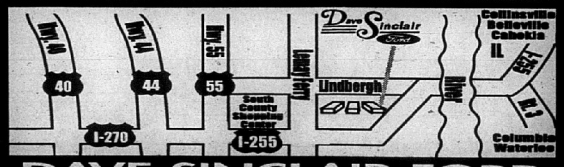
WHILE THEY LAST

THESE WILL NOT LAST LONG!

"COME AND FIND OUT WHY DAVE SINCLAIR CONTINUES TO SELL & SERVICE MORE FORD CARS, TRUCKS AND VANS YEAR AFTER YEAR INCLUDING 1996. AS USUAL WE WILL BET A FREE UNDERCOAT WE WILL BEAT ANY OTHER DEAL IN TOWN." - DAVE

"IF IT'S NOT RIGHT WE'LL MAKE IT RIGHT, FREE"

892-2600
1-888-SINCLAIR
(outside St. Louis)
1-800-BUY-FORD
Lindbergh at Lemay Ferry
"Your St. Louis Ford Dealer!"



DAVE SINCLAIR FORD

10 DODGE

AUFFENBERG ALLSTARS
96 Neon 4DR
Auto A/C
Full Value $13,45
Rock Bottom Price $9462
1424 N. BELT WEST
257-0144
SWANSEA, ILLINOIS

14 FORD

1985 CROWN VICTORIA, good shape, very reliable 114,000 miles $975.00. 931-7603.

'93 ESCORT, AUTO, AIR, Sharp!
★$100DN/$3,995★
We Finance Almost Anyone
Concours 7111 Manchester 645-2828

'92 ESCORT LX SEDAN
BlueBook $5600
$99DN or $3,495
"financing for almost everyone"
Vogue Motor Co. 4050 Gravois 776-2122

TEMPOS 5 To Choose From! Starting @:
$99DN or $2,995
"financing for almost everyone"
Vogue Motor Co. 4050 Gravois 776-2122

AUFFENBERG ALLSTARS
95 Escort LX
4 DR Auto A/C
Full Value $15,362
Rock Bottom Price: $8,672
1424 N. BELT WEST
257-0144
SWANSEA, ILLINOIS

Turn your unwanted items into cash try a Journal Classified

16 GEO

92 PRISM, 4Dr, AUTO, Steal at Only:
$99DN or $4,495
"financing for almost everyone"
Vogue Motor Co. 4050 Gravois 776-2122

18 JEEP

85 CHEROKEE, Auto, Low Miles!
★$3,995★
We Finance Almost Anyone
Concours 7212 Manchester 647-2900

'87 CHEROKEE 4X4
$99DN or $3,995
"financing for almost everyone"
Vogue Motor Co. 4050 Gravois 776-2122

22 MERCURY

80 COUGAR AUTOMATIC, V8, RUNS GOOD/LOOKS GOOD, $595. 931-0224.

28 PONTIAC

'89 Bonneville SE, LOADED!
$99DN or $4,995
"financing for almost everyone"
Vogue Motor Co. 4050 Gravois 776-2122

'77 TRANS AM, black, new 400, new transmission, needs paint. $3,000. 644-3380.

'85 TRANS AM T-TOP MECHANIC SPECIAL!!!
★$2,995★
"financing for almost everyone"
Vogue Motor Co. 4050 Gravois 776-2122

Auffenberg
ST. CLAIR AUTO MALL
93 Bonneville SE
Auto, A/C, Windows, Locks
187 Auto Court
O'Fallon, IL
624-CARS

40 HONDA

'90 ACCORD LX SEDAN, AUTO
★MUST SEE!★
"financing for almost everyone"
Vogue Motor Co. 4050 Gravois 776-2122

40 HONDA

AUFFENBERG ALLSTARS
ALL CARS
Clearly marked with Rock Bottom Prices
1424 N. BELT WEST
257-0144
SWANSEA, ILLINOIS

85 Accord, Auto, Air, Drives Excellent
★$100DN/$1,995★
We Finance Almost Anyone
Concours 7212 Manchester 647-2900

90 CIVIC CRX, Sunroof, SHARP!
★$5,995★
We Finance Almost Anyone
Concours 7212 Manchester 647-2900

'88 Honda CRX SI, 50xxx Miles
Like New-Must See!
We Finance Almost Anyone
Concours 7111 Manchester 645-2828

'88 HONDA CIVIC, 4-Door,
★$100DN/$2995★
We Finance Almost Anyone
RB. 1005 St Clair Rd 624-7801

'89 PRELUDE, Extremely Clean!
★$100DN/$5995★
We Finance Almost Anyone
Concours 7125 Manchester 647-2877

42 HYUNDAI

AUFFENBERG ALLSTARS
96 HYUNDAI ACCENT
4 DR Auto A/C
Rock Bottom Price $9463
1424 N. BELT WEST
257-0144
SWANSEA, ILLINOIS

50 MAZDA

Auffenberg
ST. CLAIR AUTO MALL
95 Mazda Miata
All the Toys
Super Price
187 Auto Court
O'Fallon, IL
624-CARS

Auffenberg
ST. CLAIR AUTO MALL
94 Mazda 626LX
Auto, A/C, Windows, Locks
187 Auto Court
O'Fallon, IL
624-CARS

50 MAZDA

Auffenberg
ST. CLAIR AUTO MALL
91 Mazda MX6 LX
5spd
Extra Clean
187 Auto Court
O'Fallon, IL
624-CARS

AUFFENBERG ALLSTARS
We Do Not Clean Up Bad Credit. We give Super Deals to People with Good Credit
1424 N. BELT WEST
257-0144
SWANSEA, ILLINOIS

54 MITSUBISHI

AUFFENBERG ALLSTARS
95 Mitsubishi Galant
ES 4 DR Auto A/C
Full Power
Total Value: $19,089 Rock Bottom Price $10,973
1424 N. BELT WEST
257-0144
SWANSEA, ILLINOIS

Auffenberg
ST. CLAIR AUTO MALL
93 Mitsubishi Galant, Auto, Loaded, Only 30,xxx miles
187 Auto Court
O'Fallon, IL
624-CARS

64 SAAB

'87 SAAB 9000, AUTO, Sunroof
★$3,995★
We Finance Almost Anyone
Concours 7111 Manchester 645-2828

OB Auto Sales
Good Clean Used Cars
15th and State St.
Granite City, IL
876-3494

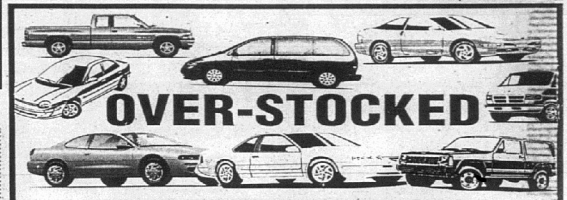
70 TOYOTA

Auffenberg
ST. CLAIR AUTO MALL
96 Toyota Camry LE
Auto, A/C,
2 in stock
187 Auto Court
O'Fallon, IL
624-CARS

70 TOYOTA

AUFFENBERG ALLSTARS
ALL VEHICLES are 95 & 96 Models w/ low miles
1424 N. BELT WEST
257-0144
SWANSEA, ILLINOIS

PAYLESS AUTO SALVAGE
WHERE PRICE IS RIGHT
Tires $10.00
Fenders $20.00
Radiators $25.00
Doors $25.00
Starters & All $10.00
WE PAY $85.00 FOR JUNK CARS
452-5252



OVER-STOCKED

WE HAVE SO MANY USED CARS, TRUCKS AND VANS IN STOCK... WE'RE RUNNING OUT OF PARKING SPACES.

HOW ABOUT YOUR DRIVEWAY?

50 TRUCKS & VANS • OVER 70 CARS IN STOCK

CHEVY • PONTIAC • GEO • CHRYSLER
DODGE • BUICK • MERCURY • FORD
OLDSMOBILE • IMPORTS

TOO MANY TO LIST THEM

Special of the Week
96 FORD CONTOUR GL
Auto, Air, AM/FM Stereo & More!
Only 9,000 Miles
Sale Price! $10,995

BAD CREDIT? Need A Car?
CALL JONI at 259-4900
EXTENSION #37
You Could Be Driving Today!

259-4900 ALBRECHT GEO HAMLIN CHEVROLET 259-4900
Wood River Rt. 111 259-4900

YOU DON'T HAVE TO DRIVE JUNK!
Mick Hoepfinger
843-4431 or FAX 843-5726
SUNSET FORD

"NEW PROGRAM"
FOR CREDIT PROBLEM CUSTOMERS
• LOW MONEY FACTORS
• SHORT TERM LOANS
• NEW OR USED VEHICLES

NAME_____
FIRST MIDDLE LAST
ADDRESS_____
APT.____ CITY, STATE, ZIP_____
WORK PHONE HOME PHONE
EMPLOYER_____
ADDRESS_____
PHONE_____ OCCUPATION_____
SALARY_____ SSN #_____
SIGNATURE_____

To certify that the above information is complete & accurate you authorize an investigation of your credit & employment history & the release of information about your credit experience.

SUNSET FORD
11700 GRAVOIS
ST. LOUIS, MO 63127
843-4431

DRIVE A LITTLE SAVE A LOT

1995 BUICK RIVIERA
Beige, Leather, Like New, 31,xxx Miles
1994 CADILLAC DEVILLE
White, 4 Dr., Leather, Loaded!
1994 FORD ESCORT LX
2 Dr., Blue, Wheels, Spoiler, Only 32,xxx Miles.
1994 FORD T-BIRD
Black, Sunroof, Full Power, Sharp!
1993 LINCOLN CONT. TOWN CAR
Gold, Dark VT, Leather, Only 48,xxx Miles.
1993 CADILLAC FLEETWOOD
Blue, Leather, Very Nice, Road Car.
1993 FORD AEROSTAR VAN
Burgundy, Great Traveler.
1993 BUICK REGAL
2 Dr., Light Jadestone, Nicely Equipped.
1992 BUICK LESABRE
Beige, Fully Equipped, Only 44,xxx Miles.
1992 BUICK CENTURY
4 Dr., Dark Jade, Wires, Full Power.
(2) 1991 BUICK SKYLARKS
One White, One Gray, Nicely Equipped.
1991 GMC SONOMA PICKUP
Burgundy, Tape, Tilt, Cruise, Cap.
1990 CADILLAC COUPE DEVILLE
Dark Blue, VT, Sharp, 61,xxx Miles.
1990 OLDS DELTA 88
Silver, Leather, Loaded, Very Clean!
1990 MAZDA RX6
White, 2 Dr., sunroof, Very Neat!

See These And Many More Quality Used Cars At
'ERWIN BUICK, INC.
608 S. Jefferson, Mascoutah, IL
Ph. 566-2171 Toll Free: 537-6634

BUY NOW! BIG SAVINGS!
REBATES - REBATES-REBATES
REBATES END JANUARY 31ST

BRAND NEW!
'97 Malibu's & Venture Vans
For Immediate Delivery!
Save hundreds on over 300 new & used vehicles!
We have it all . . . Price, Selection and Savings!

#7161 1997 1/2 TON PICKUP
SALE PRICE
$14,988*
5 Speed Transmission, with Overdrive, Rear Step Bumper.
Excludes Tax, Title & DOC Fee.

#7186 1997 LUMINA
$15,988*
Factory Air, AM/FM Stereo & Much More!
*Excludes Tax, Title & DOC Fee. Financing with approved credit thru G.M.A.C. up to 48 months.

1997 CAVALIER COUPE
$11,888*
Air Conditioning, Auto Transmission, and Much More
*Excludes Tax, Title & DOC Fee. Includes a $400 Rebate for qualified 1st time buyer. Financing with approved credit thru G.M.A.C. up to 48 months. #7119

1996 2 DR. TRACKER CONVERTIBLE
SALE PRICE
$11,588*
Factory Air, Folding Rear Seat.
Excludes Tax, Title & DOC Fee.
Includes Factory $1500 Rebate $400 Qualified 1st Time Buyer. # 4006

1997 S-10 PICKUP
$10,988*
Factory Air, 5 Speed/ Overdrive, Step Bumper
Excludes Tax, Title & DOC Fee.
Includes a Factory Rebate and $400 Rebate for qualified 1st Time Buyer #2019

Credit Problems
Bad Credit? Approved Bankruptcy! Divorce? 1st Time Buyers! Approved / Disapproved
Re-establish your credit with Weber's Finance Assistance Center.
WEBER Finance Assistance Center
Call:
(618) 451-7913
(314) 241-4720
Ask for Mary!
Drive home a new or used car TODAY!

1997 1/2 TON EXT. CAB
$23,888*
4 Wheel Dr., Silverado Equipment Package. Loaded!
Excludes Tax, Title & DOC Fee. #2061

WEBER
Granite City
Call: 451-7913
Rt. 3 & Pontoon Rd. - Granite City, IL

OVER STOCKED - OVER STOCKED- OVER 120 UNITS IN STOCK!
Sale Prices Exclude Taxes, License, Title & DOC Fees.

91 CAVALIER RS COUPE 4 CYL., AUTO, AIR & MORE- LOW MILES	92 METRO 4 DOOR AUTO, AIR & MORE	95 SATURN SLI EXTRA CLEAN	91 CHEV. SUBURBAN V8, LOADED EXTRA CLEAN	94 PLYMOUTH ACCLAIM V6 & MORE EXTRA CLEAN	95 CHEV TAHOE 4 DOOR, LOADED ONE LS - ONE LT	93 CAVALIER Z-24 COUPE EXTRA CLEAN	94 CAPRICE WGN V8, LOADED, 21,XXX MILES	95 PONTIAC SUNFIRE 4 DOOR,EXTRA CLEAN	94 BERETTA COUPE EXTRA CLEAN
91 GMC 1/2 TON SLE PICKUP, LOADED 350 V8	95 SUBURBAN V8, LOADED, EXTRA CLEAN	94 BUICK REGAL GRAND SPORT LOADED, EXTRA CLEAN	96 S-10 BLAZER 4 DOOR, LS, LOADED, 10,XXX MILES	95 SATURN SC2 COUPE LOADED, 12XXX MILES	95 CHEVY TIMELESS CONVERSION VANS LOADED 2 IN STOCK	95 GEO TRACKER ONE 4X2 ONE 4X4	92 MUSTANG LX CONV. LOADED,EXTRA CLEAN	94 LUMINA EURO 4 DR. LOADED, EXTRA CLEAN	94 CAVALIER COUPE EXTRA CLEAN
86 OLDS DELTA 88 V6, AUTO AIR, & MORE LOW MILES	93 MERC CAPRI CONVERTIBLE, EXTRA CLEAN	89 CADILLAC BROUGHAM V8, LOADED, LOW MILES	95 S10 BLAZER LT 4 DOOR, 4X4, LOADED, EXTRA CLEAN	95 ASTRO TIMELESS EXT.CONVERSION VAN	95 FORD MUSTANG LX LOADED EXTRRA CLEAN	95 LUMINA 4 DR., V6, AUTO, AIR & MORE, EXTRA CLEAN	93 ESCORT WAGON 2 IN STOCK	83 CHEV. 1/2 TON P.U. V8, AUTO & AIR 53,XXX MILES	95 OLDS CIERA SL 4 DOOR 2 IN STOCK

WEBER GRANITE CITY
Rt. 3 & Pontoon Road • Granite City, IL • 451-7913
CHEVROLET

USED CARS, TRUCKS AND VANS


91 BUICK CENTURY
V-6, 4-Dr.
Stk. #11554A
$5,995


92 PONTIAC GRAND AM
4 Dr.
Stk. #5218C B
$7,995


94 PLYMOUTH ACCLAIM
4 Dr.
Stk. #11507A
$8,995


92 TEMPO
4 Dr., Red
Stk. #6052B
$5,495


89 CAVALIER COUPE
Stk. #9484A.
$8,995


94 NISSAN
Auto., Air.
Stk. #9484A.
$8,995


92 CAVALIER COUPE
Stk. #9601B.
$5,995


93 LUMINA Z-26
Red Coupe
Stk. #9618A.
$8,995


93 GEO METRO CONVERTIBLE
Stk. #2032PA
$4,995


'93 MUSTANG CONVERTIBLE LX
Loaded, 37,xxx Miles, Automatic, Stk. #9265, Was $10,495
$7,995


'95 BRONCO EDDIE BAUER
Loaded, 351 V-8, 4X4, Stk #5214A. Was $19,995
$17,444


'95 CONTOUR GL
Automatic, 28,xxx Miles, Factory Warranty, Stk. #9481, Was $13,977
$10,926


'94 JEEP GRAND CHEROKEE LIMITED
Loaded 4X4, Auto, Stk. #5290CAA, Was $22,947
$19,940


'95 F-150 SUPERCAB
V-8, Automatic, Stk. # 60020A, Was $18,961
$15,890


'95 F-150 4X2 XLT
V8, Auto, Loaded, Stk. #9352, Was $13,997
$11,480


'95 WINDSTAR GL7 PASSENGER
Loaded, 30,xxx Miles, Factory Warranty, Stk. # 20278A, Was $18,642
$14,942

CHECK OUT FORD'S ALL NEW RED CARPET LEASE ON USED CARS

94 PROBE GT $129/MO PLUS TAX — L.E.V. $6,547

96 F150 $149/MO PLUS TAX — L.E.V. $10,910

95 CONTOUR $119/MO PLUS TAX — L.E.V. $6,560

95 ESCORT $99/MO PLUS TAX — L.E.V. $5,165

96 ASPIRE $79/MO PLUS TAX — L.E.V. $4,681

94 RANGER $139/MO PLUS TAX — L.E.V. $5,153

$1800 DOWN TRADE OR CASH 24 MONTHS PLUS TAX

ALL LEASES INCLUDE FORD EXTENDED WARRANTY ASSISTANCE $1800 DOWN TRADE OR CASH PLUS TAX FOR A LIMITED TIME!

"IF IT'S NOT RIGHT WE'LL MAKE IT RIGHT, FREE"

AFTER ALL REBATES AND INCENTIVES

#1 In Retail Sales From The Gulf Of Mexico To Canada

Thank you and here's my address:

892-2600

1-800-BUY-FORD

7466 So. Lindbergh

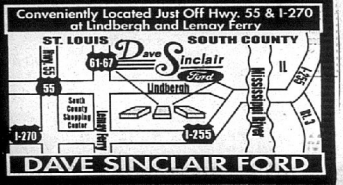
Lindbergh at Lemay Ferry

Dave Sinclair

"Your St. Louis Ford Dealer!"

Ford

Conveniently Located Just Off Hwy. 55 & I-270 at Lindbergh and Lemay Ferry



DAVE SINCLAIR FORD

USED CARS, TRUCKS AND VANS


95 OLDS CUTLASS CIERA
V-6, Auto., Loaded, 37,xxx Miles, Stk. #P1615.
$8,990


94 OLDS CUTLASS CIERA
V-6, Auto., Loaded.
Stk. #7541B.
$ 7,995


94 CHEVY CORSICA
Stk. #P1418.
$6,995


92 BUICK CENTURY 4-DR.
V-6, Auto.
Stk. #P1862.
$ 6,995


95 CHEV. CORSICA 4-DR.
Auto., Clean.
Stk. #1688.
$8,995


95 GEO METRO L
4 Cyl., Auto., Air Conditioning, Stk. #P1656.
$6,495


95 FORD ESCORT
22,500 Miles, Fact. Warr. Dk. Blue, Stk. #T7064A.
$8,995


95 MITSUBISHI MIRAGE
4 Dr., Auto., 37,xxx Miles.
Stk. #L7044B.
$8,595


93 MUSTANG LX
Auto., Loaded.
Stk. #P1586.
$5,890


94 CHEV. C1500 4X2
V-8, Auto., Loaded.
Stk. #P1517.
$11,944


94 CHEV. SUBURBAN
V-8, Loaded.
Stk. #P1771.
$20,995


96 CHEV. S-10 PICKUP
V-6, Auto., 14,xxx Miles, Fact. Warr. Stk. #P1774.
$12,450


96 FORD F150 4X4
V-8, Auto., Loaded, 17,xxx Mi. Fact. Warr. Stk. #P1641.
$18,997


96 PONTIAC GRAND AM
Auto., 4-Dr., Fact. Warr. 33,xxx Miles, Stk. #P1748.
$11,870


96 PONTIAC GRAND AM
V-6, Auto., 32,xxx Miles, Fact. Warr. Stk. #P1766.
$11,870


96 DODGE NEON 4-DR.
Auto., 21,xxx Miles, Fact. Warr. Stk. #P1582.
$9,995


96 PONT. GRAND AM 4-DR.
V-6, Auto., 31,xxx Miles, Fact. Warr. Stk. #P1768.
$11,870


96 BUICK LESABRE
V-6, Auto., Loaded, 27,xxx Mi. Fact. Warr. Stk. #P1710.
$ 16,240


93 CHEV. CAPRICE CLASSIC
V-8, Loaded.
Stk. #M6269A.
$11,570


96 BUICK LESABRE
V-6, Auto., Loaded, 29,xxx Mi. Fact. Warr. Stk. #P1711.
$ 16,240


95 PONTIAC GRAND PRIX
V-6, Auto., Loaded.
Fact. Warr. Stk. #P1697.
$11,995


97 BUICK LESABRE LIMITED
3.8, V-6, Auto., Loaded, Leather, Fact. Warr., 12,xxx Mi. Stk. #1533.
$21,460


93 BUICK LESABRE
Stk. #P1384.
97,xxx Miles.
$12,495


96 PONT. GRAND AM 4-DR.
V-6, Auto., Loaded, 9,xxx Mi. Fact. Warr. Stk. #1727.
$12,240

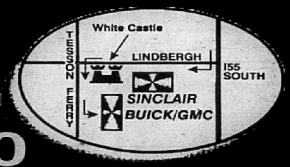
"IF IT'S NOT RIGHT WE'LL MAKE IT RIGHT, FREE"

BUICK

GMC TRUCK

Sinclair BUICK GMC

5655 South Lindbergh 842-4200



70 TOYOTA

90 COROLLA, Auto, Air, Was $6000
★$100DN/$3995★
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'87 MBS. SUPER SHARP!
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'88 Toyota Van LE, LIKE NEW!
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'89 740 GLE, BlueBook $8175
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96 F150 X Cab
XLT V8
Auto 79,xxx miles

187 Auto Court
O'Fallon, IL
624-CARS

AUFFENBERG ALLSTARS

96 Contour
4 Dr Auto A/C Full
Value: $ 17,305, Rock
Bottom Price: $11,563

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84 CHEVROLET TRUCKS

1979 CHEVY TRUCK, 3/4 TON, 350 V8 $1,800-876-5696.

86 DODGE/PLYMOUTH TRUCKS

93 DODGE RAM 1/2 TON PICK -UP TRUCK with camper shell, nice, must see to appreciate, set up to pull boat. $10,900. 877-1638

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AUTO MALL

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1500 SLT Laramie
V8 Auto, 4x4

187 Auto Court
O'Fallon, IL
624-CARS

320 HELP WANTED

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1985 FORD F-150, 6cyl, auto, runs good, no reverse, $950. 667-7247.

'87 FORD RANGER, Sepd V6, needs head gasket, $850. Call 345-2080.

'89 F250, V-8, PickUp Truck
$99DN or $4,495
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Vogue Motor Co. 4050 Gravois 776-0122

90 Ranger Pickup, XLT, Camper, Was $7,000 - WINTER BLOW-OUT!
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'91 Ranger XLT, Camper Shell
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88 GMC TRUCKS

1990 GMC SAFARI MARK 3 CONVERSION, EXCELLENT CONDITION 931-7867.

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'88 Pickup, 4x4, AIR, Chrome Rel Bars, Awesome! Was $7,500 WINTER BLOW-OUT!
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	BUY HERE PAY HERE 12 MONTHS 1 ST PAYMENTS
'89 Eagle Prem.	$2550
'89 Pontiac Grand Am	$2995
'88 Pontiac Grand Am	$2350
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'88 Chev.Z24	$2550
'88 Chevy Leberon Conv.	$5250
'88 Dodge Caravan	$3450
'87 Ford Ranger	$2150
'87 Ford Bronco II	$2150
'87 Dodge Lancer	$1550
'87 Chev. New Yorker	$1650
'87 Chev. Caprice Wagon	$1250
'87 Chev. Celebrity	$1650
'87 Ford Crown Victoria	$1550
'86 Ford Taurus	$650
'86 Pontiac Bonneville	$1250
'86 Mercury Topaz	$1995
'86 Jeep Pickup	$1750
'86 Ford Ranger 4x4	$3250
'86 Ford Aerostar	$2595
'86 Chev. Celebrity	$650
'85 Chev. Monte Carlo	$1995
'85 Chev. Blazer	$1995
'85 Dodge D150	$1800
'85 Dodge Charger	$850
'84 Ford Ranger	$1250
'83 Olds 98 Regency	$1250
'82 GMC Sub-Urban	$1250
'82 Ford F100 Pickup	$750
'80 AMC Eagle	$650
'80 Dodge Aspen Wagon	$995
'80 Ford Bus Van	$2150
'79 Ford F150 w/camper	$1650
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★$4,495★
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'87 ASTRO CONVERSION
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87 CHEV CONV. VAN NEW 350 ENG-UNDER WARRENTY, HD TRAILER PKG & MORE. $5895; 618-797-0929 /401-7700.

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'76 APOLLO Motor Home, like new, new tires/carpet. $26,000. 337-4047

'71 CHAMPION MOTOR home, sleeps 6. $3,000/possible trade. 345-7165.

190 BOATS/MOTORS

1995 NITRO BASS Boat, blue metallic, 115 HP, loaded, less than 50 hours, $12,000/obo. 667-0211 after 5pm.

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4 STAR remanufactured engines from
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Has the following positions open:
★ Housekeepers
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★ Night Auditor
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★ PT A/V Coordinator
★ Line Cook
★ PM/AM Rest Servers
★ PT Bartender
★ PT Restaurant Supervisor
★ PT AM Host/Hostess
★ AM Cashier
★ Room Service Server
★ PT Busser
★ PT Cocktail Server
★ Catering Sales Mgr.
★ Guest Services PM Mgr.
Subsidized public transportation available. Apply in person Mon-Thurs. 9am-4pm at Human Resources Dept. 660 Maryville Centre Dr. St. Louis, MO 63141 314-878-2747
M/F/D/V

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★ FT Front Desk Clerk
★ FT Server
★ FT Lounge Server
★ Room Service Attendant
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Downtown St. Louis
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Maryland Heights

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Creve Coeur, MO
314-993-0515

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• FRONT DESK AGENTS
• NIGHT AUDIT
• SALES COORDINATOR
Full and part time positions available. We provide full training, a career opportunity, premium wages, excellent benefits and generous performance incentives. Apply in person daily or forward resume to:
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M/F/D/V
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Applicants must be detail oriented and able to work in a fast paced environment. For qualified people we offer paid training, insurance and a 401(k) plan. Please send resume to:
A-1 Rental Inc. at 1200 Beltline, Collinsville, IL

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ST. LOUIS, MO 63125
487-3000

Sales/Telemarketing

►►►Your Recruitment Resource for 1997◄◄◄

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If you are looking to start a career in sales and have little or no experience but are looking to earn in the low to mid 20's this year, then we have a position for you!!!
We offer:
★$300/wk base salary
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We offer:
★$300/week base salary (no draws)
★Bonus + overtime
★Leads provided
★Car allowance
★Dental/medical
★401k
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★ ★ ★ ★
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★Positions starting in January
★Monday-Friday, some Saturdays
★3 shifts: 9am-1pm, 1pm-5pm, 5pm-9pm
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For details, call Kate, Judi or Sharon at
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Team Leader responsibilities include call monitoring and feedback, managing to quality and sales goals, motivation and training, performance evaluations and employee relations. Qualifications include:
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★ 2 years of supervisory experience in a sales environment (preferably in an outbound call center)
★ Proven leadership and organizational skills
★ Excellent oral and written communication skills
★ PC knowledge - ability to learn new systems quickly
★ Ability to work flexible schedule
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We offer:
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St. Louis, MO 63099
Fax: 314-861-4340

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You must be available to do inbound teleservice work and have a positive, outgoing attitude! We are also looking for a number of spanish-speaking candidates.
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If you are looking for a real future with a reputable company, we need to talk. Our average Rep will earn $530,000-$550,000 per year.
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$ 876-3366 $

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Fix-O-Flat III 535 St. Louis Rd., Collinsville.....345-2380
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320 HELP WANTED

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Major bridal & women's formal/wear manuf. & wholesaler located in Collinsville, IL seeks corporate controller. Responsibilities include preparation of monthly financial statements, supervision of payroll & accts payable dept, assistance w/product costing & corporate cash management & administering employee benefits programs. BS in accounting w/2 yrs experience preferred. Familiarity w/Lotus for Windows 4.0 & Microsoft Access 2.0 required. Salary commensurate w/exp. Respond in confidence to: Controller, P.O. Box 749, Collinsville, IL 62234.

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Successful manufacturer's rep firm seeking enthusiastic, self-motivated and hard working individual for an immediate full time position. Candidate must have the following experience: database management, Windows '95 and WordPerfect. Accounting/data processing knowledge preferred. Excellent working conditions. Send resume and salary requirements to P.O. Box 14, Collinsville, IL 62234

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CW/#1997
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St. Louis, MO 63131
(no phone calls please)

Suburban Journals

AGENT/AVON: Earn to 50%. No door/door. Set own hours. 821-2177; (800)825-4449.

ALASKA JOBS! EARN UP TO $30,000 IN THREE MONTHS. FISHING SALMON, ALSO CONSTRUCTION, CANNERIES, OIL FIELDS AND MORE! CALL 7 DAYS, (407)-675-2002 EXT.2745 A-03

APPOINTMENT SETTERS: Local college planning center needs people to schedule in home consultations. No selling involved. Call Ms. Woodman, at 452-1166.

ATTENTION!!

Need a Job? Adecco's got immediate openings for

- Accounting Clerks
- Data Entry Operators
- Word Processing Secretaries

Pick up the phone and pick up some extra cash. Great Pay, Benefits, Flexible schedule. Call 926-2242 for appt or try our 24 hour Jobs Hot-Line 800-523-JOBS.

Adecco
The Employment People (formerly Adia)
no fees/fees

Automotive

DRIVER -

Al's Automotive Supply Granite City needs a full time person. Must be high school graduate, must have a good driving record. Benefits include: paid vacation, health plan and major holidays. Apply in person after 1pm.

AVON to sell and receive free sample pack 452-2888.

Banking

LOAN OFFICERS

National mortgage seeks aggressive persons for loan officer positions. Excellent opportunity for the right person to make $50K plus your 1st year. Our loan officers receive a guarantee vs. commission, paid vacations, 401k and health. No experience but some may help. Send resume to: Journals #1131, 1714 Deer Tracks Trail, St. Louis, MO. 63131.

BARTENDER

LAST RESORT, 3666 Hwy. 111, Granite City. Prior experience & references required. APPLY IN PERSON— NO PHONE CALLS

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320 HELP WANTED

CLERK TYPIST

Schnuck Markets, Inc. is seeking a part-time clerk typist in our Loss Prevention department to work approximately 25 hours per week in our corporate office.

Responsibilities include providing clerical support for security supervisors, coordinators and safety specialists.

Qualified candidates must have typing skills of 30 wpm and the ability to effectively handle confidential information.

For consideration send detailed resume and salary history to:
Director of Personnel, L.P.
Schnuck Markets, Inc.
11420 Lackland Rd.
P.O. Box 46928
St. Louis, MO
63146-6928

Schnucks
Equal Opportunity Employer

CIVIL ENGINEERING FIELD TECHNICIAN

Well established, expanding firm looking for experienced field materials technician (concrete, soil & asphalt) for position in Fairview Heights, IL. (3031 expediter/certification (GA/QC) and/or ACI certification a plus. Must have reliable transportation to work on construction sites. Pay commensurate with experience. Send resume to: SCI Engineering, 15 Executive Dr., Suite 4, Fairview Heights, IL 62208.

CLEANING LADY needed for early morning or early evening shift. Also taking applications for day time help. Work 3 or more days weekly and be off every weekend. Experience a plus. Apply: 8am.-4:30pm. In the Orchard Shopping Center, Rt.159, Collinsville. Sharon's Maid Service, Inc.

DANCERS WANTED

18 or Older
Full or Part Time
Apply in person after 7PM
DOTTI's BODY SHOP
1 mile south of Collinsville, IL

DRIVERS

Local Carrier Company Is Taking Applications. Full Time Position For Drivers, To Run Routes In StLouis /Metropolitan Area.
Qualifications:
Good Driving Record, 5 Years General Driving Experience, We Supply The Vehicle. Interested Parties Apply In Person At: **1600 COLLINSVILLE AVE. MADISON, IL "IN THE WAREHOUSE" EOE.**

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320 HELP WANTED

DANCERS WANTED, DAILY PAY, UP TO $100 A WEEKLY. CALL 618-271-4257.

DELI COOK wanted with management experience. 931-3016

★ ★ ★ ★ ★ ★

DONATE BLOOD PLASMA

CASH!

PAY HOLIDAY BILLS!

$15 first donation
Up to $125 first month
CALL 436-7048

Repeat Donors $10 first donation in week; $20 second donation of week. Repeat Donors not donated in past 3 months, bring ad for extra $5. Bring a buddy for extra $5, no limit.

Alpha Plasma Center
1524 Delmar, St. Louis
M-F: 8am-6pm
SAT&SUN 7am-5pm

DRIVER: Must have class E chauffeurs or class B CDL. Apply: Abie Industries, 7151 North Market St., Wegedale or call 314-663-8755. EOE.

Driver

PART TIME NEWSPAPER DELIVERY

For Suburban Journal routes. TWO NIGHTS/WEEK, SAT/SUN and TUE/WED. Must have van & insurance.

Call today!
(MO) 522-1500
ASK FOR MATT
(IL) 235-5747
ASK FOR BRAD

DRIVERS

We need drivers who own a small vehicle for light local delivery. Neat appearance and knowledge of Granite City a must. Cash paid daily. Apply: Monday-Wednesday, 10:00am-6:00pm. 3900 Nameoki Front Enterance Above Tacole.

EARN UP TO $400 WEEKLY, HIRING NOW!!

We need 20 enthusiastic people to join our crew. Fun easy phone work. AM/PM shifts available, no experience necessary. Apply Monday-Wednesday, 10:00am-6:00pm. 3900 Namoeki Front Enterance Above Tacole.

EXOTIC DANCERS/MODELS are needed. No experience necessary. Must be 18 & up. $200/$1500 per week. Call after 2:00pm, (618)257-9725.

★ ★ ★ ★

FITTERS

ASME Code Fabrication, Steel Tanks, Etc. Work From Prints. Experienced.
Apply In Person:
CONTINENTAL FABRICATORS, INC.
5601 West Park Ave.
St. Louis, MO 63110
EOE

★ ★ ★ ★ ★

GUARD FOR NIGHT'S

Part-Time 22 1/2 Hours Per Week. Inside $7.00 Per Hour. North St. Louis Industrial Near McKinley Bridge. Ideal For Older Person. Call St. Louis Or Granite City Area. Send Resume To:BOX#112Journal/Record, 1815 Delmar, Granite City, IL 62040.

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320 HELP WANTED

HOMEMAKERS: Agency providing home care of the elderly is looking for homemakers. We will train and benefits are offered. Please call 1-800-423-0526 for more information.

INTERNET ADMINISTRATOR

Sales oriented self-starter who is familiar with using the Internet. High profile position for experienced producer. Earnings based on qualifications. Bonuses and commissions geared to performance. Contact Charles Moody at (217) 324-2741 ext. 178 or send resume to P.O. Box 490, Litchfield, IL 62056.

320 HELP WANTED

Route Sales & Service

Service Company with over 55 Years of success, servicing businesses throughout this area, needs one Sales & Service Person. Can earn between $20K and $30K first year. Must have outgoing personality, positive attitude, and good communication skills. Call Clean The Uniform Company, 1-800-326-3111 for a confidential interview appointment. E.O.E.

REPORTER

The Suburban Journals are seeking a reporter to work out of our Granite City office. Send resume and clips to :
"Reporter"
219 N. Illinois St.
Belleville, IL 62220

Color Press Operators

We offer entry level positions with on the job training in the operation of high speed printing presses. 1-2 years mechanical experience helpful. Willingness to learn. Must be available to work any shift. Apply today.

Highland Supply Corp.
1111 Sixth St.
Highland, IL 62249
E.O.E.

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320 HELP WANTED

IMMEDIATE DATA ENTRY

Positions available. Long term - 40 hrs./wk. Cahokia & Granite City Area. All Shifts. $6.50/hr. For interview call:

MANPOWER TEMPORARY SERVICES
618-624-5000.
EOE M/F/H/V
Never a Fee.

Just say, Charge it! when you place your ad in the Suburban Journals.

MasterCard VISA

graciously accepted.

WIN PRIZES!

COLOSSAL CLASSIFIEDS

Coming Sunday, January 26

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320 HELP WANTED

Sales Management

HEY! LOOK UP!
SO WHAT'S UP AT THE SUBURBAN JOURNALS?
Interested In Moving UP?

Due to immediate expansion of our Classified Advertising Department, the Suburban Journals has several exciting management opportunities for UPwardly mobile sales professionals. The ideal candidate is:

- Self-motivated!
- Ambitious!
- A Winner!
- An UP Person!
- A Team Player
- A Creative Thinker

We are looking for positively focused individuals who are heading UP in their careers and who can effectively lead others. College degree and previous telemarketing management experience preferred. Basic typing skills, as well as excellent customer service, follow-up and organizational abilities required. Must possess effective selling skills via the telephone and/or face to face.

For the top performers we select who are eager to succeed, we offer a good benefits and pay program, including a 401k plan and salary plus commission. So if you're ready to set yourself UP for success, give me a call today or send your resume to:

THE SUBURBAN JOURNALS
1714 Deer Tracks Trail
St. Louis MO 63131
Attn. Karen Pnazek
Classified Advertising Manager
Telephone: (314)821-1110, ext. 300
FAX: (314) 821-3652

RESTAURANT MANAGER

Full time position available. If you have a solid work ethic and willingness to be a team player.

We Offer:
• Competitive Wages • Medical/Dental • Paid Vacation • 401 (K) Program
• Uniforms • Bonus Program

Apply Mon. thru Fri. between 8 AM - 5 PM
Gateway Midstate 699 State R. #203
(I-70 at 55) Madison, Illinois

GATEWAY MIDSTATE TRUCK PLAZA, INC.

I-55 70 & IL Rt. 203 North Exit 4, Madison, IL

We have 24 hour security

Equal Opportunity Employment Drug Free Environment

---

320 HELP WANTED

FULL TIME PLATEMAKER STRIPPER

Experienced person needed for a newspaper publishing operation. Applicant needs to be versed Lithographic platemaking, spot and four color stripping. Camerea knowledge helpful. Full time, late evening into early morning shifts. 4 nights a week. We offer an outstanding compensation and benefit package, including comprehensive health coverage, 401k Savings & Retirement plan, paid holiays and paid vacations.

Send Resume to
MISSISSIPPI VALLEY OFFSET CO INC
4210 Chippewa Street
St. Louis, Mo 63116
EOE

FULL TIME PLATEMAKER STRIPPER

Experienced person needed for a newspaper publishing operation. Applicant needs to be versed Lithographic platemaking, spot and four color stripping. Camerea knowledge helpful. Full time, late evening into early morning shifts. 4 nights a week. We offer an outstanding compensation and benefit package, including comprehensive health coverage, 401k Savings & Retirement plan, paid holiays and paid vacations.

Send Resume to
MISSISSIPPI VALLEY OFFSET CO INC
4210 Chippewa Street
St. Louis, Mo 63116
EOE

PARTTIME NEWSPAPER MAILROOM WORKERS

First, Second, Third Shifts. Retirees welcome. 19-25 hours weekly.

Apply in person Monday-Friday 9am-4pm
MISSISSIPPI VALLEY OFFSET PRINTING CO., INC
4210 Chippewa Street
St. Louis, Mo 63116
EOE

PARTTIME NEWSPAPER MAILROOM WORKERS

First, Second, Third Shifts. Retirees welcome. 19-25 hours weekly.

Apply in person Monday-Friday 9am-4pm
MISSISSIPPI VALLEY OFFSET PRINTING CO., INC
4210 Chippewa Street
St. Louis, Mo 63116
EOE

Press person

FULL TIME WEB PRESS FEEDER

Qualified applicant will have at least 1 year experience operating single-width Goss Urbanite printing pressess with experience using automatic paster systems. Comparable experience will be considered, i.e. Community, Surburban or Harris presses. Full time day/ evening shifts available including weekends. Salary commensurate with experience. We offer an outstanding comprehensive benefit package including comprehensive health coverage, a 401k Savings & Retirement plan, paid holidays & paid vacations.

Apply in person Monday-Friday 9am-4pm
MISSISSIPPI VALLEY OFFSET PRINTING CO., INC
4210 Chippewa Street
St. Louis, Mo 63116
EOE

Press person

FULL TIME WEB PRESS FEEDER

Qualified applicant will have at least 1 year experience operating single-width Goss Urbanite printing pressess with experience using automatic paster systems. Comparable experience will be considered, i.e. Community, Surburban or Harris presses. Full time day/ evening shifts available including weekends. Salary commensurate with experience. We offer an outstanding comprehensive benefit package including comprehensive health coverage, a 401k Savings & Retirement plan, paid holidays & paid vacations.

Apply in person Monday-Friday 9am-4pm
MISSISSIPPI VALLEY OFFSET PRINTING CO., INC
4210 Chippewa Street
St. Louis, Mo 63116
EOE

ACCOUNTING SECRETARY

Accounting secretarial position with the Granite City Community Unit School District #9. Must have bookkeeping or accounting experience including A/P and bank reconciliations. Associates Degree in accounting preferred. Must be computer literate in the use of spreadsheets and word processing and type 60 wpm. Starting salary is $17,950. Fringe benefits include paid family health plan, sick leave and vacation. Interested applicants should submit a cover letter, current resume, official transcripts to Fred P. Schuman, Personnel Department, Board of Education Office, 1947 Adams, Granite City, IL 62040.

AN EQUAL OPPORTUNITY EMPLOYEE

GET BEHIND THE WHEEL
DRIVERS NEEDED

Your Recruitment Resource For 1997

DRIVERS
HOME EVERY DAY

Immediate openings for Road and City Intermodal drivers. Requires 1 year tractor trailer exp., Class A License, clean MVR. Top commissions/mileage paid, day & afternoon shifts. Guaranteed minimum daily pay first 90 days. Driver assigned tractor, no freight handling. Benefits include paid health ins., holidays, vacations, uniforms, 401 program, weekend bonuses & more. Apply in person, 7301 Hall St., St. Louis, MO 63147, Mon-Fri, 8am-4pm.

DRIVERS

Drivers needed for local and out-of-state deliveries. Earning potential limited only by your motivation! Chauffeur's license or CDL preferred, but not required. Must have own insured vehicle.

CALL ROB
314-946-9775

MIDWEST O.T.R
TOP PAY AND BENEFITS

★ No East Coast
★ Mileage or percentage avail.
★ 25¢-30¢/mile or 22-25% of gross
★ Assigned Trucks
★ Home Weekends
★ Insurance
★ Bonus Programs
★ Paid Vacation
★ Passenger Program
★ Paid Orientation
★ Sign-on bonus
★ Satellite Dispatch
★ Owner Operators Wanted
★ Training available for inexperienced drivers

OUR DRIVERS MAKE THE DIFFERENCE!

HIGHWAY CARRIER
1067 Kenran Industrial Blvd.
St. Louis, MO 63137
CALL WAYNE 1-800-777-7167

★ ★ **HIRING SEMINAR** ★ ★

Being sponsored by Highway Carrier and Franklin College on January 21, 1997 at 10am, 2pm, 4pm, & 6pm
55 Florissant Oaks Shopping Center
N. Lindbergh & Hwy 67 North, Florissant, MO
Scholarships available for inexperienced drivers!
For more information call 1-800-811-8214

DRIVER & HELPERS

LOCAL and SHORT HAUL
METRO MOVING AND STORAGE
An Agent for United Van Lines

★★ Experience helpful ★★21 yrs. old
★★ CDL License ★★ Exc.driving record
★★ Must meet DOT regulations

CALL CHRIS 314-291-2846

DRIVERS & OWNER OPERATORS

TDC
Transport
Distribution Company

- Leasing Independent Contractors
- Need Company drivers to run Flatbed and Vans in the Central U.S. Mileage pay for O/O and Company Drivers.

★ HOME WEEKENDS ★
Call 1-800-866-2798

GULLY TRANSPORTATION

is looking for experienced OTR semi-drivers to join our team.

★ Starting pay .25¢ to .29¢ plus bonus
★ Home most weekends
★ Excellent benefits package

Call Gully at
1-800-566-8960
for more information

TRUCK DRIVERS
CAREER OPPORTUNITY

EMERSON ELECTRIC CO. TRANSPORTATION (Fortune 100 Company) is seeking **OVER-THE-ROAD** Team Operation **DRIVERS** to be based in ST. Louis, Missouri

WE OFFER:
- HOME EVERY WEEK
- COMPETITIVE SALARY (ANNUAL SALARY $32,000-$46,000)
- HEALTH & DENTAL BENEFITS
- COMPANY PAID PENSION
- 401K
- 11 PAID HOLIDAYS (PAID AT DAILY AVG. EARNINGS)
- PAID VACATION (PAID AT DAILY AVG. EARNINGS)
- HIGH MILEAGE
- HIGHER PAID MILES
- SHORT & LONG TERM SICK PAY
- LIFE INSURANCE
- LATE MODEL CONVENTIONALS

APPLICANTS MUST:
- HAVE CLASS A CDL WITH HAZMAT
- HAVE GOOD SAFETY RECORD
- PASS ALL DOT REQUIREMENTS INCLUDING DRUG SCREENING
- BE 22 years of age

Interested candidates should call
383-2100, Ext. 317, 310 or 311 for application
EOE

Driver

OWNER OPERATORS
(St. Louis Area)

Hays is a $1.5 billion worldwide group of companies built on a foundation of long-term relationships with its customers and its employees.

We are seeking independent contractors with strong customer service skills to deliver goods for a leading St. Louis area retailer.

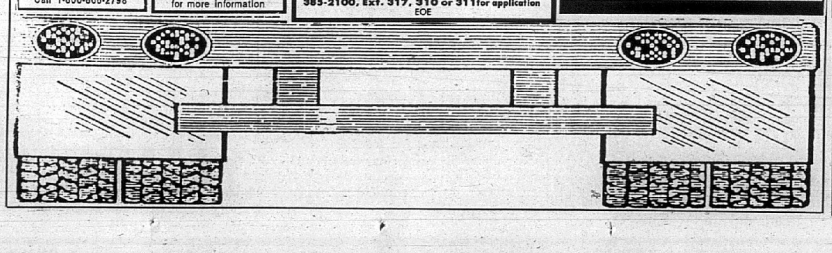
OWN WAY
Own/Lease your own truck!

- Home every night
- Health/disability insurance options
- Excellent annual earnings potential
- Vehicle lease/purchase options available.

We are looking for independent contractors who can OWN/LEASE/PURCHASE a 26' truck. Interested...please call:

618-798-5306

Hays Home Delivery Services Inc
equal opportunity employer



PIZZA PAPA JOHN'S

IMMEDIATE OPENINGS

Day/Evening Hrs. Available. Full-time or Part-time, Insurance, Benefits & Vacation Available.

EARN $8 - $10/ HOUR

APPLY IN PERSON AT THE STORE IN GRANITE CITY
OR CALL DENNIS AT 877-7272
IN COLLINSVILLE CALL CRAIG AT 345-4444
E.O.E.

320 HELP WANTED

LEARN TO HYPNOTIZE

HYPNOSIS CAREER

Learn how to earn $50.00 to $75.00 an hour while helping other people.
Hypnosis could prove to be the perfect full or part-time career.
No past training required. Call for a free brochure and cassette tape.

Class begins Sunday, February 2,1997

CALL FOR A FREE TAPE AND BROCHURE
291-7837 OR 1-800-288-3065
Mottin & Johnson Institute of Hypnosis

Labor
FLEXIBLE JOBS!!!!
Need some extra Money and a flexible schedule? We Have a Job for you!
* ASSEMBLY * JANITORIAL
*WAREHOUSE * BANQUET
MANUFACTURING
No experience necessary. Long or Short Term Jobs. P/PT. You can choose your schedule.
WORK TODAY
PAID TODAY
LABOR READY
CALL TODAY FOR AN IMMEDIATE POSITION
Fenton 861-3777
St. Charles 940-2622
Florissant 921-1414
St. Louis 725-2090
Granite City 618-877-2400

Labor
WORK TODAY! PAID TODAY!
Too Many Jobs
Not Enough Workers
NO FEES, Apply Mon-Sat
LABOR READY
2079 New Baldwin Mill Rd. 861-3777
7805 Olive, University City 314-725-2090
4641 S. Grand, S. St. Louis 314-351-0600
115 Florissant Oaks, N. County 314-921-1414
2140 First Capitol, St. Charles 314-940-2622
3661 Kennedy Rd., Granite City 618-877-2400

LEAD HOUSEKEEPER
Full Time - Eve. Shift
Can you relate well with people?
Alton Memorial Hospital has a need for a Lead Housekeeper
Requirements:
- High School diploma or equivalent
- Ability to lift/carry 75 lbs
- 3 months to 1yr experience

If you meet these requirements, please contact
Alton Memorial Hospital
One Memorial Drive
Alton, IL 62002
Phone: 618/463-7875
Jeanne Lynch, Recruiter

MECHANIC/FLEET: Duties include truck experience in hydraulics, welding, diesel and gasoline fleet maintenance of light & heavy duty trucks. Must have own tools, 2 years experience, CDL class A or B. Must pass DOT physical and drug screening. Hiring immediately! Contact Roger Hackus, 7am-5pm, Monday-Friday, 314-863-5755 or send resume to: Able Industries, 7151 North Market, Pagedale, MO 63133. EOE.

MEDICAL ASSISTANT
WANTED For A Busy
Physicians Office. Send Resume To BOX#1110 Journal/Record, 1815 Delmar, Granite City, IL. 62040.

PART TIME WORK GOOD SUPPLEMENTAL INCOME For Used Car Sales And Misc Car Work And Handy Man For Work GRANITE CITY & BELLEVILLE, Call LUIE Or AL Also CHARLIE For Drivers, 451-750 Or 451-0400.

Pre-Paid Legal Casualty, Inc. is expanding in your area. Salespersons dream! National company offering a service everyone needs and can afford. Excellent commissions with renewal income potential. Can be done outside of your full time job and you are your own boss. Training Provided. Call Bob Gilk at 257-9148.

PLUMBERS
*** ATTENTION! * ILLINOIS JOURNEYMEN PLUMBERS**
A large St. Louis based Plumbing Company is seeking top-notch Illinois licensed Journeyman Plumbers to work in the METRO EAST AREA. We offer year round employment with a compensation package that will include a GUARANTEED INCOME & A VAN. Additionally, we offer COMPLETE BENEFITS & outstanding 401-K Retirement Plan. For an immediate & confidential interview, call Mike at:
345-1018

PRESCHOOL teacher needed Monday-Friday. Education needed; Associates Degree & Early Childhood or Elementary Education "Teaching Certification not needed". Call Mrs. Lenzi at 797-6622.

PRODUCT DEMONSTRATORS, part time. Earn up to $45 per day. Call for appointment, 314-391-8783.

REAL ESTATE SALES
EXCELLENT EARNINGS!
FLEXIBLE HOURS!
THOROUGH TRAINING!
MUST BE 21 AND HIGH SCHOOL GRADUATE -NO EXPERIENCE NECESSARY
For more information
Call JOHN at
STAR REALTORS
876-0024

RNs
Rosewood Core Center in Edwardsville, a 120-bed skilled nursing facility, is now accepting applications for RNs for part-time night shift. Apply in person to:
Rosewood Care Center
6277 Center Grove Road
Edwardsville, IL 62025
(618) 659-8663

Sales
DEBIT INSURANCE SALES
AVERAGE EARNINGS $25,000
Career opportunity for self-starting individual in metro St. Louis area with one of country's largest home service companies. Level pay during training. Excellent company benefits. Call Monday-Friday, 9am-12noon, 314-892-3700. Mr. Compton, United Insurance.
equal opportunity employer

SECRETARIAL, FULL Time, $6.47 per hour, 35 hour week. Non-profit organization, close to SIUE. Skills: typing, computer knowledge, WP 6.0, general office equipment. Send cover letter & resume to: OSA, 4 Ginger Creek Parkway, Glen Carbon, IL 62034.

SECRETARIAL, FULL-TIME, $7.50 per hour, 35 hour week. Non-profit organization, close to SIUE. Skills: computer knowledge, WP 6.0, data entry, brochure layout skills desirable. Send cover letter & resume to: Secretary, 4 Ginger Creek Parkway, Glen Carbon, IL 62034.

THE PRUDENTIAL is offering an excellent career opportunity to a salesperson in the Metro East area. Training allowance up to $300 a week. Experience not necessary! We will train. Full benefits. Call Eric Cash at 618-233-2026. EOE.

TRANSIT OPERATION
seeking qualified
applicants. Knowledge of Madison County/Metro Area. CDL Passenger endorsement a plus. Call 797-9070 for details.

WANTED:Lotto/Cashier Part -Time SUPER ONE STOP 3301 West Chain Of Rocks,Granite City 797-1550.

WILDLIFE/CONSERVATION JOBS
Now Hiring Game Wardens, Security, Maintenance, Park Rangers. No Exp. necessary. For application and info call 800-299-2470, ext IL2740, 7am to 8 pm, 7 days.

320 HELP WANTED

WANTED: PART Time receptionist. Panache Too. 349 -7002.

★ ★ ★ ★
WELDERS
Experienced In ASME Code Work.
Apply In Person:
CONTINENTAL FABRICATORS, INC.
5601 West Park Ave.
St. Louis, MO 63110
eoe
★ ★ ★ ★
WELDERS. Painters. Laborers. Call 618-482-8000

330 MEDICAL & HEALTH CARE

CNAs
$500 SIGN ON BONUS
Make the change now and join Village North, Inc., part of the BJC Health System. Full and part time positions available. We also offer great benefits, opportunity for advancement, and beautiful work environment. For more information, call our employment hotline, 653-5760.
(Sign on bonus expires January 17, 1997 and is only applicable to CNAs).
For consideration, please apply at:
Village North Inc.
11160 Village North Drive
St. Louis, MO 63136
BJC HEALTH SYSTEM
eoe m/f/d/v

COLONADES NURSING HOME
is accepting applications for Certified Nurses Aide. Above average starting wage with scheduled increases. Paid insurance and paid vacation.
Apply In Person
3500 Century Drive
Granite City

C.N.A.
UP TO 7.15 per hour
New Upgrading Increased Salary Program along with an improved/Flexible Benefit Package. Full part or PRN. Come talk with us and see what we have to offer.
Colonial Care Center
3900 Stearns Avenue
Granite City, IL 62040
EOE

We are a long term care facility hiring CNA's to care for our residents with their daily needs. We have super benefits with annual raises. Apply in person at
FREEBURG CARE CENTER
746 Urbanna Drive
Freeburg, IL
M/F 8-4

Medical/Clerical
Registrars
★ Are you a positive, upbeat person?
★ Do you take pride in your work?
★ Are accuracy and deadlines important to you?
★ Do you smile naturally?
★ Can you relate well to people?
If so, Christian Hospital needs your talents! Our Registration Department currently has openings for part-time day and evening positions at both Christian Northeast and Northwest locations. The ideal candidates must have knowledge of medical terminology, computer skills, typing of at least 45 wpm and ability to work in a high stress area. Previous hospital experience is preferred. Please apply now! The employment office hours are Monday-Friday 8:30 am - 4 pm.
Christian Hospital Human Resources
11133 Dunn Road
St. Louis, MO 63136
BJC HEALTH SYSTEM
EOE

Turn your unwanted items into cash try a Journal Classified

330 MEDICAL & HEALTH CARE

COLONNADES NURSING HOME
Is Accepting Applications For Full Time RN
Apply In Person
3500 Century Dr.
Granite City

CNAs
Rosewood Core Center of Edwardsville is accepting applications for Full and part time positions on all shifts. New shift differential in effect. Apply in person
Rosewood Core Center
6277 Center Grove Road
Edwardsville
EOE

MEDICAL TRANSCRIPTIONIST
Full time for internal medicine office. Must have experience. Good benefits. Send resume to:
Transcriptionist
4652 Maryland Ave.
St. Louis, MO 63108

MEDICAL TRANSCRIPTIONIST
Christian Hospital, member of the BJC Health System, currently has openings for day and evenings shifts. Requirements include:
- 2 years experience in medical transcription
- ★ Typing 60 wpm
- ★ Knowledge of surgical, pharmaceutical, Medical terminology
- ★ Experience with Word-Perfect, Digital dictation system and DecRad systems helpful but will train a willing learner

We offer an excellent salary and benefits package, fitness and daycare centers on-site, and unlimited opportunities within the BJC Health System. Qualified applicants should apply Monday-Friday 8:30am to 4pm at: **Christian Hospital Northwest Employment Office; 11133 Dunn Road St. Louis, Mo 63136 or fax a resume to 314-653-4338**
BJC HEALTH SYSTEM
EOE

Journal Classifieds for Fast Results

330 MEDICAL & HEALTH CARE

OB/GYN MEDICAL practice seeking office manager with experience, to start right away. Computer skills preferred. Looking for individual willing to work in a pleasant environment with professional attitude. Health insurance benefits and pension plan. Competitive salary. Send resume to: Office Manager Position, P.O. Box 186, Maryville, IL 62062.

350 EMPLOYMENT INFORMATION

AN INTERNATIONAL Mail Order Company Needs Help! $500-$1500 PT/$5000+ FT. Work from home. Free Info 314-766-5767

ASSEMBLE ARTS, crafts, toys from home. Great pay. 1(800)377-7607

Attention Alton
** POSTAL JOBS**
12,68/hr. to start, plus benefits. Carriers, sorters, clerks, computer trainees. For an application & exam info. Call 1-800-636-5601 ext. 91. 8 a.m to 8 p.m. 7 days.

★ GOVT - POSTAL JOBS ★
Now Hiring. Start $16.74 Hr. For Appl. & Info. Call Between 1-12-97 & 1-19-97 1-(818)-506-5354 Ext. 8258

$1000's POSSIBLE READING Books. Part Time. At Home. Toll Free (1) 800-218-9000 ext. R-6401 For Listings.

$1000's POSSIBLE TYPING. Part Time. At Home. Toll free (1) 800-218-9000 ext. T-6401 For Listings.

$629 WEEKLY! Mailing company letters from home. Many positions available. Easy! No experience needed. Free Info. Call American Publishers 617-964-8200 ext. 1700 24 hrs

$800 WEEKLY processing Govt. refunds at home. No experience necessary. 800/896-4779 Ext. 342.

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Ads from Women

19-year-old SWF, likes gothic style, industrial music, movies, reading, cuddling and having fun. ISO SWM, 19-24, medium build, honest, affectionate, employed. ☎14552

23-year-old, full-figured SWF, blonde/blue, with one child. ISO SWM, 22-26, nonsmoker, social drinker, who likes children, for serious relationship. ☎14426

Adventurous SWCF, 37, 5'3", slender, educated, attractive, friendly, enjoys travel, church, family, fitness. Seeking S/DWCM, 41-50, with similar interest. ☎14440

Affectionate DWCF, 37, n/s, n/d. Enjoys dancing, dining, cooking, family life. ISO S/DWM, 35-50 for serious relationship. ☎14414

Affectionate, active, energetic DWF, 45, homeowner, enjoys outdoors, country, movies, fishing, cooking, romantic evenings. ISO Gentleman, with similar interest. ☎14485

Affectionate, St. Peters. DWF, 50, enjoys movies, flea markets. ISO S/DWM, 40+, with similar interests, for possible monogamous relationship. ☎14564

Alluring, affectionate, caring SWF, 53, 5'9", smoker, social drinker. Enjoys fishing, boating, good movies. ISO good-humored, fun, down-to-earth SWM, 50-62, 6+. ☎14521

Attention shoppers! One good Woman, 41, attractive, shopping for good Man, with good qualities, for solid, honest relationship. Togetherness is important. ☎14387

Attractive, 36-year-old DWF, 5'5", 128 lbs, blonde/blue, one child, professional, ambitious. ISO attractive S/DWM, 36-46, fun, responsible, financially stable. ☎14405

Attractive, smart, sensual, professional SWF, charming, sophisticated, independent yet intimate. ISO multidimensional SWM, 56-64. Enjoys culture, piano, travel, cuddling, commitment. ☎14408

Attractive, intelligent, 22-year-old DW mother of two, 5'5", 108 lbs. ISO funny, hardworking WM, 23-32, to date and possible relationship. ☎14445

Attractive DPF, 5'9", ISO D/WW/B/HPM, 40s-50s, 5'10"+, ex-baseball player, honest, easy-going, fun-loving, financially and mentally secure, n/drugs. ☎14529

Attractive WF, 47, 5'3", 120 lbs, brown/brown, smoker. Seeking monogamous relationship with WM, 44-52. Enjoys movies, outdoors, fishing, family, dancing. ☎14535

Attractive, caring, 31-year-old DWF, athletic, 5'7", enjoys softball, music, dancing. ISO person with sense of humor. For friendship, relationship. ☎14562

Average-looking DWF, 27, junior high math teacher. ISO caring, fun-loving S/DWM, 25-30. ☎14434

Average-looking DWF, 40, looking for male between 35 and 40, must like kids and be outgoing. ☎14584

Beauty and brains is what you get with me. ISO attractive SWM, 25-40, to make all my dreams come true. ☎14583

Black Woman, 49, loves reading, writing, long walks, seeking tall Man, 50-55, race onimportant, 5'10" or taller, for friendship, possible relationship. ☎14433

Blue-collar Man. I love a uniformed Man. Attractive SBF, 39, 5'6", brown/brown. Enjoys movies, concerts, museums, zoos. Seeks S/DBM, 35-45. ☎14561

Caring, honest, affectionate SBF, 50s, enjoys dining out, movies, traveling. ISO S/DBM, 45-60, who shares the same interests, for companionship. ☎14545

Cute, affectionate SF, 28, seeking honest, sincere SWM, 25-30. Must have a good sense of humor and enjoy having good times. ☎14463

DBF, two children, very outgoing, enjoys movies, walks in the park. Seek S/DM, 30-35, outgoing and enjoys quiet music. Nonsmoker. ☎14401

Professional, educated, cute, dignified, diverse SWF parent, ISO SWM, 39-54, handsome, pilot, affectionate, willing to explore strange new worlds. ☎14533

Determined, attractive SBF, 38, ISO SBM, 38-45; looking for intelligent, honest and outgoing Gentleman to spend fun times with. ☎14428

Down-to-earth DWCF, 36, brown/blue, n/s, n/d, enjoys life, tired of phonies. Seeking S/DWM, 38-45, with similar interests. ☎14393

Down-to-earth DWF, 22, one child, smoker, enjoys walks, boating, travel, movies. Seeking S/DWM, 25+, loves children, similar interests. Occasional drinker ok. ☎14502

Down-to-earth, exciting, fun-loving DBF, 5'3", 130 lbs. ISO fortysomething S/DBM who's mature, enjoys having fun and snuggling in the Winter. ☎14569

DWCF, 26, 5'10", attractive, genuine, sincere. ISO S/DWCM, 26-36, nonsmoker, light drinker, tall, large build, who loves children and pets. ☎14490

DWF, 28, seeking good friend to go out and have fun with, 25-45; must like children. ☎14575

DWF, 31, 5'10", 140 lbs, blonde/green, one teenager. ISO tall, handsome, honest, caring, compassionate S/DWM, with sense of humor. ☎14427

DWF, 46, 5'5", 138 lbs, auburn/green, witty, enjoys reading, dancing, sporting events, ISO tall, handsome, sincere, for long-term relationship. ☎14472

DWF, two children, seeks platonic relationship. Must like kids. ☎14464

Exciting, honest, funny DWF, 45, enjoys movies, bowling, music, n/s, n/d, no children. Seeks SWM, 40-50. No head games. ☎14566

Faithful, honest SWF, 18, with one child, ISO SWM, 18-25, who is looking for a serious relationship. ☎14413

Full-figured DWF, 47, 5'7", romantic and lonely. ISO tender, loving, honest S/DWM who wants a one-Man Woman. ☎14514

Fun-loving, active DWF, 49, likes country music, movies, dining out, travel and quiet times at home, n/s, casual drinker. ☎14500

Fun-loving SBF, 21, one child, enjoys movies, bowling, dining out. Looking for friendship, possible relationship with SM, outgoing, sincere, stable, considerate. ☎14517

Honest WWWF, 63, 5'3", petite, smoker, enjoys life, love, laughter, financially secure. ISO financially secure D/WWWM, 5'10"+, 58-65; friendship/relationship. ☎14456

Honest, athletic DWF, young 45, 5'9", proportionate, nonsmoker, professional, varied interests, one child, dogs; Webster area. Seeking same in SWM, 35-55. ☎14484

Horse lovers only. SWF, 33, 5'8", 120 lbs, likes beautiful horses, fast cars and adventure. ISO Gentleman, 6'+, 30+, similar interests. ☎14539

Large and lovely. SWF, 37, blonde/green, on the loose. ISO S/DWM, 35-45, for fishing, movies, music and fun. ☎14506

New Age vegetarian seeks easygoing, open-minded S/DCM, 25-35, 5'4"-5'10", medium build, for lots of fun without the games. N/s. ☎14388

Nice-looking SWF, 18, black/brown, likes sports, animals, music and wild life. Seeking Christian Male, nondriver, nonsmoker, for friendship, possible relationship. ☎14441

Outgoing SWF, 42, would like to meet S/WWSM, 35-45, for dating and companionship. Nonsmoker. ☎14505

Petite WCF, 50, n/s, n/d, enjoys good times, art museums, flea markets. ISO WCM, 48-60, spirit filled. ☎14462

Petite WF, 50s, brown/blue, seeking SWM, late 40s to early 50s, medium build, average height, no dependants, n/s, n/d, n/drugs, drug-free. ☎14556

Petite, athletic SWF, 42, 5'2", redhead. Enjoys music, romance, sports, outdoors, travel, wine. Seeks SWM, 40-48, athletic, nonsmoking, sensitive. ☎14458

Petite, cute, professional DWF, 41, 102 lbs, great personality, enjoys cooking, home improvements and adventure. Seeking S/DWWWM, 40-50. ☎14439

Pices, 22, 115 lbs, mother of one, enjoys dining out, dancing, music, parties with friends. Seeking SWM, 25-30, kids ok. ☎14459

Pretty, slender Latin DWF, 32, shy, honest, seeking professional, financially secure, honest S/DWM, 30-40, no dependents, for relationship, then marriage and family. ☎14467

Professional, attractive DWF, 54, 5'4", 132 lbs., blonde/green, social smoker/drinker. ISO SWM for possible long-term relationship, enjoys varied interests. ☎14537

Professional DWF seeking professional Male, 30-40, for friendship, possible relationship. Must like cuddling, dancing, theatre, music, landscaping, conversation. Positive attitude! ☎14563

Rather dance than walk? Me too! Redhead, 37, 5'7", ISO SWM, 35+, for dancing partner, possibly more. ☎14403

SBF looking for a dependable SBM, 25-34, that loves children. ☎14443

SBF, 18, fun, energetic, childless, sports fan, enjoy darts, football, dining out, movies, theaters. Seeking intelligent Male, tall, compasionate. For dating. ☎14487

SBF, 40s looking for S/DBM for friendship, possibly more. Have a variety of interests. ☎14389

Seeking dark Knight. Attractive, plus size, sexy, professional SWF, 28. Seeking slim, professional SBM, 25-38, enjoys affection, romance, dancing, etc. ☎14471

Sensitive Lady SWF, 48, seeks Gentleman, 42-58, for friendship and possible dating. ☎14425

SWCF, attractive parent of two, financially secure, degreed. ISO 40+ SWCM, for caring, long-term relationship. ☎14508

SWM, 25, 5'7, 130 lbs, smoker, occasional drinker, likes movies, travel, cuddling, children. Seeking S/DWF, 19-30, with similar interests. ☎14510

SWM, 40+, financially secure, sought by heavy set SWF, 5'6", long red/blue, enjoys movies, dining out, for companionship. ☎14435

Tall SBF, late 30s, attractive, brown-complexioned, long hair, childless, many interests: dinner, dancing, etc. Seeking tall SM, 6'+, late 30s-40s. ☎14430

Vivacious, attractive, well-traveled, versatile, spontaneous, blonde, cute DWF, 40-ish, 5'6", enjoys fine arts. Seeking attractive soulmate, 40-58, 5'9"plus. ☎14446

Warm, easygoing, caring DWCF, 53, seeking compassionate S/WWWM, sense of humor, to grow with, enjoy being best friends. St Charles. ☎14507

Would you like to make a new friend? DWF, 30, 5'6", seeking M for dining, dancing and romantic evenings. ☎14442

WWF, 40, three children, one grandson, seeking SM, 40-45, must like children, enjoy going out, sport activities and dining. ☎14548

WWWF, 26, with one child, professional, varied interests, seeks S/DWPM, who's a drinker/smoker, with same, friends first possible relationship. ☎14447

WWWF, 26, professional, large build, 5'9-3-year-old seeking Gentleman who's honest, sincere, affectionate, caring. Like romance, cuddling, dining, movies, dancing. ☎14449

Ads from Men

33, WM, physically fit, into weight training, seeking thin WF, 18-45, for late night phone conversations and a running partner. ☎14478

34-year-old Single parent of two. Attractive DWM, very honest, caring, enjoys homelife. Seeking attractive, slender, honest, caring Female. Kids ok. ☎14386

35-year-old Single dad, n/s, n/d, sincere, honest, hardworking. ISO attractive, fun S/DF, 25-45, for relationship. ☎14486

36-year-old, professional SWM, 5'9", 165 lbs, athletic, no children. ISO slender SWF, 26-34, who enjoys dining and movies, for friendship, relationship. ☎14503

40-year-old SWM, 5'8", brown/hazel, 150 lbs, romantic, shy, financially secure, looking for the right Lady. ☎14396

44-year-old, professional SWM, financially secure, graduate degreed, handsome, 5'10", 160 lbs., seeking sincere S/DWF, 29-39, slender to medium build. Friendship, dating. ☎14567

47-year-old DWM, 5'9", 185 lbs, caring, committed, enjoys outdoors, travel, romance, ISO humorous, slender WF, for a lasting, loving relationship. ☎14438

54-year-old, down-to-earth DWM, easy to be with, good sense of humor, varied interests, smoker. Seeking SWF, 45-60, for best friendship, more. ☎14473

55-year-old SWM, honest, caring enjoys homelife, movies, fishing, walking; average-looking. Seeking average-looking Female, 45-55. Looking for life-long relationship. ☎14469

62-year-old WWM, 6', 215 lbs, honest, smoker, financially secure, down-to-earth, enjoys home life, fishing. ISO D/WWWF, 55-65, similar qualities, friendship, relationship. ☎14511

Accessible, attractive DWM, early 60s, 5'10", 170 lbs, seeks intelligent, honest, svelte, sexy WF, 45+, nonsmoker, fun, friendship, possible monogamous relationship. ☎14420

Adventurous and affectionate SWM, 39, 5'11", 185 lbs, degreed. Enjoys outdoors, movies, travel, candlelit dinners. ISO honest, affectionate, slim-medium SF, 21-39. ☎14554

Affectionate, handsome, romantic, stable, professional DWM, 44, seeks pretty, active, slender DWF, 32-42, for dancing, dining, snuggling by fireplace, relationship. ☎14475

Affectionate WWCM, 53, Seeks WWWCF, 48-55, for dating, relationship and whatever. I enjoy country/Christian music, bowling and going to Church. ☎14490

Affectionate, caring, emotionally, financially secure SWM, 54, 6'2", 240 lbs, nonsmoker, ISO jeans, sweater SWF, 40-53, honest, trim, proportionate, with usual interests, plus weekends in the country, motorcycles, motor sports. If this is you, call me. ☎14424

African king, looking for his Nubian queen. I'm 28, n/d, n/s, honest, caring. Seeking friendship, possible relationship. ☎14559

Airline pilot, 33, 5'11", 180 lbs, blonde/brown, handsome, likes traveling, gourmet cooking, piano, movies, animals, agriculture. Seeking attractive SWF. ☎14384

All sexy Women:read.... Physically fit, attractive DWM, 34, commands S/DWF, attractive, thin, medium build, to respond, for fun and excitement. ☎14395

Amiable, astral SM, 47, 5'9", 210 lbs, ISO Asiatic Woman, 5'7" or less, slim, proportionate. Age open. ☎14418

An interesting DWM, enjoys outdoors, beaches, boats, fireside evenings, good times, seeks attractive, slender S/DWF, 39-50, to enjoy life with. ☎14371

Attentive, handsome, sensual DWPM, 38, 6'8", 260 lbs, well-built, nonsmoker, financially secure, seeking passionate Woman, 45-60, for romantic evenings and companionship. ☎14519

Attractive, funny, athletic SWM, 23, 6', 200 lbs, enjoys dancing, clubs, quiet evenings. ISO SWF, 19-27, for friendship and possibly more. ☎14370

Attractive SBM, 28, 180"lbs, 5'7", Seeking attractive Female, race open, who likes movies, conversation, for friendship. ☎14374

Attractive, honest DWM, 42, 5'8", 230 lbs, nonsmoker, nondrinker, ISO S/DF, career military, same qualities, for friendship, maybe more. ☎14404

Attractive DWM, 51, 5'10", honest, sincere, sensitive, nonsmoker, seeking attractive, nonsmoking S/DWF, 42-53, to enjoy life and possible committed relationship. ☎14411

Attractive Gentleman, 20, no kids. Likes movies, bowling, clubs ISO nonsmoking SBF, 20-25, up to two kids ok. ☎14468

Attractive, caring, honest DWM, 36, 6', brown/blue, seeks S/DWF, 30-38, enjoys family life,"outdoors, movies; for relationship, possibly more. ☎14482

Attractive DWM, 41, 6'4", 250 lbs, physically fit, likes golf, boating, sports, and outdoors. ISO nonsmoking, tall, Female with similar interests. ☎14525

Attractive, athletic SWM, 38, dark brown/eyes, very muscular, nonsmoker, kind, caring, sensitive, fun. ISO petite, attractive, fit S/DW/HF. ☎14532

Attractive, professional DBF, 30, 5'5", enjoy movies, music (jazz), ISO professional, intelligent, easygoing SBM, 30+, 5'7"+, for friendship, possibly relationship. ☎14553

Attractive DWM, 50s, affectionate, ISO 38-50, who appreciates a Gentleman for friendship, romance, meaningful relationship. Enjoys shows, quiet times. ☎14476

Attractive, caring DWM, 46, looks 35, 5'10", nondrinker, loves dancing, quiet times. Seeking petite, attractive SA/H/WF, 30-40; friendship. More? ☎14576

Average SWM, 24, brown/blue, seeks SWF, 19-26, who enjoys dining out and movies. For friendship, possible relationship. ☎14407

Believes in togetherness! DWM, 41, loves life, laughter, romance. Seeking similar D/SWF with high moral values. Children welcomed. ☎14423

Blighearted, honest, sincere, romantic SWM, 38, 6', 180 lbs, enjoys traveling, reading, exercise, fireplaces, nature. Seeking slender, passionate, nonsmoking SWF, 30-45. ☎14412

Caring DWM, 35, 5'10", 175 lbs, financially secure, affectionate, easygoing, romantic, fit. Enjoy dining and travel. Seeking proportionate S/DWF, 25-36. ☎14477

Caring SWM, 35, sensitive, down-to-earth, college-educated, nonsmoker. Looking for kind, honest WF, 25-41, medium build. Seeking long-term relationship. ☎14579

Caring, honest, understanding SWM, 21, 5'10", 135 lbs, n/s, n/d. ISO SWF, 18-22, for friendship or possible relationship. ☎14382

Clean-cut DWM, 46, enjoys movies, bowling, walks; seeking DWF, 35-50, 250 to 300 lbs, children and smokers okay. ☎14409

Compassionate, monogamous DWCM, 43, father of three, homeowner, enjoys jazz/blues, looking for soulmate, DWCF to be equal partner. Kirkwood. ☎14460

DBM, born-again Christian looking for Single, born-again Christian. Love sports, movies, church, music, travel; someone with similar interests. ☎14506

Disabled SWM, 34, 5'8", 185 lbs, seeking understanding SWF, 25-45, should enjoy auto racing, movies and quiet evenings at home. ☎14488

Divorced Male looking for a SF, 18-35, 5'3" or under. ☎14392

DWM, 26, medium build, seeking a S/DWF, 18-26, petite, with personality, nonsmoker. ☎14534

DWM, 31, 5'10", 190 lbs. ISO trim and fit SBF for smiles. ☎14586

DWM, 37, 5'7", 160 lbs, average looks, sense of humor. ISO S/DWF, 35-45, who enjoys movies, quiet evenings and romance. ☎14491

DWM, 40, 6', 210 lbs, one daughter, n/s, social drinker, enjoys movies and outdoors. Seeking DWF, 28-44, with similar interests. North Jefferson County. ☎14406

DWM, 44, 5'7", 155 lbs, brown/blue, n/s, n/d, enjoys movies, dancing. Seeking DWF, 40-45, without small children. ☎14540

DWM, early 50s, 6', 180 lbs, ISO slender WF, 40-50, for serious relationship. ☎14581

Energetic DWM, 45, ISO SWF, 35-50, who enjoys all sports, dining, movies. Bridge player a plus. ☎14362

Energetic, talented musician, intelligent SWM, 23, 6'2", brown/blue. Seeking honest, outgoing, sincere, attractive SWF, 20-25, for friendship, gradual relationship. ☎14372

Energetic, Aries SBM, 39, enjoys music, dinner, traveling, movies, concerts, looking for loving, caring, sensitive BF, 35-45, for serious relationship. ☎14466

Family-oriented WM, father of two, 38, 6', 190 lbs, looking for romance in S/DF, 5'5", height/weight proportionate. ☎14424

Family-oriented, average-looking DWM, 37, 5'7", 170 lbs, father of three, financially stable. Seeking attractive, honest WF, 30-40, slim to medium. ☎14587

Fun-loving SWM, sincere, professional, attractive, young-looking 51, 6'2", 218 lbs, humorous, values being with someone special, to enjoy fun times and life in general. Seeking SWF 42-51, similar qualities. ☎14368

Fun-loving, honest SWM, 22, likes movies and long drives. Seeks SWF, 18-23, similar interests. All inquiries answered. ☎14495

Fun-loving SBM, 34, 5'11", 160 lbs. ISO SBF, 27-35, who likes bowling, movies, dancing and romantic evenings out. ☎14530

Fun-loving, attractive, slender SM, ISO preferably slender SF, race open, for fun and dating. ☎14541

Funny SWM, 5'10", 250 lbs, medium build, brown/blue, beard, enjoys pool, bowling, movies, cooking. Seeking SBF, 21-31, full-figured, sweet. Dating. ☎14355

Gentleman, attractive, healthy, 63, likes to travel, seeking a WF, for friendship, interested in traveling to Florida in January. ☎14380

Gentleman, 40, wants to meet thin-build Lady, 30-40, for companionship. Prefer deep thinker, with children and friendly personality. ☎14578

Gentleman, DWM, ISO a partner for life, who's lovable, compassionate, slender, attractive, 5'4" to 5'8". Me: 46, 170 lbs, 6', nice-looking. ☎14437

Good friend wanted. South City SWM, 32, 5'10", 150 lbs, very good-looking, nice Guy. Games, TV, shopping, walks, you name it! ☎14547

Good-natured, stable SWM, 43, 6', 240 lbs, brown/brown, enjoy sports, cards, travel, music, outdoors. Seeks Female, similar interests, enjoys life. ☎14399

Good-looking SM, 21, 5'9", 155 lbs, educated; sports-minded, in shape and ready, ISO SBF, loyal, humorous, independent. ☎14419

Handsome DWM, professional, 40s, 6'3", 195 lbs, trim/athletic build, degreed, secure. Seeking S/DWF, 36-50, 5'5"+, n/s, pretty, bright, slender, romantic spirit. ☎14588

Handsome WM, 50, 6'3", 210 lbs, ISO humorous, sensual WF, petite, sleek, slender, attractive, for monogamous relationship. ☎14364

Handsome WM, 48 (looks 36), 6'2", average build, athletic. Looking for pretty WF, likes outdoors, camping, snuggling, for possible relationship. ☎14453

Handsome, down-to-earth SBM, 33, employed, athletic. Interests: sports, exercise, blues concerts. Seeking employed SF, 21-45, race open, same interests. ☎14367

Handsome, 25-year-old Dark Gable, SM, n/s, n/d, ISO very attractive, responsible F, no game players. For friendship, possible relationship. ☎14580

Hard-working, honest, sincere DWM, 50, 145 lbs, brown/brown, clean-cut, ISO WF, 40-50, who likes quiet evenings, movies, occasional nights out. ☎14571

Honest SWM, mid-50s, likes movies, dinner, seeking SWF, mid-50s, no drinking, must be sincere and drug-free, for friendship first, possibly more. ☎14513

Honest, attractive DWM, 40's, 5'10", 165 lbs, likes jeans, country music, quiet nights. Seeking proportionate Lady, 40's, start New Year right! ☎14481

Honest, caring DWM, 43, 5'11", 209 lbs, one child, nonsmoker, social drinker, enjoys home life. ISO caring DWF, 33-43; kids ok. ☎14396

Honest, romantic SW Gentleman, 24, 6'3", enjoys the outdoors. Looking for a SWF with same ideas. ☎14415

Honest, sincere hardworking BM, 36, 5'6", 160 lbs. Seeking B/W Woman, 20-35, for long-term relationship, possible marriage. Religion open. ☎14498

Horse lover, fun-loving SWM, 57, affectionate, compassionate, enjoys travel, horse racing. Seeking SWF, 40-60, sense of humor, spirited, for friendship, possible romance. ☎14518

Huggable, loveable teddy bear; DWM, 47, one child, sci-fi fan, loving, romantic, open, movies, romantic times. Seeks full-figured S/DWF, relationship. ☎14542

Intelligent SWM, 30, creative, independent thinker, seeks slender Asian or WF only, 18-29, for serious relationship. ☎14365

ISO born again Christian Lady. Pentecostal face, good personality, humorous, sincere, affectionate. DWM, 43, brown/hair, mustache, fit, outgoing, versatile, stable. ☎14522

Kind, considerate, helpful, SBM, 39, enjoys movies, cooking, baking. ISO caring, considerate S/DBF, 35-42, same interests. Friendship first, possible relationship. ☎14560

Kindhearted SBM, 34, 6', 195 lbs, muscular, likes romance, music, kids. Seeks SWF, 30-40, sense of humor, for true friendship, relationship. ☎14523

King of hearts seeking Queen! WM, 37, handsome Gentleman, desires attractive, faithful soulmate WF, 25-35, for love and romance. ☎14354

Likes children. DWM, 6', 190 lbs, looking for petite Female, with children, age unimportant. Listen to voice mail for more details. ☎14402

Lonely, attractive DWM, 50, 5'11", 180 lbs, brown/gray, smoker, honest, loving, sincere. Seeks attractive SWF, 40-55, for romance, TLC relationship. ☎14577

Looking for serious relationship. Honest, loving, romantic Man, seeking SF, 18-23, for movies, candlelit dinners and romance. Serious inquiries only. ☎14366

Looking for honesty. Good-looking, 45-year-old SBM, 6'1", 205 lbs, looking for 40-45-year-old Woman, for friendship, companionship and relationship. ☎14526

Loving, romantic, 53-year-old WM, ISO 44 or younger WF, tender, caring and genuinely loving. Togetherness and laughter is a must. ☎14543

Marriage minded DWCM, 41, 5'8", 170 lbs, brown/brown, holy spirit-filled, loves life. Seeking S/DWCF, 30-45, trim, n/s, nondrinker. ☎14536

New to area. SBM, 38, 5'5", 130 lbs, black/brown, enjoy movies, music, cooking, traveling, sports. ISO SF, similar interests. ☎14454

New to dating scene. DWM, 5'6", 130 lbs, fit, loves kids, animals and the right woman, 35-45, for long-term relationship. ☎14431

One nice professional. Attractive, sensitive DWM, 40, 6'1", 190 lbs. Enjoys candlelit dinners, starlit walks, holding hands, talking, cuddling. Seeking attractive S/DWF, 30-42, for friendship, possible long-term relationship. Kids ok. ☎14572

Open-minded SBCM, 36, average looks, easygoing, seeking honest SF, 30-40, for a beautiful relationship, from the heart. ☎14476

Outdoor-loving SWM, 29, smoker, light drinker, loves music, camping, canoeing, hiking, ATV riding, romantic evenings. Seeking relationship with S/DF, similar interests. ☎14537

Outgoing SBM, 38, seeks outgoing, marriage-minded SBF, 30-45, for possible relationship. ☎14551

Outgoing, nice SBM, dark-skinned, medium build, likes movies, dining out. Seeks SF, 18-25, for long-term relationship. ☎14360

Professional SHM, 36, 5'11", 170 lbs, nonsmoking, no dependents, enjoys movies, outdoors, dining out. Seeking attractive, petite S/DF for long-term relationship. ☎14373

Professional SWM, 40, 5'7", 160 lbs, brown/brown, nonsmoker, athletic build, new to St. Peters. Seeks Lady, for companionship. Nonsmoker. ☎14422

Professional SWM, 40, 5'6", 150 lbs. Likes golf, sports, homebrewer, loves children. Looking for attractive SWF, 32-40, Christian preferred. ☎14547

Quiet, shy DWM, 47, 5'9", 175 lbs. Enjoys music, movies, romance and dining out. Seeks fun-loving, affectionate S/DWF. ☎14446

Renaissance Man, ISO cultured S/DWF. DWM: 42, 6'3", 200 lbs, n/s, enjoys everything from hiking, reading, the arts. ☎14457

Romantic Harley rider. SWM, 33, 5'7", 160 lbs, nondrinker, no drugs. Harley, outdoors, camping. Seeking attractive, intelligent, petite SWF, 18-45, for romance. ☎14421

Romantic, loving, affectionate DWM, 34, 5'9", auburn/brown, many interests: ISO mature, feminine SB/WF, 25-48, medium build, full-figured, for long-term relationship. ☎14512

Roses are red, violets/blue, you like exercise, back rubs and spontaneous fun, I'm for you! DWM, 33, ISO S/DF. ☎14432

SBM looking for a WF who enjoys all types of sports, likes any kind of movie and has a sense of humor. ☎14585

SBM, 29, nice guy, 5'9", 155 lbs, outgoing, open-minded, likes to stay busy. Seeking SWF, 24-30, date for a new year. ☎14416

SBM, 32, 5'11", 175 lbs, works out, enjoys sports. ISO Single, honest Female, 23-29. ☎14439

SBM, 34, no kids, home buyer, ISO SBF, one child ok, small-framed, who is serious about settling down. ☎14356

SBM, 40, ISO WF who is spontaneous, passionate, affectionate. Me: 5'11", 240 lbs, lives in Washington. Seeking freak for possible marriage. ☎14350

Scorpio SWM, 41, 5'7", 160 lbs, brown/blue. ISO petite Lady, who enjoys dancing and boating. ☎14376

Seeking friendship as well as romance, friends first. Someone who's willing to show feelings, knows happiness comes from within. DWM, 35. ☎14368

Seeking future Mrs. Professional, Attractive SWM, 44, sense of humor. Seeking S/DWF, under 40, height/weight proportionate. ☎14496

Seeking Ms. Right. SBM, 33, 5'9", 160 lbs, new to area, seeking SW/HF, who knows who she is and what she wants. ☎14410

Sensitive, intelligent SWM, 46, 5'7", 180 lbs, black/brown, sports fan, sense of humor. ISO WF for relationship. ☎14383

Set it off. SBM, musician, loves to sing to a Lady, 25+, for one-on-one. Race unimportant. ☎14519

Share my world. College-educated WM, 58, passionate about outdoors, music, writing, creating, intelligent conversation. ISO social one with same, for friendship. ☎14489

Sincere SM, 46, 5 1/2', 155 lbs, proportionate, healthy, quiet, simple, mature. Seeking SWF, 40s, with similar qualities, for monogamous relationship. ☎14493

Sincere, honest, romantic SWM, 35, 5'8", 150 lbs, seeking S/DF, 20-35, enjoys dining out, quiet evenings, conversation. Friendship, long-term relationship. ☎14317

Some Guys have all the luck. Attractive DWM, 44, 6'2", 215 lbs, seeking special Woman, 30-40, slender, petite. Must love children. ☎14515

South City SWM, 32, good-looking, 5'10", 150 lbs, light brown hair, homeowner, seeking Female companion, for possible relationship. ☎14353

South County homeowner, handsome SWM, young 40, 6'2", 185 lbs, seeks nonsmoking, attractive SWF, under 40, weight proportionate, childless; Friendship, relationship. ☎14550

St. Charles Pisces. DWM, 63, nonsmoker, nondriver, 5'6", enjoys yoga, golf, quiet times. ISO healthy, weight proportionate, laid-back companion for friendship. ☎14397

Stop and read! Intelligent, romantic, attractive, tall SWM, 34, ISO similar, slim S/DWF, 28-36, to share outdoors, biking, scuba, etc. ☎14501

Stop SOS! Honest, handsome DWM, 40, enjoys life, no mind reading, let me discover what you like. ISO little Miss Pretty. ☎14349

Stuck in second gear. DWM, 47, 180 lbs, 6', ISO attractive Woman. Don't be afraid to call. No games. ☎14461

SWM, 18, seeking SWF, 18-23, for long nights, great days and lots of fun. ☎14521

SWM, 27, 5'7" long br/bl, average build, n/s, enjoys mortorcycles, music, outdoors. ISO attractive, affectionate, outgoing woman. ☎14520

SWM, 39, 5'11", dark/hazel, 170 lbs, seeking Female, to share music (the blues), dancing, outdoors, conversation. Must love animals. ☎14509

SWM, 55, 5'8", 185 lbs, fit, enjoys dining, movies, outdoors and quiet evenings. ISO SF, 47-57, petite to medium build, with same interests. ☎14351

SWM, young 45, 6', 195 lbs, not rich, but honest, attractive, n/s, ISO pretty, slender SWF, 30-45. ☎14396

Tall, very attractive SWM, 31, educated, no kids, great personality. Seeks attractive, educated SWF, 25-36, for long-term relationship. ☎14394

Teddy bear, DWM, 30, 5'11", dark blonde/blue, affectionate, romantically energetic. Seeking short, brunette sweetheart. Are you romantic and honest? (Belleville) ☎14490

Very easygoing SBM, 50, 6'2", 180 lbs; ISO mature, sincere Single Lady who likes the outdoors. ☎14496

Warm-hearted, attractive, fit DWCM, 45, 5'6", enjoys theater, arts, movies, excersise, sports, seeks attractive, slender SF/DWCF, 35-45, for dating, friendship. ☎14357

Working SBM, 28, enjoys cooking, traveling, movies, sports, darts, bowling, children, quiet evenings. Seeking SF, cute, honest and ready to commit. ☎14455

Would like to meet nice Chinese Lady, 35-55. White Gentleman, 5'8", 170 lbs, some college, nonsmoking, n/drugs. Seeking friendship. ☎14381

Young-at-heart DWM, young 52, 5'9", 175 lbs, above-average appearance. Seeking attractive, affectionate S/DWF, n/s, 5'4"+, with sense of humor. ☎14565

Singles Over 50

Are you an educated SWM, 60+, retired or semi-retired? Then please contact this attractive, 50+, SWF, 5'3", for companionship/going out. ☎14444

Cheerful DWF, seeks a nice DWM, 55+, enjoy homelife, quiet evenings and movies, for permanent relationship. ☎14474

Country Girl, affectionate redhead, 50s, height/weight proportionate, seeking country Guy, 50+, n/s, n/d, for serious, monogamous relationship. ☎14417

World traveler, pretty, 50s, healthy, jovial, Christian, financially, physically and emotionally secure. Seeking DWCM, nonsmoker, healthy, clean-shaven, for friendship, possible marriage. ☎14450

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Abbreviations

M • Male
F • Female
D • Divorced
H • Hispanic
J • Jewish
C • Christian
S • Single
W • White
B • Black
WW • Widowed
n/d • nondrinker
n/s • nonsmoker
ISO • In Search of

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460 LEGALS

ORDINANCE NO. 5002
AN ORDINANCE ESTABLISHING HANDICAPPED PARKING SPACE AT 2153 BENTON AVENUE, WITHIN THE CITY OF GRANITE CITY, ILLINOIS.

Whereas Sections 10.34.190 through 10.34.200 of the Granite City Municipal Code provides for the establishment of vehicular parking spaces reserved for the use of physically handicapped persons or disabled veterans; and,

Whereas it is the recommendation of the Traffic and Light Committee of the City Council that certain handicapped spaces be designated by the City Council;

NOW THEREFORE, BE IT ORDAINED BY THE CITY COUNCIL OF THE CITY OF GRANITE CITY, AS FOLLOWS:

SECTION 1: There is hereby designated one handicapped parking space at 2153 Benton Avenue, within the City of Granite City, Illinois.

SECTION 2: The Superintendent of Streets for the City of Granite City shall clearly mark and identify the said handicapped parking spaces by erecting and maintaining two (2) R7-8 signs, adopted by the United States Department of Transportation, at each said handicapped parking space denoting the aforesaid parking restrictions.

SECTION 3: It shall hereby be illegal for any person, firm, corporation, agent, association, or employee to park any motor vehicle at any time in violation of the reservation and restriction created herein. Any person, firm, corporation, agent, association, or employee who violates any provisions of this ordinance shall be subject to a fine as provided by the Municipal Code. A separate offense shall be deemed committed on each day during or on which a violation occurs or continues.

SECTION 4: Any ordinances or provisions thereof in conflict herewith are hereby repealed.

SECTION 5: This Ordinance shall be in full force and effect from and after its passage, approval, and publication as required by law.

PASSED by the City Council of the City of Granite City, Illinois, this 7th day of January, A.D., 1997.

APPROVED by the Mayor of the City of Granite City, Illinois, this 7th day of January, A.D., 1997.

RONALD SELBY
MAYOR

ATTEST:
JUDY WHITAKER
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OAK SEASONED firewood. $70 cord, delivered & stacked, $70. Call: 288 -7919.

1865 FURNITURE DRAPERIES

CONTEMPORARY dining room set with four fabric chairs, excellent condition 618-876-6033.

COUCH & CHAIR, celery green background with darker greens & yellows in a flowered pattern, clean and in good cond., $300. 876-0491.

DESPRITLY NEEDED. BUYERS EVERYTHING MUST GO! King Size Water Bed, Dresser Chest & Night Stand $500.00; Living Room Love Seat, Couch & 3-Tables $300.00; Washer/Dryer Set $400.00; Black/White Computer $200.00; Portable Dishwasher $30.00; Bookcase $20.00; Kitchen Rocker $16.00; Rectangle Glass Top Dining Table $100.00; Twin Pillow Pre-mature Female $100.00, No Children. 452-7560.

KINGSIZE WATERBED, 5 drawer pedestal with headboard, 4yrs. old, excellent condition. $250. 667-8731.

KITCHEN TABLE & chairs -$60, armoire, older stereo -$70, dresser-$40, bookshelves-$100, full bed-$200. All obo. 344-2977.

1880 HEALTH/FITNESS

E-FORCE EXERCISE rider, like new, advanced model, $200. 345-4862.

FLEX MACHINE, 3 stations, bicycle, butterfly bench, like new,$100, 281-6388

1900 HOUSEHOLD GOODS

CARPETING, $39. A ROOM, many sizes/colors. Call 524 -1500.

460 LEGALS

1920 JEWELRY/ WATCHES

JEWEL & SEQUIN wedding gown, small, new, $600; Veil $350; also wedding ring set $275; diamond dinner ring $400. 344-9004.

1950 MACHINERY /TOOLS

CRAFTSMAN RADIAL arm saw, $175. 644-3380.

1970 PETS

FREE COLLIE AND IGUANA 877-2034.

FREE SHEPHARD CHOW MIX 3MO. Male, Shots, Papers, and HAVE FENCE 931-5973.

FULL SERV ANIM/HOSP LOW COST SPAYS Neutering, & Declawing 618-281-7161

15 Month old male Rottweiler, 125-160 lbs, good with kids, $150; 2 Year old female Siberian Husky, $75; Can be seen at:1542 Cleveland Blvd.

RAT TERRIER female 7 months old, full blooded, no papers, house broke, very good with everyone $75.00; 797-0822.

The New Once A Month FLEA CONTROL TABLET Is Now Available AT COLUMBIA ANIMAL HOSPITAL (618) 281-7161

1972 PET SUPPLIES

30 GALLON Fish Tank With Stand $65.00; 20 GALLON Tank With Stand $50.00; 2724 BUXTON.

2020 MISC. FOR SALE

ONE BOX STOVE, NEW VINYL WINDOW 28 x 28.451 -2710.

STUDD-BUILT FARM/Garage & Commercial Buildings, Over 30yrs In Part Frame Construction. Days (800)345-3770; Eves: 344-2828

WANTED WASHERS DRYERS & MICROWAVES NOT WORKING. ALSO SALES PARTS & REPAIR. BILL KINGSLEY, 931 -3450.

WEIDER HOME GYM- EXC COND. $400 OBO 797-6929.

WOLFF TANNING BEDS
TAN AT HOME
Buy DIRECT and SAVE!
Commercial/Home Units from $199
Low Monthly Payments
FREE Color Catalog
1-800-711-1058

WURLITZER PIANO $350; Jenny Lind baby crib $75; clarinet $75. 667-8718.

1730 AUCTIONS /FLEA MKTS.

AUCTION
REAL ESTATE & HOUSEHOLD AUCTION, SUNDAY, JAN. 19, 1997
8705 Sterling, Caseyville, IL, 2 Blocks East of Black Lane
3 Bedrooms, 1½ Baths, C/A, Fenced Yard, Brick & Siding, Like New Roof, on Sewers (no household items at this site)
8702 Bunkum Rd., Caseyville, IL - 1 Block West of Rt. 157
2 Bedrooms, 1 Bath, New Wood Kitchen Cabinets, Full Basement
11 AM Household Sale at Bunkum Rd. Site and 1:00 Real Estate at both sites!
VIEWING: BY APPT ONLY CALL 344-6203
TERMS: 10% down day of sale, remainder due upon receipt of title.
We Take Consignments; Buy Out Estates, Call Us For Personal Property & Real Estate
Upcoming Sales & Real Estate Auctions
COINS • FARM MACHINERY • AUTOMOBILES
ANTIQUES • ESTATES • REAL ESTATE
TERRY ALLAN AUCTION
ALLAN AUCTION SERVICE
618-344-6203

CONSIGNMENT AUCTION
Monday, Jan. 20 6 pm
American Legion Hall, Collinsville
Partial estate, collectible glassware, furniture, wood lathe, drafting table, antique organ, cash register, gas range, too much more to list.
AUCTION MART
Bill Scaturro, Auctioneer 344-3545

USED IMPLEMENTS
Year End Inventory Clearance! Selected Items ⅓ Off!
ST. LOUIS
8525 Natural Bridge Rd.
423-7097
7855 Watson Rd.
963-3100
ENCORE Recycled Appliances
ST. CHARLES
2456 West Clay St.
(St. Charles Plaza)
946-4100
GRANITE CITY
1211 Nameoki Ave.
451-8880
REFRIGERATORS RANGES WASHERS DRYERS

2440 MOBILE/MFR'D HOMES FOR SALE

2440 MOBILE/MFR'D HOMES FOR SALE

17517. NEW HOME features vaulted ceiling with open floor plan, fireplace, jaira dinette, and great room, 3 bdrms., 2 baths, mstr. bath has whirlpool and double shower. Spacious kitchen cabinets and pantry. First floor laundry, deck, ceiling fans, skylite. Full bsmt. has standard windows. Ask for Wil.

17482. OVERLOOKING 5 ACRES LAKE! 1 acre homesites. 39 lots still available in this new subdivision. The only 1 acre plus homesites inside city limits. City water, natural gas, underground electric. Call for details.

17381. BUILD HERE! 1.28 acre lot covered with mature trees in an established subdivision. Must sell. Ask for Shirley.

17486. NEW CONSTRUCTION! BRICK & VINYL 3 bdrm., 2 bath home with open floor plan. Has work island in kitchen, also disposal, dishwasher & range. Fireplace in living room, ceiling fans, central air, thermo windows, full basement and 10x12 deck. Ask for Sue H. or Wini.

17476. NEW CONSTRUCTION!! Home on nice corner lot, large kitchen, tilt windows, ceiling fans, nice porch. Call Dottye for details.

CALL
HOLZINGER REAL ESTATE AGENCY INC.
HIGHLAND, IL
654-9888
1-800-901-9888

J17327 - BRICK RANCH ON LARGE LOT!! 4 bedrooms, 3 baths, large family room, formal dining room, kitchen appliances, large deck off dining room, walkout basement, finished 2-car garage and fenced backyard.

J17456 - START THE NEW YEAR RIGHT! Imagine a cedar cottage with a large deck overlooking your own fish-filled lake on almost 8 acres, plus an income of $385.00 monthly.

J17492 - HOME IS NEAT AND CLEAN! Spacious, inside and outside entrance to full basement, enclosed back porch, 2-car garage, fenced yard, 40x50 metal barn, 40x48 pole barn. **Home Warranty Plan**.

J17444 - MOTIVATED SELLER ACCEPTING OFFERS!! 3 bedroom, 2 bath brick home with 1st floor utility, finished basement, deck and 2-car garage. Mid $80's.

J17535 - INVESTMENT OPPORTUNITY!! 2 family home with separate utility meters, tenants pay own utilities, close to school, church, bank and post office. Can be converted to 1 family home.

J17470 - SPACIOUS 3 bedroom, 2 bath ranch with fireplace in living room, lots of cabinets, workshop, basement close to finish, deck and 2-car garage.

J17465 - NICE STARTER HOME ON LARGE LOT!! 3 bedrooms, 2 baths, ceiling fans, gas heat, central air, basement and easy access to I-70. In the $30's.

J16832 - INVESTMENT PROPERTY!! 2 story home with 3 apartments. Separate utility meters, heating and cooling.

J17344 - OWN YOUR OWN BUSINESS!! Commercial building located on large lot in a growing area. In the $70's.

J17443 - RANCH HOME ON 6 WOODED ACRES with 1776 Sq. Ft. features 3 bedrooms, 2 baths, jacuzzi in master bath, full walkout basement and 2-car garage. Collinsville area.

CALL
HOLZINGER REAL ESTATE AGENCY INC.
TROY, IL
667-9993
1-800-667-9904

2355 GRANITE CITY & VICINITY

FOR SALE BY OWNER, 2 STORY HOUSE. 2 BEDROOM, 1 BATH, FULL BASEMENT. YOU HAVE NOT SEEN A HOUSE WITH A INTERIOR LIKE THIS, IN THIS PRICE RANGE. 2613 BUXTON $38,000 452-0780.

Check out the classifieds. You'll find lots of bargains!

GOVERNMENT HOMES
Local Homes Now Available
2713 IDAHO- 2 bedroom, living & dining room combination, Fireplace, finished basement, deck, central air. Reduced to $43,000.
3009 WILLOW- 3 bedroom, dining area, wood burning stove, central air. Reduced $28,900.
PAM COLLMAN
377-5006
CONTRATTO REALTY
377-9735

MOTIVATED SELLERS! HOME FOR SALE BY OWNER 3 Bedroom, 2 Bath, 2 Car Garage, Full Basement. All Brick Ranch, Many Extras Call For Details And Showing. 2306 BERN,GRANITE CITY. 797-0821.

NICE TWO-BEDROOM BRICK GARFIELD AVE; NICE TWO -BEDROOM FRAME HODGE AVE. 451-2710

OPEN HOUSE SUNDAY! JAN.19TH, 1:00-4:00PM. 2BR, Brick, Full Basement, 4 1 /2 Car Garage, Fenced Yard, Covered Workshop With 3/4 Bath, 15x25 Patio, Privacy Fence, G.C. Schools, Low Taxes 1418 Grand Ave 451 -1965.

SELLER WILL PAY CLOSING COST! on a 3 bedroom, full basement, newly decorated & wallpapered. C/A, new furnace, new 25 year roof, ceiling fans, over sized 1 car garage, fenced back yard. Quick Sale at $45,500. 931 -6210; 2637 East 28th Street.

2366 MADISON COUNTY

17401 BUY THIS home with little or no money down for qualified buyers! Beautiful well kept 3 bdr. 2 bath home completely updated. Fireplace in family rm in partially finished bsmt. Nice back yard with new patio. Ask for Dottye, 1-800-901-9888.

2420 COUNTRY PLACES/ FARMS FOR SALE

17449 STORY & HALF completely remodeled, winewer roof, siding, C/A, furnace, windows, on 12+ acres, Horses allowed. Highland Schools. Call Holzinger Real Estate, 1 -800-901-9888, ask for Dottye.

17472 WELL KEPT home on 1.51 ac. Zoned ag. Eat-in kitchen w/appliances, hardwood floors in main, large living room w/newer carpeting, nicely decorated. Must see. Call Holzinger Real Estate 1-800-901-9888, ask for Dottye.

2430 LOTS/ACREAGE FOR SALE

2 ACRES Partially Wooded $862 Rosewood Hills Edwardsville $35,000; 1 1/2 ACRE Wooded Lot 3 Kingsbrook Estates Glen Carbon $35,000. CEE'S CONSTRUCTION 451-1695.

17446 40 ACRES!! 20/pines & 20/timber. Excellent hunting. Borders Shoal Creek. City water & electric across rd. Call Holzinger Real Estate 1 -800-901-9888, ask for Dottye.

17353 ATTENTION HUNTERS!! 40+ acre wooded excellent hunting ground with bluffs & winding creek, plus 2 ponds, in sites just 30+ minutes S. of Belleville. Call Holzinger Real Estate, 1-800-901-9888, ask for Dottye.

LOTS AVAILABLE
Lake, Wooded & Walkout
COLLINSVILLE
Deer Creek from $29,000
MARYVILLE
Stonebridge from $23,500
Copper Creek from $23,500
TROY
Meadowbrooke from $27,900
Turtle Creek from $23,500
Fair Oaks from $23,500
GLEN CARBON
Oak Ridge from $25,900
OSBORN DEVELOPMENT
346-7878

17516 BEAUTIFUL TIMBER ground, excellent bldg. sites, possible lake site, 800+ ft. frontage. Ask for Dottye, 1-900-901 -9888.

COLLINSVILLE. SECLUDED subdivision. 100x150. Must sell! $16,500. 345-2159.

2440 MOBILE/MFR'D HOMES FOR SALE

Before you buy a mobile home call us! Financing, 1 broker and finance.

GETTING DIVORCE, Must Let Home Go. Large 3/2, Like New. A MUST SEE!! 314-931-2216

Like new '94 28x44 3/2. Call for details! 314-931-5906.

2440 MOBILE/MFR'D HOMES FOR SALE

2530 OFFICE SPACE FOR RENT

Excellent Granite City location, for office or retail, facing bus line, storefront, 1,200 sq. ft., including utilities. 288-9664 after 5 pm.

2601 APARTMENTS/ FLATS FURNISHED

1 Bedroom, water & trash paid utilities not included $240 -4100 Cleveland Blvd. 2RM, Clean, Good Location, Quiet, $285, 875-2644.

GEORGETOWN APTS.
3207 MARYVILLE RD.
GRANITE CITY IL
451-2793
APARTMENT EXCHANGE INC. OWNER BROKER

2620 APTS./FLATS UNFURNISHED

AFFORDABLE 1-2 BEDROOM APARTMENTS, NO PETS, CLEAN, 797-1939 OR 288 -0031.

1 And 2 Bedroom Apartments and Town Homes for rent; some utilities included. Call today and receive 1 month free rent. 931-0107.

2 BEDROOM, 1½ BATH townhouse in Collinsville with large private garage & basement, rear deck, WD hookup, gas heat, refrigerator, range, window treatments included. Security deposit & 1 year lease required. $440 month. 692-4243 or 656-7380.

1- Bedroom, o/a, includes stove & refrigerator $225.per month plus deposit. Call:451 -7410 after 5pm call 797-1965.

2 BEDROOMS 1 Bath, Madison IL. Granite City Schools, Section 8 Ok, $375. Per Month 876-0670.

2- BEDROOMS, large rooms, newly remodeled 876-6911.

2 BEDROOM TOWNHOUSE in Troy. 1½ baths, washer/dryer hookup, new carpet, patio, 2 car parking. $400 month, Century 21 Hallmark, Karen McConnell 344-6761.

2 BEDROOM UPSTAIRS, appliances, new carpet, c/a, washer/dryer hookup $375. month/deposit:876-5724.

1 BR, LIVING room w/fireplace, carport & storage. Lease & deposit. 345-9131.

CLEAN apt. stove, refrigerator, 1 BR. GRAND $230 plus deposit:452-0200.

Clean 2RM Efficiency, stove & frig. furnished, 2319 Nameoki Rd. 876-0491

COLLINSVILLE, 3 ROOM apt. 1 BR, kitchen, living room, laundry room, storage. Deposit. 344-4658.

2620 APTS./FLATS UNFURNISHED

COZY 2 bedroom good neighborhood, close to shopping & bus line, stove/refrigerator, water & sewer included. NO PETS $350.month plus deposit 618-288-4464.

EFFICIENCY, COLLINSVILLE Main St., ground floor, stove, refrigerator, AC. $200. No pets. 792-5262, leave message.

KITCHEN, BEDROOM, BATH, STOVE, REFRIGERATOR, CLEAN, REFERENCES PREFERED; 251-4860.

LARGE 2 BEDROOM apartments & townhouses. Clean and quiet area. WD hookups & coin laundry. Williams Estate, Edwardsville, IL 618 -659-9115. Also, estate apartments on Lancashire, 618-656 -6695.

Large Modern 1 bedroom apt. 2200 Cleveland. Outside security door. Trash pickup, heat, stove, water & refrigerator furnished. References. No pets. $290. plus deposit. 877-0221.

Recently Remodeled
Spacious two bedroom apartments available in Collinsville.
Situated in quiet neighborhood.
Furnished with:
* stove * refrigerator
* dishwasher * disposal
* washer / dryer hookup
* 1 ½ bath
For more info, call 345-8608.

2620 APTS./FLATS UNFURNISHED

NICE 2BR. Duplex, utility room, 1 car garage, wld hookup, $400 rent, $400 deposit. No pets. 667-3254.

3 ROOM apartment $245.month plus deposit, no pets, references required 452 -2728.

4 ROOM APARTMENT REFRESTOVE FURNISHED, WASHER/DRYER HOOK-UP,$310.MO;931-1717.

Chouteau Bay
Chouteau Trace
All new energy efficient two bedroom apartments including:
Dishwasher
Microwave
Gas Range
Refrigerator
Washer/Dryer Hookup
3 On-Site Laundry Facilities
Cable Hookups All Rooms
Carpeting Throughout
Ample Parking
Minutes from I-270
Central Heat/Air
Mini-Blinds
APARTMENTS AT $465-$495-$545 Mo.
Mgrs. Office:
64 Abel Court (270 & 111)
931-5933

December 1996, Contracts Received...
109 East Third:
CONTRACT IN 18 DAYS
614 W. Jefferson:
CONTRACT IN 9 DAYS
Call "ROBERT" to list, market and sell your home.
TRI-COUNTY REALTORS
624-7253
O'Fallon Southview Professional Bldg.
Robert Braswell

2440 MOBILE/MFR'D HOMES FOR SALE

Manufactured Housing
I-270 at IL Rt. 3 • 3312 W. Chain of Rocks Rd. • Granite City, IL
1 YR. FREE Lot Rent At Selected Parks or FREE Concrete Piers on Private Property!
'96 MODELS CLEARANCE!
28x60 3 BR.....$43,900 28x60 3 BR.....$44,900
28x60 3 BR w/porch $43,900 16x80 3 BR...$26,900-$29,900
28x70 4 BR.....$48,900 16'S AS LOW AS....$20,900
28x62 3 BR.....$37,900 28x60 1997 MODELS$45,900
SPECIAL ORDERS NO EXTRA CHARGE
CHAMPION HOMES "Exclusive Dealer"
(618) 931-3176 1-800-576-8667
CLEAN CABS • 24 HOUR DELIVERY • 100 MILE FREE DELIVERY • 3 YEAR STRUCTURAL WARRANTY • 1 YEAR SYSTEMS WARRANTY • 3 YEAR INSULATION

MOST MODERN
1 & 2 BEDROOM APARTMENTS and 2 BEDROOM, 1½ BATH TOWNHOUSE VILLAGE LANE APARTMENTS
Entrance 2600 Pontoon Rd.
Manager 3929 Village Lane, Apt. C 931-5356
PONTOON PLAZA APARTMENTS
•2 Bedrooms •Living Room With Dining Area •Complete GE Kitchen •Gas Heat And Central Air Conditioning •Full Basement •Wall To Wall Carpeting •Ceramic Tile Bath
FOR INFORMATION & APPLICATION FOR LEASE Call 931-1530
APARTMENT NO. 1 LOWER IN A BLDG. #69
BOTH APARTMENT COMPLEXES HAVE POOLS!

BUYING OR SELLING • CALL DEBBIE BRIMER AT 782-5324 or 876-0024
STAR REALTORS
You Deserve The Best!
A REAL DELIGHT! Great kitchen w/appliances included, 2 car oversized garage. Fireplace in family room. Price reduced.
A NEW LISTING. Everything's done. Just move in & relax in this beautiful new construction. Great room w/fireplace, 3 BR's, 3 car garage. A must see.
LOTS & LOTS of room in this 6 BR, 3 bath home. Large att. garage & office. Beautifully decorated. Priced to sell. Call soon.
GREAT LOCATION! Good starter home. Full basement, 2 car garage & fenced yard. Price reduced. Only $34,900.
A LOT FOR THE MONEY. 2 for the price of 1. Large family room, full basement, 3 BR, eat-in kitchen plus 2 BR apt. over garage. A must see.

Flood Realty Centre • 931-2600
ROD FLOOD — NEW LISTING: Great starter home, 3 bedroom, 1 bath, kitchen/dining room combo. W/D hookup. Lots of cabinets. Appliances stay.
GAYE FLOOD — EDGE OF TOWN. Lot size 100' x 239' Utilities run to front of property. Ready for your dream home. Priced to sell quickly.
LYNN UMFLEET — NEW LISTING: 3 bedrooms, vinyl siding, newer thermopane windows, newer oak cabinets, full basement, wallpaper throughout. Low 30's.
SHARI KINDLE — COUNTRY LIVING with all the modern comforts. 2 year old mobile home on lake front lot. This won't last long!
JUDY HOFFSTOT — BIG HOUSE, big garage, little price! 3 large bedrooms, dining room, partial basement, huge privacy fenced yard, and garage is 27' x 46'. Just $45,000.
JIM WHITT — PRICE REDUCED on this attractive 3 bedroom home, with large yard, and private setting. Maintenance free. Roof, furnace, central air, and water heater 5 years old, and under. Low 40's.
DONNA WHITT — COMMERCIAL BUILDING! Retail area with display window, work shop, warehouse and living quarters. More than 5,000 sq. ft. plus basement. Located on high traffic street with great exposure. Call for appointment.
MARY CHRISTOPHER — RENT BEATER. Cute 5-2-1 basement near everything. Move in condition. 2303 State is affordable. F.H.A. approved $28,000. Check our listing price!!!
CANDEE STAICOFF

BAILEY & CO.
877-7653
2126 Pontoon Rd.
NEW LISTING Beautiful one year old home, 3 large bdrms., 2 car garage. Close to Wilson Park. C2175.
ENCHANTING 1½ STORY BRICK & STONE - Impressive entry foyer, fireplace in LR, B/I kit., lg. pantry, walk-in dressing room in MBR, walk-out bsmt. w/FR & bath, 1 car att. gar. C2118.
BRICK & FRAME RANCH in nice subd. Country atmosphere, walk-in closet in Master BR, beautiful oak kitchen cabinets w/built-ins, 2 car garage. C2190.
BUILDING LOT - 65x125 - Close to Wilson Park. C2176.
POSSIBLE CONTRACT FOR DEED - 2 BR home, eat-in kitchen, add'l. 2 BR's in full bsmt. C2146.
NICE STARTER HOME - 3 BR's, lg. utility room, oversized 1½ car garage. C2119.
IMMEDIATE POSSESSION - 2 bedroom frame, full bsmt., 2 car det. garage & fenced yard. C2111.
GET READY TO BUILD - Edge of town, nice size lots, all new & up to date sewer & water.
REDUCED - MUST SELL! Immediate occupancy, newer 2 story brick & vinyl, lg. rooms, 2nd floor laundry, fireplace, oversized 2 car garage & dec. C2132.
VINYL COVERED BUNGALOW w/efficiency apt. in back. Only $29,000. C2149.
NICE CLEAN HOME in well kept neighborhood, updated kitchen w/all built-ins, 3 BR's, screened-in patio, privacy fenced yard. C2131.
Each Office Independently Owned And Operated. EQUAL HOUSING OPPORTUNITY.

YOU CAN SHARE THE DREAM
EQUAL HOUSING OPPORTUNITY
All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

STAR REALTORS

1501 Garfield Ave.
Granite City, IL
Corner of Nameoki Rd. & Garfield

You Deserve The Best!

876-0024

$4000 GRANTS AVAILABLE FOR DOWN PAYMENTS AND CLOSING COSTS (CALL TODAY)

DOWN PAYMENT	DESCRIPTION
$1,450.	New listing - Great park location, 2 bedroom, living, dining, family room and kitchen. Only $46,900. S1398.
$3,500.	New listing - Brick Ranch in nice neighborhood, 3 bedrooms, 1 car att. garage, fenced back yard, full basement. In the $70's. S1399.
$1,260.	Price Reduced. 5 room, 2 bedroom aluminum sided home with basement, garage & fenced yard, new kitchen cabinets, new carpet, vinyl & newer furnace & central air. Only $41,900. S1401.
$1,100.	Excellent Value! 1½ story duplex or could be 4 bedroom, full basement, detached 2 car garage. $35,900. S1396.
$3,495.	Two doors from Wilson Park. Brick ranch, 3 bedrooms, 1½ baths, huge family room, attached garage. $79,900. S1395.
$2,750.	Cozy condo. Woodburning fireplace in living room, master bedroom with dressing area - full bath. $64,900. S1355.
$2,495.	Aluminum sided ranch. 3 bedrooms, large family room, big covered patio, large lot; quiet area. $59,900. S1375.
$1,050.	Close to Wilson Park. 2 bedroom home, family room, extra kitchen, partially finished basement. $35,000. S1383.
$1,300.	A money maker - 3 family furnished apartment building with $900. gross rental income. $42,900. S1397.
$???.	Like golf - you choose your beautiful lot at Legacy Golf Course. $16,900. S1233.
$???.	Attention Doctors/Lawyers! Great office space, 5000 sq.ft. of heated garage and beautiful living quarters. $135,000. S1352.
$4,575.	Frohardt School District. Spacious home, 3 bedrooms with impressive master suite, 3 baths and huge family room. $91,500. S1371.
$2,850.	New listing. Spacious 3 bedrooms, 2 baths, huge recreation room, detached garage with apartment. $67,000. S1392.
$900.	New listing - won't last! Remodeled 3 bedroom home, full basement, large garage, fenced yard. $20,900. S1393.
$???	Commercial business plus living quarters in Madison. $25,000. S1069.
$1,175.	2 bedroom home. Niedringhaus School Dist. and close to Wilson Park. $38,900. S1338.
$1,410.	New listing - Maryville School! 3 bedroom home, beautifully remodeled, many extras. $46,900. S1405.

JOHN BLASINGAME	876-4712	CAROLYN BLASINGAME	876-4712
DEBBIE BRIMER	PGR 782-5324	RANDY BURTON	931-1148
MARIAN CAVINS	876-5170	MARIE CREEK ROCHE	876-3335
CHERYL HAYDEL	931-2843	DENISE JOHNSON	876-8366
KAREN MENENDEZ	656-6717	MARIE SZYMCEK	877-4674
KIM TINSLEY	797-6138	MONICA ANDREWS	931-5355

SHIRLEY RAPOFF - ADMINISTRATIVE ASS'T.

2620 APTS./FLATS UNFURNISHED

3 & 4 ROOM Apartments 2260 State, all utilities except electric. $250 & $300 per month, call 877-8929.

PARKTOWNE WEST

2 & 3 Bedrooms, Water, Sewer and Trash Furnished. No Pets. $280.00-$350.00 Per Mth. Rent. $280.00-$350.00 Deposit.

876-3955

2620 APTS./FLATS UNFURNISHED

SLEEPING ROOMS/2 & 3 BEDROOM APARTMENTS FOR RENT: CALL 877-7630.

STUDENTS-AVAILABLE, large apartment, utilities & laundry room furnished. 4 bedrooms, 2 baths, living room, family room. Rent, deposit, references required. 344-1660.

2645 Condominiums/ Townhomes Rent

PARKVIEW RIDGE

Large, spacious, 2 bedroom luxury townhomes and garden apartments; all electric, washer/dryer hook-up, fully equipped kitchens, off-street parking, decks, patios. Ideal location across from park, Center Grove Road and Edwardsville Drive in Edwardsville from $450. Call 692-6366.

2545 Condominiums/ Townhomes Rent

2 BEDROOM TOWN HOUSE IN TROY $360. PER MONTH 314-256-3309.

2650 DUPLEXES FOR RENT

1 BEDROOM, COLLINSVILLE, WD hookups, fenced yard, W/S/G heat, $275 plus deposit. 344-6472.

2 BEDROOM NEWLY remodeled duplex. Quiet, safe neighborhood, $565. 345-0742.

2 BR, 1½ BATH, central AC, washer/dryer hookup, carpeted, large fenced backyard. No pets allowed. $450 per month, $450 deposit required. Utilities not included. Call 344-7263.

2BR DUPLEX $325 deposit $325 month, call:931-1361 leave message.

DUPLEX FOR RENT 2-3 BEDROOMS 1821 MADISON AVE 876-3494 OR 931-1238.

2650 DUPLEXES FOR RENT

NEWLY Decorated 5 Room Duplex With Garage, No Pets $425.00; Plus Utilities & Deposit. Agent Owned 931-7397.

TROY, 2 BEDROOM duplex. Garage, basement, very spacious. Appliances, WD hookups. $450. 656-5277.

2650 DUPLEXES FOR RENT

LARGE 1 BEDROOM DUPLEX, 2251 delmar, granite city, new carpet, very nice, $300/month. Available January 16th. (618)667-7862.

1ST MONTH FREE
2 bedroom, C/A, $315/mo. W/D hookup. Very clean Cellular, 541-4988 or 931-6109

2660 HOUSES FOR RENT

ACCEPTING APPLICATIONS, REMODELED 3BR HOUSE, CARPORT, LAUNDRY ROOM, STORAGE SHED, FENCED BACKYARD, NO APPLIANCES, NO PETS, ONE YEAR LEASE, $500.00 MONTH /$500.00 DEPOSIT, INCLUDES SEWER BILL, 452-6115

2 BEDROOM IN Collinsville. Refrigerator & stove, WD hookups. $470 month plus deposit. 344-2624.

2660 HOUSES FOR RENT

1 BEDROOM possible 2 bedroom house with large backyard $75-$715 leave message.

CAHOKIA, 3bdrm, den, ca, w /d hookup, carpeted, fenced yard, references, no pets, no Section 8. $450/month, $450deposit. (618)281-5390.

COLLINSVILLE, BEAUTIFUL brick 2-3BR home, fireplace, full basement, new kitchen w /appliances, 2 car garage, $695/mo plus deposit. 931-9131.

Four Room Or Three Room Houses Furnished 803 Grand Madison.

HOUSE FOR RENT 576-5503.

HOUSE FOR RENT 2 BR, 1 bath, ca & heat, $450.month plus deposit. No Pets, Call TIM 797-2747.

3Room House Full Basement, All Appliances, Accepting Applications 9am-9pm. 452 -1229 or 451-6821.

Lower level of large house, newly remodeled, 2BR, living /dining combined, large bath, all appliances, washer/dryer, $485, utilities paid, 345-5441

MASCOUTAH- 2 BRM, C/A, gas ht, stove, refrigerator, washer/dryer, carport, nice yard. $425 plus deposit. 566 -2544.

NICE 2 BEDROOM HOUSE with basement Lincoln Place Granite City. Call 878-0878 9am-4pm.

SMALL 2 BEDROOM HOUSE, fenced back yard, stove & refrigerator, off street parking, laundry room $295.month. Call 931-2678.

SMALL 2 bedroom, washer /dryer hookup, c/a, fenced yard $350 month, $350 deposit. 1706 6TH STREET (REAR) 451-1704.

2665 RENT TO OWN

NICE 3 BEDROOM HOUSE WITH EXTRA LARGE BEDROOMS, FENCED YARD, FULL BASEMENT, NICE & QUIET NEIGHBORHOOD, OWNER FINANCING, $1500. DOWN AND $415 MONTHLY, 901 ALTON AVE, MADISON CALL FOR APPOINTMENT; 451-1263.

NICE 2 BEDROOM HOUSE WITH FULL DRY BASEMENT, & EXTRA LARGE YARD, NICE NEIGHBORHOOD, $1500. DOWN AND $385 MONTHLY, 809 REYNOLDS, MADISON; 451-1263.

NICE 3 BEDROOM HOUSE WITH EXTRA LARGE BEDROOMS, FENCED YARD, FULL BASEMENT, NICE & QUIET NEIGHBORHOOD, OWNER FINANCING, $1800. DOWN AND $425 MONTHLY, 901 ALTON AVE, MADISON CALL FOR APPOINTMENT; 451-1263.

2670 MOBILE/MFR'D HOMES FOR RENT

EFFICIENT 10X50 mobile home, good shape, $325.month; plus deposit. 931 -7321 between 8am-7pm.

Nice, small 2Bdrm, near Mitchell, $210. 314-621-4695

2672 MOBILE HM. SITES /LOTS FOR RENT

$99 MONTH RENT or $300 back for move-in. Edwardsville Estates. Pool, playground, cable. 656-5693

2676 ROOMMATES WANTED

ROOMMATE NEEDED to share large house. $250 a month, no lease necessary call 877-7142.

2682 SLEEPING ROOMS

Sleeping Room (Lady preferred) w/complete privileges of private complete home. Collinsville Area. $30.wkly Call 618-451-0400 ext.5 leave message & phone. 345-1200

2690 STORAGE/GARAGE RENTALS

SWANSON STORAGE

Construction & Warehouse - Storage space. 792 sq.ft. with overhead door and trunk dock. $225/mo. one 12x10 sq.ft. inside storage units, private entrance. $65.00/mo. per unit. Ample parking, security lighting. Convenient location. Call

931-1393

Century 21

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SUNDAY, 1-3 P.M.
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Judy Browning

NEW LISTINGS

CR5070 - $22,000

CR111F - $36,500

RESIDENTIAL

CR7708 - $45,000

CR2747 - $54,900

CR6936 - $39,000

CR2566 - $26,000

COMMERCIAL

CRFC21 NEW LISTING! WELL ESTABLISHED FLORAL BUSINESS, all equipment and inventory STAYS - delivery vehicle included. Luxury apartment attached. Call for appointment. $275,000.

G6198 RECENTLY UPDATED, BAR WITH RESTAURANT FACILITY, established business, all inventory included. Efficiency apartment on the 2nd floor. Call for details. $185,000

CR1854 ESTABLISHED BUSINESS! GREAT LOCATION! COMMERCIAL AREA! Building completely remodeled 7 years ago. Features: new electric and plumbing, new flooring, new roof, new doors. Great location for any type of business! $72,000.

CR1311 FORMERLY HARDEE'S FAST FOOD RESTAURANT, excellent building for any type of business. 2 restrooms, drive-thru window and large lighted parking lot. This building is opportunity knocking. $45,000

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4. Would a local experienced co. be my best choice?

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ANOTHER NEW LISTING! Huge 3 bdrm. home with 2 car garage, full basement, partially finished, priced under $30,000. Call today! Won't last long!

JUST LISTED: 3 bedroom ranch. Garage, fireplace and huge back yard. Priced under $50,000.

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NEW LISTINGS

Look what you can buy for under $30,000 - lovely 2 bedroom home with full basement. Spacious kitchen. Like to hear more? Call today. LG534.

Nice residential building lot in Arlington Heights. Reasonably priced. LG 502.

New Listing: Brick 1½ story - 3 bedrooms, dining room, full basement has family room and 4th bedroom. 2 car garage, too. Priced in 40's. LG 57.

Just Listed - Mitchell Area - approx. 1720 square feet, 3 bedroom, 2 bath ranch on large lot. Extra large 24x32 heated garage. Call today for your private showing. LG 60.

MOTIVATED SELLER! 3 cozy bedrooms, comfortable eat-in kitchen, full basement, back yard is fenced, attached garage. Priced in mid 40's. Call today. LG 71.

RESIDENTIAL

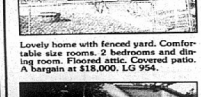
Movein condition... Freshly painted throughout. Easy care kitchen with ample cabinets, lazy susan. Alum. siding, soffits, and facia. Covered porch. Like to hear some more? Call right away. LG 21.

If you qualify - this home will too! Nicely decorated 2 bedroom brick. Carport, full basement, family room. Basement has 3rd bedroom. Priced in 40's. LG 36.

Tastefully decorated. Charming eat-in kitchen with lots of cabinets. First floor laundry room. Lots of closets and storage. Garage plus carport. Not a "drive-by". Must see to appreciate. LG33.

Roomy comfort. Lots of room in this 4 bedroom, 1½ bath, large kitchen. All large rooms and plenty of closets and storage space. Full basement, also. Why read and dream? Call and see. LG 259.

Lovely home with fenced yard. Comfortable size rooms. 2 bedrooms and dining room. Floored attic. Covered patio. A bargain at $18,000. LG 954.



Great starter home with 3 bedrooms, c/a, fenced yard and huge eat-in kitchen. Owner anxious to sell and reduces price to $29,900 to prove it. LG 902.

Cozy 3 bedroom home with fenced yard and newer detached garage. Garage is mechanic's dream with automatic doors, water and phone lines. All this for $36,900. LG 901.

Investors: Great starter home or rental property. 2 bedroom home on 2 lots for a very low price. LG 710.

MULTI FAMILY

23 Unit Apartment Building with additional ground for more units. On-site laundry. Good condition with great cash flow. Call for more details. LG 5.

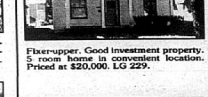
Rent the space or bring in trailers and rent both - 5 pad Mobile Home Park. Possible owner financing. Good income potential. LG 46.

Must see this Mobile Home. Excellent condition. Cheap price. All large rooms. Very clean. $8,500. LG 265.

FIXER-UPPERS

Lots of potential. 5 room home with fireplace, leaded glass windows. Needs TLC. Only $22,000. Call for more info. LG 213.

Fixer-upper. Good investment property. 5 room home in convenient location. Priced at $20,000. LG 229.



Unhappy with renting? Got any imagination? 3 bedrooms with basement and garage. With a little work you could have the lovely home you're looking for. $19,900. LG 445.

See what your handyman can do. Eleven room house on 2 lots. 1st floor laundry room. Full fenced yard. Priced right. LG 832.

LOTS & ACREAGE

Almost one acre lot on cull-de-sac in Timberwood Subdivision. Builder has approved home site for basement. Owner wants quick sale and is ready to negotiate. LG 912.

Large corner lot in Whispering Hills Estates. Basically level ground. Marysville location. Restrictions and plat available. LG 2.

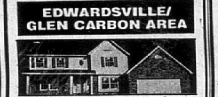
Wooded, Secluded, convenient location in Marysville. Rolling 3+- acre site is outlet to Whispering Hills Estate. LG11.

Development Property - 16.15 acres zoned R-4. All utilities available. Over 600 feet lake frontage. LG 40.

Approx. 2.47 acres. Zoned B-2 - Prime Commercial with over 300 ft. frontage on Hwy. 111. LG 43.

Large residential lot in excellent area. $18,000. LG 504.

EDWARDSVILLE/ GLEN CARBON AREA



R3354..BELLE MEADE: New 2 story w/4 BRs, 2.5 baths, large MBR w/whirlpool; kitchen has lots of storage; deck off family room, covered porch & more. Call Joann Demetrulias at 656-7029. $166,500.

R3496..STONEBROOKE: Beautiful 2 story. Just finished & ready to move in! 4 BRs, 3 baths, formal LR & DRs, large entry foyer w/powder room & more. Call Betty or Bob Treat at 377-3032 or page 338-3745. $149,900.

R3252..WILLOW CREEK II: So much for so little! Large 2 story w/over 2000 sq. ft. of living space. 4 BRs, 2.5 baths, covered front porch & more. Call Jeff Scates at 656-8300 or page 338-7070. $149,900.

R3476..JOIDA: Privacy...you'll have it here in this home that features large living room, dining area, 3 BRs, 2 full baths. This home is on a large yard w/lake view. Call today. $96,900.

R3376..LINCOLN KNOLLS: Private cul-de-sac setting for this 2 story w/4 BRs, 3 baths & over 2500 sq. ft. of living space. 1st floor laundry, walk-out basement & priced at $194,900. Call Don Whitehead at 288-5578 or page 338-9645.

R3292..HUNTERS CROSSING: Great new price on this new 1590 sq. ft. ranch with super nice kitchen, full basement w/rough-in for bath, covered deck & more. NOW $124,900. Call Brad Wallace at 656-8282..24 hrs.

GRANITE CITY AREA

R3502..SO MUCH TO OFFER! Charming, comfortable & cozy 2 BR, 1 full bath home w/large living room, eat-in kitchen, 1st floor laundry, full basement & more. Super house for $38,000. Call Shirley Smith at 341-2456.

NITE CLUB

C3332..TURN-KEY OPERATION! Sports bar & video/ dance club w/outdoor patio/ bar with stage, lighted sand volleyball ct., horseshoe pit, 1.5 acre parking & more. Call Sandy Lane at 692-4419 or page 320-5189.

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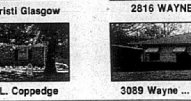

3089 Wayne ... Hostess - Judine & Chris

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ALLIE BEARD
288-9265

JAN BONE
931-8324

CATHY BUSCH
877-6425

NEW LISTING - Floored attic, garage, warranty - $40's. GR256
JUST LISTED - Family room, spacious kitchen - $40's. GR137
GOOD INVESTMENT - 2 houses on one lot - $20's. GR431
BEAUTIFUL 3 STORY - 2 baths, family room - $70's. GR391
NEED 4 BEDROOMS? Basement? Garage? $30's? GR382
QUIET AREA - 4 BR, 2 baths, basement - $30's? GR128
CUTE BUNGALOW - 3 BR, att. garage - $40's. GR090
NEED EXTRA INCOME? - 2 BR duplex - $28,000. GR362
NEW CONSTRUCTION - 3 BR on golf course. GR327
CORNER LOT - Living/dining combo, garage. GR351
BRICK & VINYL RANCH - Fireplace, 3 BR, garage. MVO26
CLEAN & NEAT - 3 BR, thermal windows - $30's. GR320
3 ROOM HOUSE - Great Investment priced in teens. GR361
BUDGET MINDED? - Very clean bungalow - $20's. M436
3 BR BRICK - 1½ baths, fenced yard - $65,000. GR321
START PACKING! - 2 BR, basement, fenced yard. M261
WHAT A BUY! - Cute 4 room brick priced in $20's. M172
IMMACULATE RANCH - Many updates - $60's. GR173
14 ROOM BRICK HOME - 4 Baths, 3 car garage. GR037
FRINGE BENEFITS! - Brick duplex - 2 car carport. GR027
NEWLY LISTED - 3 or 4 BR, family room - $50's. GR081
VICTORIAN 2 STORY - 3 BRs, huge lot, deck - $60's. C110
BUILDING SITE - 1-1/3 +/- acres - Glen Carbon. GR434
JUST LISTED - Family room, bay window - $50's. GR310
NICE HOME - 3 BR, dining rm, basement - $40's. GR354
MULTI-FAMILY UNITS - plus 3 acres to build on. GR325
EXECUTIVE HOME - 3 BR, fireplace, family room. GR106
ROOM TO GROW - 8 rooms, 2 baths, walk-up attic. M211
VINYL WRAPPED - 2 BR bungalow, updated - $30's. GR429
BUILDING LOTS AVAILABLE - Call for details. GR301

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